**A picture containing screenshot, design

Description automatically generated**

**Cohort 1: Pathfinders  
October 5, 2023**

**9:00am – 12:00pm**

**Virtual Zoom**

SW Credit Course Title: Ethical Guidelines and Principles for Behavioral Health Professionals

Requesting: 1.5 credit hours for SW

|  |  |  |  |
| --- | --- | --- | --- |
| Time | Component | Content | Presenter/Facilitator |
| 8:30 AM | Check-in | Open Zoom Meeting | *JHF Team* |
| 9:05 AM | Welcome & Introductions  *\*remind of parking lot* | **Open with Sanctuary Model** (slide)   * How are you feeling today? * What do you need from the group or someone in the room? * What will you bring to the group?   *Intro: name, role, org*  *Share: a tip pertaining to ethical guidelines or principles in your work or a support/resource from your organization that has been helpful in terms of ethics*  **Reflections**   * What has been your experience returning to your workplace after the August session? * Have you been able to apply lessons from the safety, wellness or burnout discussion from our last session? | Carol Frazer, MEd, LPC,  *Behavioral Health Specialist,*  *Pittsburgh Regional Health Initiative*  Bridget McNamee, MID, *Behavioral Health Project Manager, Jewish Healthcare Foundation* |
| 9:45 AM | Ethics  *(1 credit hour)* | **Ethical Guidelines and Principles for Behavioral Health Professionals**   * Understand and identify ethical guidelines and principles for mental health professionals * Application of ethical guidelines and principles in practice * Peer to peer engagement and reflection | Adele Flaherty, PhD  *Program Specialist, Partner4Work Pittsburgh* |
| 10:45 AM |  | **Break** |  |
| 11:00 AM | *(0.5 credit hour)* | **Small Group Discussion** (breakout rooms)   * Peer to peer reflection and collaboration on ethics practices |  |
| 11:30 AM | Wellness Practices | **Mindfulness Activity**  15/20 min activity | TBD (BH Fellow) |
| 11:45 AM | Wrap-up and Reminders | * Take aways * Reflection Questions (How support one another over the course of the cohort?) * Kudos and posting on Tomorrow’s Healthcare collaboration platform * **Next session**: Thursday, September 14, 9:00 am- 5:00 pm * **CEU Survey Deadline**: August 24th   *Ask to take short survey in session: Scotland (QR code)*  *\*CEU email: send October 5th, complete by October 12th* |  |
| 12:00 PM | Departure |  |  |