



# Grief and the Holidays

The winter holiday season can be a difficult time for people who have experienced a death. This course will explore grief in depth, the impact of grief on coping with the winter season, and support for those in bereavement. The target audience for is health care professionals who would like to deepen their knowledge and understanding of grief in winter months.

**Registration is 4-4:30 p.m.**  
**Program is 4:30-6:30 p.m.**

This program offers two free CEUs for RNs and social workers. Pre-registration is mandatory to receive CEUs. Registration closes two hours before the course is offered. **Dinner will be provided.**

**Virtual option is available for each session.**

## **Tuesday, Nov. 28**

### **UPMC East**

Conference room A/B  
2775 Mosside Blvd., Monroeville, PA 15146

Register for Grief and the Holidays by visiting: <https://cce.upmc.com/supporting-grieving-families-through-winter-holidays-112923>

## **Wednesday, Nov. 29**

### **Genesis Greentree Skilled Nursing Facility**

Dining room  
1848 Greentree Rd., Pittsburgh 15220

Register for Grief and the Holidays by visiting: <https://cce.upmc.com/supporting-grieving-families-through-winter-holidays-112923>

## **Thursday, Nov. 30**

### **Cumberland Woods Village Conference Center**

700 Cumberland Woods Drive, Allison Park 15101

Register for Grief and the Holidays by visiting: <https://cce.upmc.com/supporting-grieving-families-through-winter-holidays-113023>



[UPMC.com/FamilyHospiceBereavement](https://www.upmc.com/FamilyHospiceBereavement)



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