

***Children's Hospital of Pittsburgh Annual Feeding and Swallowing Conference Flyer for Learners
Obtaining ASHA Continuing Education Credits***

Title: Tackling the Tough Transitions in Pediatric Feeding
Date/Time: September 15, 2023/9:30 am-5:00 pm
Location: John G. Rangos Sr. Conference Center 4401 Penn Ave. Pittsburgh, PA. 15224

Policies

*Learning experiences and resource materials will be accessible to all individuals, including participants with disabilities. Please email weichlern@upmc.edu with special needs (dietary, hearing and/or physical) requests at least **one week prior to the conference**.*

In the event that the conference needs to be rescheduled, all participants will be notified via email. All participants will be given the option to either attend on the rescheduled date or receive a full refund within 60 days.

All cancellations must be sent to us email or fax (see contact information below). Tuition for cancellations received before August 31, 2023, will be refunded in full. After August 31, 2023, a \$25 administrative fee will be assessed, the remaining amount refunded, and no refunds will be made after September 8, 2023.

If concerns arise and a complaint is warranted, please reach out via email within 30 days of the conference (see contact information below). Click here for the full complaint policy: [FASC CEU Complaint Procedure](#)

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Program Overview: This program is designated for physicians, nurses, advanced practitioners, speech pathologists, occupational therapists, registered dietitians, behavioral health providers and educators of young children. Course content will highlight medical and therapeutic interventions that affect transitions in pediatric feeding.

Conference Objectives:

1. Identify transitions in feeding including breast to bottle and with medically complex NICU infants
2. Name of current recommendations regarding new thickening agents, IDDSI guidelines, and indications for MBS.
3. Identify feeding difficulties in special populations including those with neurodevelopmental disorders and eosinophilic esophagitis.

Completion Requirements for ASHA CEUs

- Participants must sign in/out each time they leave the conference area.

- Participants must attend at least three sessions to receive partial credit for ASHA CEUs.
- Participants must submit self assessments for each course they attend prior to their end of day sign out.
- Participants must complete a program assessment by September 15, 2023 at 11:59 pm EST.

Conference Faculty:

Arcangela Lattari Balest, M.D.

Clinical Assistant Professor of Pediatrics, Department of Pediatrics
Division of Newborn Medicine

UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Kristen M. Critelli, MD

Co-Medical Director, Center for Pediatric Eosinophilic Gastrointestinal Diseases

Assistant Director, GI Procedure Suite

Division of Pediatric Gastroenterology, Hepatology, and Nutrition

UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Katherine H. Katko, M.S., CCC-SLP

Senior Speech Language Pathologist

UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Nicole Klasmier, CScD, CNT, OTR/L

Senior Occupational Therapist

UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Alexandra (Ali) Mallela, MS, CCC-SLP

Senior Speech-Language Pathologist

UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Melissa Murphy BSN, RN, CCRN, IBCLC

Lactation Consultant, Neonatal Intensive Care Unit.

UPMC Children's Hospital of Pittsburgh.

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Victoria (Tori) M. Powell, CRNP

Associate Director, Feeding and Swallowing Center

Division of Pediatric Gastroenterology, Hepatology, and Nutrition

UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Sheryl K Rosen, MA CCC SLP

Coordinator – Communication Disorders

UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC and stipend from University of Pittsburgh.

Non-financial disclosures: none

Sarah Rossman, MS, OTR/L

Occupational Therapist

UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Elizabeth M. Sinclair, MD

Medical Director, Feeding and Swallowing Center

Co-Medical Director, Eosinophilic Gastrointestinal Diseases Center

Division of Pediatric Gastroenterology, Hepatology, and Nutrition, UPMC Children's Hospital of Pittsburgh

Assistant Professor, Department of Pediatrics, University of Pittsburgh School of Medicine

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Amit Sinha, MD

Associate Division Chief, Pediatric Rehabilitation Medicine

UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Katherine White MA CCC-SLP, IBCLC

Senior Speech-Language Pathologist

UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

FASC 2023 Conference Schedule

9:30 am -9:50 am Registration*

9:50 am-10:00 am Welcome*

Elizabeth M. Sinclair, MD

10:00 am-10:45 am Updates in thickening practices

Tori Powell, CRNP and Sheri Rosen, MA CCC SLP

Objectives:

Name 1 historical thickening practice.

Identify 3 updates and changes to thickening protocols for patients with dysphagia over the past 5 years.

Identify International Dysphagia Diet Standardization Initiative (IDDSI) liquid levels.

10:45 am-11:30 am Making the switch: Tips for transitioning from breast to bottle

Melissa Murphy BSN, RN, CCRN, IBCLC and Katherine White MA CCC-SLP, IBCLC

Objectives:

Participants will name three strategies for managing the transition, including dealing with breast refusal, maintaining milk supply, and establishing a feeding routine

Participants will identify changes to human milk during the transition phase.

Participants will identify ways to support the family during the transition.

Participants will list 3 strategies to support bottle feeding while still nursing.

11:30 am-12:15 pm Swallow studies: Practice standards and new research

Arcangela Balest, MD and Katherine Katko, M.S., CCC-SLP

Objectives:

Define Swallow study.

Identify an ideal candidate for a swallow study.

Name one way clinical evaluations can complement swallow study.

Identify when to refer for clinical evaluation vs MBS.

LUNCH 12:15 pm-1:00 pm*

1:00 pm-2:00 pm Transitioning the NICU infant to home: feeding strategies for a seamless handoff

Arcangela Balest, MD and Nicole Klasmier, CSCD, CNT, OTR/L

Objectives:

Explain how underlying lung and heart disease impact feeding even after hospital discharge.

Name the two different needs of infant discharge on full oral feedings versus with NG tube.

Identify three safety concerns and identify when to advance or not advance bottle flowrates in infants.

2:00 pm-3:00 pm Managing the Transitions in Feeding Development within the Neurological Population

Amit Sinha, MD, and Sarah Rossman, MS, OTR/L

Objectives:

Identify sensitive periods in feeding development.

Identify 2 potential barriers to feeding development and transitions within the neurological population.

Identify medical management options to facilitate feeding development within the neurological population.

Identify 2 therapeutic strategies to utilize with patients with feeding difficulties in the neurological population.

Break 3:00 pm-3:15 pm*

3:15 pm-4:15 pm Eosinophilic Esophagitis in Children

Kristen M. Critelli, MD

Objectives:

Define the current epidemiologic characteristics of eosinophilic esophagitis.

Name the current risk factors identified for the development of eosinophilic esophagitis.

Name the forms of clinical presentation of the disease throughout the different ages of life.

Identify the ways that eosinophilic esophagitis influences feeding development.

Define the current treatment goals for eosinophilic esophagitis, according to the evolving characteristics of the disease and its natural history.

4:15 pm-4:45 pm Panel Discussion: Melissa Murphy BSN, RN, CCRN, IBCLC, Alexandra (Ali) Mallela, MS, CCC-SLP, Tori Powell, CRNP, Sarah Rossman, MS, OTR/L

Objectives:

Name 2 current recommendations regarding new thickening agents, IDDSI guidelines, and indications for MBS.

Identify feeding difficulties in special populations such as medically complex NICU graduates and those with neurodevelopmental disorders or eosinophilic esophagitis.

4:45 pm-5:00 pm Wrap up: Elizabeth M. Sinclair, MD*

*Denotes a time that does not count towards ASHA CEUs.



ASHA CE
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**Children's Hospital of
Pittsburgh**

Intermediate Level

0.55 ASHA CEUs

Attendees must attend at least 3 sessions to receive partial credit for ASHA CEUs, a maximum of 0.55 ASHA CEUs may be obtained.