

# UPMC Office of Advanced Practice Providers Spring 2023 APP Practice Sustainability Symposium

Friday, April 28, 2023 | Noon to 4:45 p.m. EST  
Conference to be held virtually via Microsoft Teams

## Course Co-Directors

### **Benjamin R. Reynolds, MSPAS, PA-C, DFAAPA**

Chief Advanced Practice Officer, UPMC Office of Advanced Practice Providers

### **Amy L. Haller, MBA, MPAS, PA-C**

Director, Center for Advanced Practice Education, Clinical Project Director, UPMC Office of Advanced Practice Providers, Co-Director, Advanced Practice Provider Leadership Certificate Course

OAPP CME Planning Committee led by **Megan M. Tomaino, PA-C, MPAS** and **Catherine Watson, DNP, CRNP**

## Overview

The format of this conference will include interactive presentations from a variety of leaders within the UPMC system. The objective of this conference is to facilitate multidisciplinary continuing education, clinical updates, and professional development for UPMC advanced practice providers and students. The day's events are listed below.

## Schedule

<b>Noon to 12:15 p.m.</b>	<b>Overview of Results from UPMC APP Wellness and Burnout Survey</b> <i>by Ben Reynolds, MSPAS, PA-C, DFAAPA and Jennifer Berliner, MD, MBA</i>	<b>2:30 to 3:00 p.m.</b>	<b>Benefits of Mentorship: A Story from the UPMC Mentor Me Program</b> <i>by Susan Graff, MS, PA-C and Abigail Printz, MPAS, PA-C</i>
<b>12:15 to 1:15 p.m.</b>	<b>Keynote: Breaking the Stigma: The Truth about Substance Use Among Healthcare Professionals</b> <i>by Jane Liebschutz, MD, MPH, FACP</i>	<b>3:00 to 3:30 p.m.</b>	<b>Peer Support for Health Care Practitioners</b> <i>by Ian Barbash, MD MS</i>
<b>1:15 to 1:45 p.m.</b>	<b>Incorporating Tax Diversification into the Investment Strategy</b> <i>by Christopher R. Scheid, DO, MBA, CPE, FAAFP</i>	<b>3:30 to 4:00 p.m.</b>	<b>I need help, what is the next step?: Destigmatizing Mental Health Care for Advance Practice Providers</b> <i>by Kirsten Taylor, MSN, CRNP, PMHNP-BC</i>
<b>1:45 to 2:15 p.m.</b>	<b>Focus on the Important: The Power of Setting Boundaries and Saying No</b> <i>by Tony Gigliotti, MHRM, PHR, RCC, ODCP</i>	<b>4:00 to 4:30 p.m.</b>	<b>From Personal Experience: How I found joy at work (&amp; life) again!</b> <i>by Tracy Bingaman, MSPAS, PA-C</i>
<b>2:15 to 2:30 p.m.</b>	Break	<b>4:30 to 4:45 p.m.</b>	Review & Evaluation
		<b>4:45 p.m.</b>	Adjournment

*continued >*

## Faculty Listing

*(All UPMC unless stated otherwise)*

**Ian Barbash, MD MS**

**Jennifer Berliner, MD, MBA**

**Tracy Bingaman, MSPAS, PA-C (non-UPMC)**

**Tony Gigliotti, MHRM, PHR, RCC, ODCP**

**Susan Graff, MS, PA-C**

**Amy L. Haller, MBA, MPAS, PA-C**

**Jane Liebschutz, MD MPH FACP**

**Abigail Printz, MPAS, PA-C**

**Benjamin R. Reynolds, MSPAS, PA-C, DFAAPA**

**Christopher R. Scheid, DO, MBA, CPE, FAAFP**

**Kirsten Taylor, MSN, CRNP, PMHNP-BC**

## Who Should Attend

This course is designed for UPMC Advanced Practice Providers and students enrolled in area APP programs.

## Accreditation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 4.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. The maximum number of hours awarded for this Continuing Nursing Education activity is 4.25 contact hours.

## Faculty Disclosure:

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The University of Pittsburgh is an affirmative action, equal opportunity institution.

*Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by contacting the UPMC Office of Advanced Practice Providers at [advancedpracticeproviders@upmc.edu](mailto:advancedpracticeproviders@upmc.edu).*