# Assessing for unmet social needs @ CHOP

PCMH Report out May, 2023





## **Current state as of May 2023:**





#### **Special concerns for families** with children



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- Discrimination
- Children and Youth Services involvement
- Bias
- Racism
- Will this change how my doctor sees me?



### **Our ideas**

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- Keep the provider informed, but not responsible
- Minimize onerous documentation
- Honor family preferences for resources and support
- Offer resources to all rather than requiring one to "screen in" for help
- \*LEVERAGE THE WHOLE institution

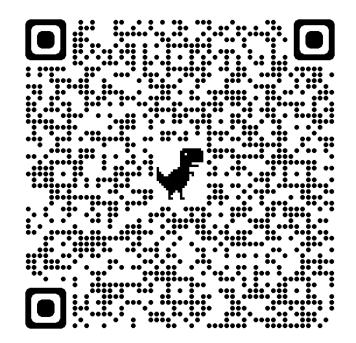








#### Learning by Doing: SECURE study



Does offering social resources without preceding social risk screening improve acceptance, perception and engagement with those resources among families with children?

By distributing social resources to 2,000+ families via



electronic resource map personalized resource navigation

with half randomized to undergo social risk screening prior to receiving those resources, this study aims to answer this question and move us towards evidence-based practices.

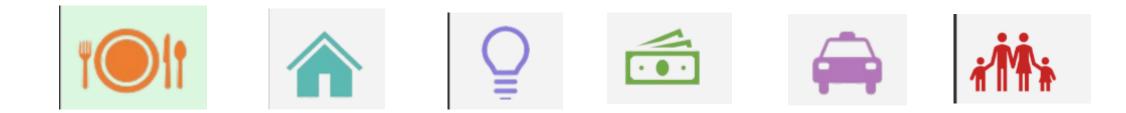




#### AAA CHOP CARES Form **+ -**INSTRUCTIONS: If you do NOT want to answer these questions today, O Decline please DECLINE here: Accept Chop Cares about you and your family well being! \* must provide value All patients are given the CHOP CARE Support Survey. · The purpose is to help you find services and resources you may be eligible for. • The goal is to try to improve your health by helping with the basic needs that you may have. Please skip any questions you don't want to answer. Based on your answers, a Community Health Navigator and/or Social Worker may want to call or text you with information about community resources that may be helpful to you and your family.



#### Ask about most common needs/wishes





### Offer resources first, risk screening second

<b>Would you like help finding food resources?</b>	<ul><li>Yes</li><li>No</li></ul>
(This includes help with applying for SNAP/Food Stamps, WIC, and food pantries) etc.)	
Are you worried about not having enough food for your family?	<ul><li>Yes</li><li>No</li></ul>



#### Families choose which level of support they would like

A Navigator or Social Worker may contact you to connect you to what you need.

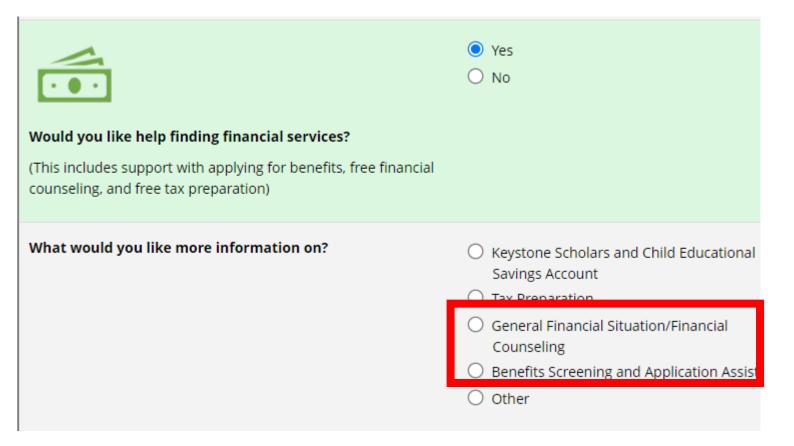
If instead, you would rather locate resources on your own, we are happy to send you the link to our resource website.

How would you prefer to get help?

- O Phone Call
- 🔾 Text
- No Contact Send Resource Website



# Focus on choice and preference instead of deficits





## Partnership with local CBOs



### Strong CBO partnerships pave the way!









PEDIATRIC CARE • SUPPORTING • PARENTING A Program of ZERO TO THREE



#### **CHOP Medical Financial Partnership**

- Tax Prep
- Financial Counseling
- Benefits navigation
- College Savings plans





#### **Possibilities Project: Nutrition Screener**

#### 0-6 Month Nutrition Questionnaire

For an upcoming appointment with Nicole Koepke on 4/20/2022

\*Indicates a required field.

How are you feeding your child?

	Yes	No
*Breast/chest feeding	$\circ$	0
*Expressed (pumped) breastmilk	0	0
*Formula	0	0

\*Are you feeding your child anything other than breastmilk or formula? (For example, juice, cereal, other)

Yes No

\*Is your baby having trouble pooping?

Yes No

\*Is your baby getting a daily Vitamin D drop?

Nevel Sometimes Every day

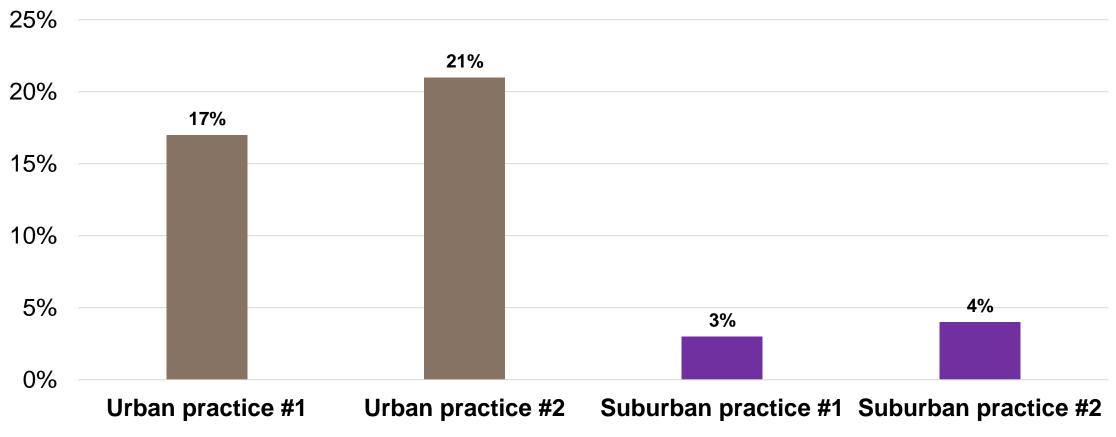
Many families tell us they sometimes need help getting enough food for their children. We want to help you connect with food resources, if needed.

Finding foodApplying for WIC orApplying for SNAPNone of thesebanks/food pantrieshelp with the WIC(Food stamps)



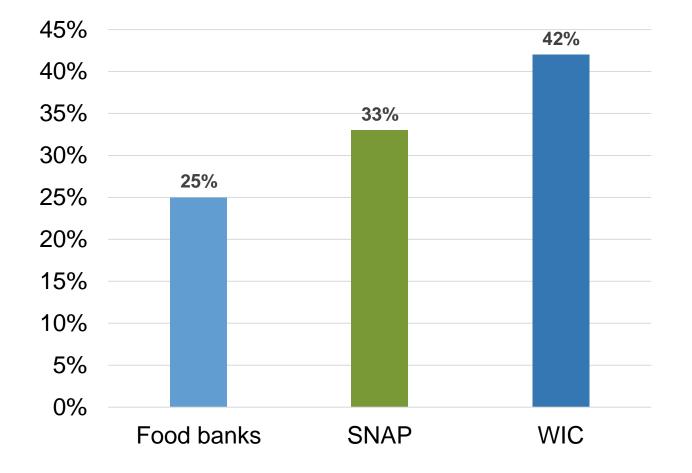


#### **Overall resource desire for WIC/SNAP/Food pantries higher than over +FI rates in community**





### **Prevalence of requested resource type**



WIC is the most desired request from families of 0-6 month olds

#### **Clinician is aware of need, but not responsible**

#### Ophn Synopsis

#### Nutrition Questionnaire

BREAST-CHEST / EXPRESSED Breast/chest feeding: Yes Expressed (pumped) breastmilk: Yes FEEDING CONCERNS Breast/chest feeding or pumping concerns: (!) Yes Latching Well: (!) No Pain while feeding/pumping: (!) Yes Concerns about milk production: No FORMULA Formula: Yes Formula includes: regular formula OTHER FOOD / ELIMINATION / VIT D Other foods being fed: No Trouble with stooling: (!) Yes Vitamin D Supplementation: (!) Sometimes RESOURCES REQUESTED Resources Requested: (!) Applying for SNAP (Food stamps)

#### Parent Resources:

Resource Connects <u>Newborn feeding: Formula</u> <u>Infant Formula Substitution List</u> <u>Constipation</u> <u>Vitamin D</u> <u>Sore nipples during lactation</u> <u>Breast/Chest Engorgement</u> Plugged or Blocked Milk Ducts

- Can print info for family
- MFP navigator calls/texts after visit
  - Connection rate: 39%
- Uses opportunity to do comprehensive benefit review





### **MFP Workflow**

Pre-PDSA Cycles

Cycle 1

Cycle 2

Implement the infant nutrition screener across four diverse primary care sites.

Analyze the prevalence of families' social needs by site based on responses to infant nutrition screener.

Generate automatic patient roster for MFP program that identifies families who requested social needs assistance.

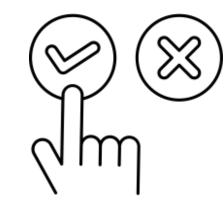
MFP outreach to families to connect to services.

Integrate this follow-up workflow into routine operations for the MFP program.



Lessons learned so far @ CHOP











### Acknowledgements

- CHOP Possibilities Project
  - Drs. George Dalembert, Aditi Vasan
  - Gabrielle DiFiore, Maura Powell
- PolicyLab SECURE study team
  - Dr. Danielle Cullen
  - Rachel Brown, MPH
  - Jessica Simmons, CHW
- CHOP Medical Financial Partnership
  - Kate Morrow MSS, LSW
  - Katie Gwynn
- CHOP Center for Health Equity
  - Drs. Tyra Bryant-Stephens, George Dalembert, Phil Scribano
  - Amazing Community Health Navigators: Paige Prince, Sharda Butler
  - Tyneshia Harris-Howzell



CHOP Social Care Governance Committee: Looking to weave the lessons learned into a BIG sturdy blanket that can keep all of our families safe and warm

