

Trauma-informed Care Workshop

0745-800	Sign in and continental breakfast
800-830	Self-reflection exercise
830-930	Part 1- Didactic introduction to trauma informed care/ IPV with Q&A
0930-945	Break
945-1130	Part 2- case exploration in groups/ skills introduction/ acute stress response management/introduction to grounding skills.
1130-1200	Lunch
1200-100	Didactics on “Introduction to communication strategies for all Obstetric providers” with Q/A
100-115	Break/Dessert
115-230	Simulation stations (4-5 in total)
230-315	Large Group debrief: questions, personal viewpoints, take-away, self-care
315-330	Evaluation

This is a sample agenda for the workshop. The modules can be tailored to individual needs of departments and organizations.

Additional offerings:

Anesthesia provider specific training:

- Case exploration of anesthesia-related events
- Ultrasound for neuraxial blockade: training and rationale

Obstetrician/midwife specific training:

- Case exploration of obstetric-related events
- Best-practice training for collaborative care with survivors of Sexual Trauma

Didactic lecture/discussion: Implicit bias

Additional inclusions: quarterly virtual “Town Hall Meetings” to check in with staff, accessibility to the specialists for ongoing guidance and support