

UPMC HAMOT'S 6TH ANNUAL

hamot
STRONG

**NURSING
SYMPOSIUM**

*Fostering a Culture of Well-being With
Engagement, Innovation, and Gratitude*

Friday, Sept. 29, 2023
Registration begins at 8 a.m.

Bayfront Convention Center • 1 Sassafraas Pier • Erie, Pa.



UPMC
HAMOT

*Two-time Magnet®-
Designated Hospital*



**HAMOT
HEALTH
FOUNDATION**

**All of Us
Pennsylvania**

NURSING SYMPOSIUM

*Fostering a Culture of Well-being With
Engagement, Innovation, and Gratitude*

GOAL

The 2023 edition of the UPMC Hamot Symposium will provide insight and inspiration for a culture of well-being in the nursing profession through engagement, innovation, and gratitude. Faculty for the program will include nationally recognized leaders in nursing as well as knowledgeable experts from UPMC and UPMC Hamot — a two-time Magnet®-designated hospital.

TARGET AUDIENCE

UPMC Hamot is excited to welcome nurses, advanced practice providers, allied health professionals, nursing faculty, and nursing students.

ACCREDITATION

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

NURSING (CNE)

A maximum of **6.0** nursing contact hours will be awarded. Participants will be able to claim credit commensurate with the extent of their participation in the program.

OTHER HEALTH CARE PROFESSIONALS

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

DISCLOSURE STATEMENT

No members of the planning committee, speakers, presenters, authors, content reviewers, and/or anyone else in a position to control the content of this educational activity have relevant financial relationships with any companies whose primary business is producing, marketing, selling, reselling, or distributing health care products used by or on patients.

SCHEDULE

8 TO 8:50 A.M.

REGISTRATION AND CONTINENTAL BREAKFAST

8:50 TO 9 A.M.

WELCOME AND INTRODUCTION

James E. Donnelly, MBA, BSN, RN
*Chief Nursing Officer,
UPMC Hamot
Vice President, Patient Care
Services*

9 TO 10 A.M.

OPENING PLENARY SESSION/KEYNOTE

UPMC Nursing: The Bridge to the Future

Maribeth McLaughlin, MPM, BSN, RN
*Chief Nurse Executive, UPMC
Vice President, Nursing*

- Review support of the new nurse during their first year of transition to practice
- Recognize the flexible scheduling programs at UPMC across each stage of the life cycle
- Define the future of UPMC Nursing

10 TO 10:35 A.M.

The 10 Must Haves of Effective Communication

Charles “Boo” Hagerty,
*Chief Development Officer,
Hamot Health Foundation*

- Discuss the difference between communication and effective communication
- Recognize the vital role you play in every interaction

10:35 TO 10:50 A.M.

REFRESHMENT BREAK

10:50 A.M. TO 12:20 P.M.

Evidence-Based Practice and Nurse/Clinician Well-Being Ensures Health Care Quality and Safety: Strategies That Work!

Bernadette Mazurek Melnyk, PhD,
APRN-CNP, EBP-C, FAANP, FNAP,
FAAN

*Vice President for Health
Promotion*

*University Chief Wellness Officer
Dean Emeritus, College of Nursing
Professor of Pediatrics and
Psychiatry, College of Medicine
Executive Director, the Helene
Fuld Health Trust National
Institute for Evidence-Based
Practice in Nursing and
Healthcare*

The Ohio State University

- Describe the state of evidence-based practice and nurse/clinician well-being throughout the country
- Discuss evidence-based tactics to enhance and sustain evidence-based practice and nurse/clinician well-being
- Describe the evidence-based ARCC model that has demonstrated improvements in health care quality, safety, and nurse job satisfaction

12:20 TO 12:35 P.M.

Choosing Engagement: Cleaning the Mirror and Opening the Window

Sara A. Mehler MPH, BSN, RN
*Unit Director, Mother Baby Unit
Magee-Womens at UPMC Hamot*

- Identify how self-connection impacts empathy for others in the workplace and enhances feelings of being part of a community engaged in something bigger than any one person

12:35 TO 1:15 P.M.

LUNCH

1:15 TO 1:35 P.M.

Thriving in a Culture of Engagement: The Role and Power of Purpose

Nina Fatica, BSN, RN, CCRN
Dino Stigliano, RN
**Jennifer Young MSN, RNC-OB,
C-EFM, C-ONQS**

- Discuss finding your purpose in life through nursing and the connections we make with people

1:35 TO 2 P.M.

Ask a Nurse: Panel Discussion

Attendees will have the opportunity to ask the panel to share their insight on topics such as transition to practice, well-being, best practices, how to find your purpose in the nursing profession, and more!

James E. Donnelly, MBA, BSN, RN
Nina Fatica, BSN, RN, CCRN
Dino Stigliano, RN
**Jennifer Young, MSN, RNC-OB,
C-EFM, C-ONQS**

- Gain insight into pertinent topics in the nursing community

2 TO 3:15 P.M.

Shining the Light on All the Right

Bonnie Barnes, FAAN
*Co-founder, The DAISY
Foundation*
Mark Barnes, FAAN
*Co-founder, The DAISY
Foundation*

- Describe the history of The DAISY Foundation
- Discuss what makes recognition meaningful
- Describe the impact of meaningful recognition on nurses, organizations, and the patient/family experience

3:15 TO 3:45 P.M.

Q&A/EVALUATIONS

hamot **STRONG** NURSING SYMPOSIUM

Friday, Sept. 29, 2023
Registration begins at 8 a.m.

Bayfront Convention Center
1 Sassafras Pier • Erie, Pa.



REGISTRATION FEES

Fees include seminar, continuing education credit, breakfast, and lunch.

Fees

UPMC Employees\$50
Non-UPMC Employees..... \$60
Nursing Students and Instructors Scholarship

Nursing Students and Instructors

Nursing students and instructors can register using the UPMC scholarship option on the symposium website. The scholarship only applies to unlicensed individuals.

UPMC Hamot Nurses

UPMC Hamot nurses are eligible for MEB funds found under the registration tab on the symposium website.

ONLINE REGISTRATION ONLY

[https://cce.upmc.com/
upmchamot2023nursingsymposium](https://cce.upmc.com/upmchamot2023nursingsymposium)

Upon registration, attendees will receive a confirmation email within 5-7 days. For any questions or cancellations, contact UPMC Hamot Center for Education at 814-877-2513.



LOCATION

The conference will be held in Grand Ballroom of the Bayfront Convention Center, located on the shores of Presque Isle Bay, at 1 Sassafras Pier, Erie, Pa. For special accommodations, please notify UPMC Hamot Center for Education at 814-877-2513.

ACCOMMODATIONS

Two hotels adjacent to the convention center offer accommodations at a discounted rate. To make reservations, call the hotel number listed below and ask for the UPMC Hamot corporate rate.

- 1 The Courtyard by Marriott Erie Bayfront**
2 Sassafras Pier
Erie, PA 16507
814-636-1005, ext. 4
- 2 The Sheraton Erie Bayfront**
55 West Bay Drive
Erie, PA 16507
814-454-2005, ext. 4

UPMC HAMOT PRESENTS AN UNFORGETTABLE DAY BY THE LAKE!

Education. Connection. Inspiration.



HAMOT HEALTH FOUNDATION

Hamot Health Foundation commits nearly \$500,000 annually to the continued education of UPMC Hamot employees and toward the career development for the next generation of health care workers.

Scan code to learn more.

