Impact of Femoral and Acetabular Version on Periarticular Hip Pathology: Evaluation and Management

May 13, 2023

Virtual

Objectives:

- 1. Attendees will be able to improve understanding of assessment including physical and radiological examination of femoral and acetabular version
- 2. Attendees will be better able to articulate effect of version on hip function
- 3. Attendees will better understand key rehabilitation principles in both non-operative, preoperative and post-operative management of femoral and acetabular version in patients with hip pain
- 4. Attendees will have better understanding of appropriate referral sources and provide a collaborative approach to treating complex hip conditions.
- 8:00 Craig Mauro, MD (UPMC, Pittsburgh, PA): Introduction
- 8:05 **Anil Ranawat, MD (Hospital for Special Surgery, New York, NY)**: Impact of femoral and acetabular version on hip mechanics and pathology
- 8:30 Keelan Enseki PT (UPMC, Pittsburgh, PA) Physical Evaluation of hip and hip version
- 8:50 Andrew Curley MD (American Hip Institute, Chicago, IL) Radiographic assessment of version
- 9:05 **Dave Spaeder PT (UPMC, Pittsburgh, PA** General Rehabilitation Principles in patients with hip version
- 9:20 **Dan Lueders MD (UPMC, Pittsburgh, PA)** Ultrasound assessment of ischiofemoral impingement *BREAK (Panel Discussion or Chat Q/A)*
- 9:45 **Mike Ryan MD (Andrews Sports Medicine, Birmingham, AL)**: Surgical management of femoral version
- 10:15 Mike Mcclincy MD (UPMC Childrens, Pittsburgh, PA): Surgical management of acetabular version 10:45 Justin Arner MD (UPMC, Pittsburgh, PA): Ischiofemoral impingement BREAK (Panel Discussion of Chat Q/A)
- 11:15 **Ashley Disantis PT (UPMC Childrens, Pittsburgh, PA)**: Rehabilitation principles following PAO/Derotational Osteotomy
- 11:30 Kate Jochimsen PhD, ATC (West Virginia University, Morgantown, WV): Psychological Factors associated with patients with hip-related pain

11:45-12 Adjourn and final Q/A

Faculty Disclosure:

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All of the relevant financial relationships for the individuals listed below have been mitigated. **Craig Mauro, MD** consultant for Arthrex, Inc.

Anil Ranawat, MD consultant for Smith & Nephew, Anika, BODYCAD, Cervos, Xiros, Moximed, NewClip. He also receives Grant/Research support through the DOD. Also, he is a private stockholder of Enhatch, Conformis.

Keelan Enseki, MD is a consultant for Turning Point Healthcare Solutions, LLC.

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Physician (CME)

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