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**Cohort 1: Pathfinders
October 5, 2023**

**9:00am – 12:00pm**

**Virtual Zoom**

SW Credit Course Title: Ethical Guidelines and Principles for Behavioral Health Professionals

Requesting: 1.5 credit hours for SW

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| Time | Component  | Content | Presenter/Facilitator |
| 8:30 AM | Check-in | Open Zoom Meeting | *JHF Team* |
| 9:05 AM | Welcome & Introductions*\*remind of parking lot* | **Open with Sanctuary Model** (slide)* How are you feeling today?
* What do you need from the group or someone in the room?
* What will you bring to the group?

*Intro: name, role, org**Share: a tip pertaining to ethical guidelines or principles in your work or a support/resource from your organization that has been helpful in terms of ethics***Reflections** * What has been your experience returning to your workplace after the August session?
* Have you been able to apply lessons from the safety, wellness or burnout discussion from our last session?
 | Carol Frazer, MEd, LPC,*Behavioral Health Specialist,**Pittsburgh Regional Health Initiative*Bridget McNamee, MID, *Behavioral Health Project Manager, Jewish Healthcare Foundation* |
| 9:45 AM | Ethics*(1 credit hour)* | **Ethical Guidelines and Principles for Behavioral Health Professionals** * Understand and identify ethical guidelines and principles for mental health professionals
* Application of ethical guidelines and principles in practice
* Peer to peer engagement and reflection
 | Adele Flaherty, PhD*Program Specialist, Partner4Work Pittsburgh* |
| 10:45 AM |  | **Break** |  |
| 11:00 AM | *(0.5 credit hour)* | **Small Group Discussion** (breakout rooms)* Peer to peer reflection and collaboration on ethics practices
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| 11:30 AM | Wellness Practices  | **Mindfulness Activity**15/20 min activity | TBD (BH Fellow) |
| 11:45 AM | Wrap-up and Reminders | * Take aways
* Reflection Questions (How support one another over the course of the cohort?)
* Kudos and posting on Tomorrow’s Healthcare collaboration platform
* **Next session**: Thursday, September 14, 9:00 am- 5:00 pm
* **CEU Survey Deadline**: August 24th

*Ask to take short survey in session: Scotland (QR code)**\*CEU email: send October 5th, complete by October 12th*  |  |
| 12:00 PM | Departure |  |  |