

**2023: In Person and Virtual - Survivorship after Cancer of the Head and Neck:
A Multidisciplinary Symposium**

Dates: August 7-8, 2023



*Sponsored by
University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences, and Department of Otolaryngology*

**Location: UPMC Herberman Conference Center
5150 Centre Avenue – 2nd Floor
Pittsburgh, PA 15232**

Virtual

COURSE DIRECTORS

Jenna Stengel, PA-C; Jonas Johnson, MD; Marci Nilsen, PhD, RN, CHPN

Intent and Overview

The purpose of this symposium is to provide fundamental information necessary for a comprehensive approach to survivorship care of head and neck cancer patients. This symposium is intended to improve healthcare providers' ability to provide high-quality survivorship care to the growing population of head and neck cancer survivors.

Objectives

At the completion of the course, the participant should be able to:

1. Recognize the components of high-quality head and neck cancer survivorship care.
2. Identify prevailing late and long-term effects head and neck cancer survivors' experience.
3. Describe strategies and interventions to address the complex needs of head and neck cancer survivors.
4. Recognize new systemic therapies for head and neck cancer and potential side effects.

Who Should Attend

Professional providers, cancer survivors, primary care physicians, nurses, residents, audiologists, speech-language pathologists, physical therapists, occupational therapists, dentists, and other interested healthcare professionals.

Accreditation and Credit Designation Statement:

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 11.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 11.75 contact hours.

Physician Assistant (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 11.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Following Day 1 of this event participants will be able to:

- 1.) Define the components of high-quality head and neck cancer survivorship care.
- 2.) Identify prevailing late and long-term effects in head and neck cancer survivors' experience.
- 3.) Recognize new systemic therapies for head and neck cancer and potential side effects.
- 4.) Discuss the psychological impact that head and neck cancer and its treatment-related effects have on survivors

Following Day 2 of this event participants will be able to:

- 1.) Describe strategies and interventions to address the complex needs of head and neck cancer survivors.
- 2.) Discuss the prevalence of dysphagia after treatment for head and neck cancer survivors.
- 3.) Explain innovative treatments for head and neck cancer survivors with dysphagia.
- 4.) Identify key strategies to maintain good oral hygiene during phases of treatment and survivorship

SCHEDULE

Day 1 of 2: Monday, August 7, 2023

Location: UPMC Herberman Conference Center

- 7:00 – 8:00 am **Registration and Breakfast**
- 8:00 – 8:05 am **Welcome**
Jonas Johnson, MD
- Moderator:** Marci Nilsen, PhD, RN
- 8:05– 8:45 am The Challenge of Providing Comprehensive Head & Neck Cancer
Care
José Zevallos, MD, MPH
- 8:45 – 9:30 am Disparities in Head and Neck Cancer Survivorship Care
Margaret Rosenzweig, PhD, CRNP-C, AOCNP, FAAN
- 9:30 – 10:00 am Advanced Practice Provider Driven Survivorship Care
Casey Fazer- Posorske, PA-C
- 10:00 – 10:30 am **Panel Discussion: Changing Landscapes of High-Quality Cancer Care**
Moderator: Marci Nilsen, PhD, RN
Panelists: José Zevallos, MD, MPH, Margaret Rosenzweig, PhD, CRNP-
C, AOCNP, FAAN, Casey Fazer- Posorske, PA-C
- 10:30 – 10:45 am **Break, Visit with Exhibitors**
- Strategies for Contemporary Treatment**
- Moderator:** Jonas T. Johnson, MD
- 10:45 – 11:15am When is Surgery the Optimal Therapy?
Seungwon Kim, MD
- 11:15 – 11:45 am Overview of Modern Radiation Therapy
Uzoma Iheagwara, MD, PhD
- 11:45 – 12:15 am Treatment Options for Head and Neck Cancer
Zahra Kelly, DO
- 12:15 – 12:45 pm **Panel Discussion: Tumor Board**
Moderator: Shirley Su, MD
Panelists: Seungwon Kim, MD, Zahra Kelly, DO; Uzoma Iheagwara,
MD, PhD
- 12:45 – 1:15pm **Lunch, Visit with Exhibitors**

- Moderator:** Alyssa Weinfurther, MS, RD, CSO, LDN
- 1:15 – 2:00 pm Advances in Managing Treatment Related Dysphagia
Heather Starmer, MA CCC-SLP; BCS-S
- 2:00 – 2:45 pm Experience with Treatment Effects: Management Suggestions
Barbara Murphy, MD
- 2:45 – 3:30 pm Establishing Partnership Between Psychiatrist, Physical Therapist, Speech
Language Pathologist and the Oncology Treatment Team
Maryanne Henderson, DO
- 3:30 – 3:45 pm **Break, Visit with Exhibitors**
- Moderator:** Jenna Stengel PA-C
- 3:45 – 4:15 pm Between a Rock and a Hard Place: Dental and Oral Surgery Challenges
for Providers Treating Patients with Head and Neck Cancer
Elizabeth Pawlowicz, DMD and Spencer Regelson, DDS
- 4:15 – 4:40 pm Patient Experience: John Kochmar
- 4:40 – 5:00 pm **Panel Discussion: Enhancing Recovery**
Moderator: Jonas T. Johnson, MD
Panelists: Heather Starmer, MA CCC-SLP, BCS-S; Maryanne
Henderson, DO; Barbara Murphy, MD; Elizabeth Pawlowicz, DMD
- 5:00 pm Adjournment Day 1 of 2
Reception
Poster Viewing and Poster Awards
Herberman Conference Center

Day 2 of 2: Tuesday, August 8, 2023

Location: UPMC Herberman Conference Center

- 7:00 – 8:00 am **Registration and Breakfast**
- 8:00 – 8:05 am **Welcome**
Angela Dean, PsyD
- Moderator:** Angela Dean, PsyD
- 8:05 – 8:50 am Development with a Validated Disease Specific Tool for Cancer
Survivors
Shirley Su, MD

- 8:50 – 9:30 am Detection and Treatment of Carotid Vascular Disease
Bradley Gross, MD
- 9:30 – 9:40 am Cancer and Treatment effect on Neurocognition
Marci Nilsen, PhD RN
- 9:40 – 10:10 am Neurocognition and Strategies to Cope with Changes
Robert J Ferguson, PhD
- 10:10 – 10:30 am **Panel Discussion: Neurocognition and Coping**
Moderator: Angela Dean, PsyD
Panelists: Marci Nilsen, PhD RN, Robert J Ferguson, PhD
- 10:30 – 10:45 am **Break, Visit with Exhibitors**
- Moderator:** Jonas T. Johnson, MD
- 10:45 – 11:15 am Surgical Options for Treatment Related Dysphagia
Sandra Stinnett, MD
- 11:15 – 11:45 am Medical Mistrust
Zainab Balogun, MS
- 11:45 – 12:00pm Looking Toward the Future
Marci Lee Nilsen, PhD, RN, CHPN

Adjournment Day 2 of 2

COURSE DIRECTORS

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Marci Nilsen, PhD, RN, CHPN**
 Assistant Professor
 Department of Acute and Tertiary Care
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Guest Faculty

Barbara Murphy, MD Professor of Medicine Head and Neck Research Program Pain and Symptom Management	Casey Fazer- Posorske, PA-C Physician Assistant Division of Medical Oncology, Head and Neck Cancer Team, ICI Toxicity Team Mayo Clinic Rochester, MN
Heather Starmer, MA CCC-SLP; BCS-S Clinical Associate Professor Department of Otolaryngology, Head and Neck Surgery Stanford University Stanford, CA	Shirley Su, MD Associate Professor Department of Head and Neck Surgery University of Texas MD Anderson Cancer Center Houston, TX
Angela Dean, PsyD CEO & Clinical Director Dean Psychological & Well-Being Associates Wexford, PA	

Local Faculty

Seungwon Kim, MD*** Division Chief of Head and Neck Surgery Associate Professor Department of Otolaryngology, Head and Neck Surgery University of Pittsburgh School of Medicine	Uzoma Iheagwara, MD, PhD*** Clinical Assistant Professor Department of Radiation Oncology University of Pittsburgh School of Medicine
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Maryanne Henderson, DO*** Assistant Professor Department of Physical Medicine and Rehabilitation University of Pittsburgh School of Medicine	Zahra Kelly, DO* Clinical Instructor of Medicine Division of Hematology/Oncology UPMC Hillman Cancer Center
Bradley Gross, MD*** Assistant Professor Department of Neurological Surgery University of Pittsburgh School of Medicine	Elizabeth Pawlowicz, DMD *** Assistant Professor Restorative Dentistry School of Dental Medicine
Margaret Rosenzweig, PhD, CRNP-C, AOCNP, FAAN*** Distinguished Service Professor of Nursing Department of Acute & Tertiary Care University of Pittsburgh School of Nursing	José P. Zevallos MD MPH FACS The Eugene N. Myers, M.D., Professor and Chair of Otolaryngology Department of Otolaryngology-Head and Neck Surgery University of Pittsburgh Medical Center
Alyssa Weinfurther, MS, RD, CSO, LDN* Lead Dietitian Department of Food and Nutrition University of Pittsburgh Medical Center	Sandra Stinnett, MD* Assistant Professor Department of Otolaryngology University of Pittsburgh Medical Center
Robert J. Ferguson, Ph.D.*** Assistant Professor of Medicine Division of Hematology/Oncology UPMC Hillman Cancer Center, Biobehavioral Cancer Control	Spencer Regelson DDS Oral and Maxillofacial Surgery Resident UPMC Integrated MD
Zainab Balogun, MS Medical Student UPSOM	

*Relevant financial relationship: Salary from University of Pittsburgh Medical Center

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Bradley Gross, MD	Consultant: Medtronic, Microvention, Stryker
Barbara Murphy, MD	Consultant: Merck Grant/Research Support: Tactile PI for National Clinical Trials
Sandra Stinnett, MD	Consultant: Cook Medical
Shirley Su, MD	Consultant: Magnatile Stockholder (publicly held): Res Med <0.01% of Company, CSL <0.01% of Company
José Zevallos, MD, MPH	Consultant: Merck Other: Ownership Interest (Droplet Bioscience, LLC), Vine Medical- Advisory Board

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Acknowledgement of commercial support

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Exhibitors:

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