Lessons Learned from the TIC Talks

What we have accomplished and considerations for the future.

Training overview:

- Conducted in a trauma-informed way
- R1: Exposes the audience to the prevalence of different types of individual and community based traumas in our society
- R2: Through different learning platforms (lectures, narrative reviews in mixed-discipline groups, simulation training) teaches participants what survivors of both acute and chronic traumatic stress look like
- R3: Through guided group debrief/discussions allows participants to identify areas of concern in clinical care and pathways for more trauma-informed policies and protocols
- R4: Teaches participants ways to prevent re-traumatization (through all the learning platforms)

The
EMPOWERMENT
Equation

Trauma Informed Care Workshop

| Time	Activity
7:45-8:00 am	Registration/Sign-in
8:00-8:30 am	Welcome/Self-reflection Exercise
8:30-9:30 am	Introduction to Trauma Informed Care – Tracey Vogel, MD
9:30-10:15 am	Intimate Partner Violence - Domestic Violence Education Specialist
10:15-10:30 am	Break
10:30-11:45 am	Group case exploration/skills introduction/acute stress response management/introduction to grounding skills
12:00-12:30 PM	Lunch
12:30-1:15 PM	Introduction to communication strategies for all Obstetric providers
1:15-1:30 PM	Break
1:30-3:00 PM	Simulation Stations (4-6 in total)
3:00-3:30 PM	Large Group Debrief: questions, viewpoints, take-away, self-care techniques
3:30 PM	Conclusion/ Evaluation of course

*This is a sample of a full-day training. Any/all parts of this can be tailored to meet the needs of the audience. Education of various types of trauma are included in the narrative exploration sessions and the simulations, in addition to the didactic sessions.

TIC TALK TOWN HALLS

- 6-month check in
- What is working, what isn't
- Ongoing Barriers
- Establishing tangible goals for hospitals

Q1 Please mark the column that corresponds to your agreement level with each item below. (1 star = Strongly disagree; 5 stars = Strongly agree)The lecture portion of this education helped me learn.
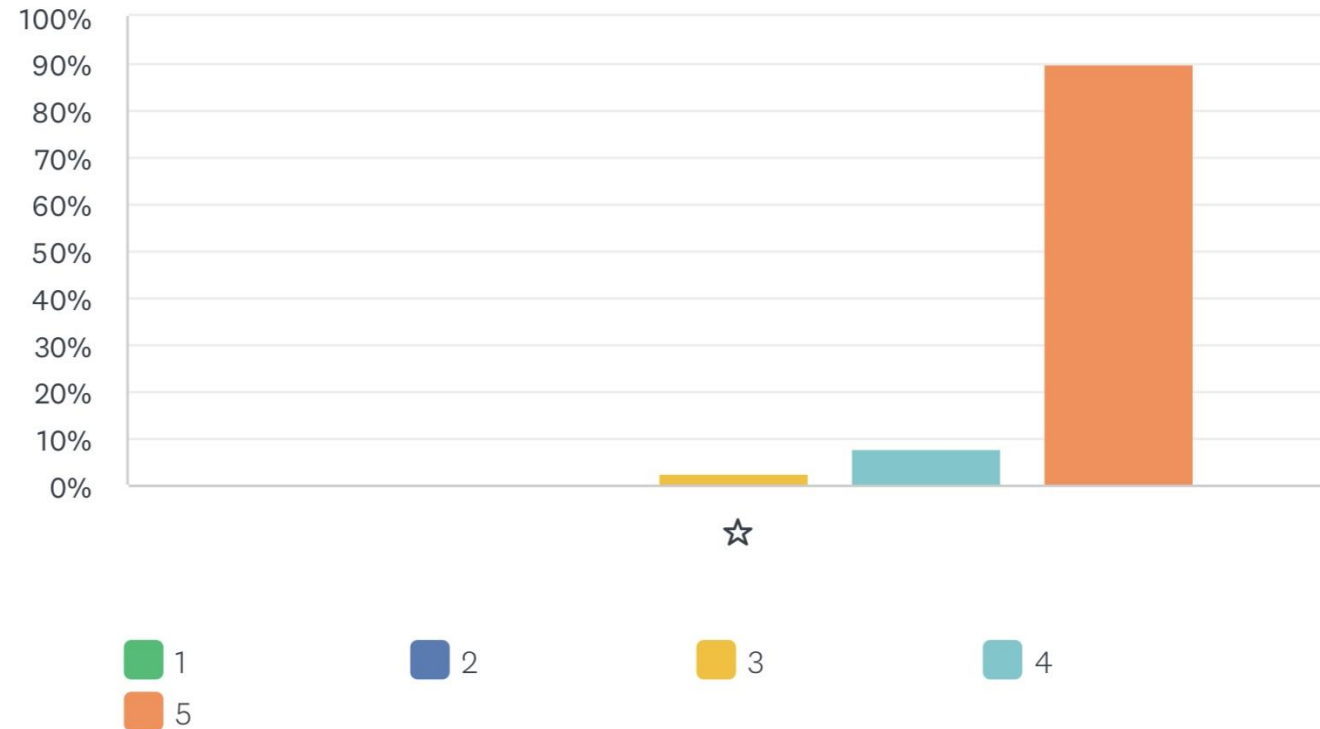
Answered: 248   Skipped: 1
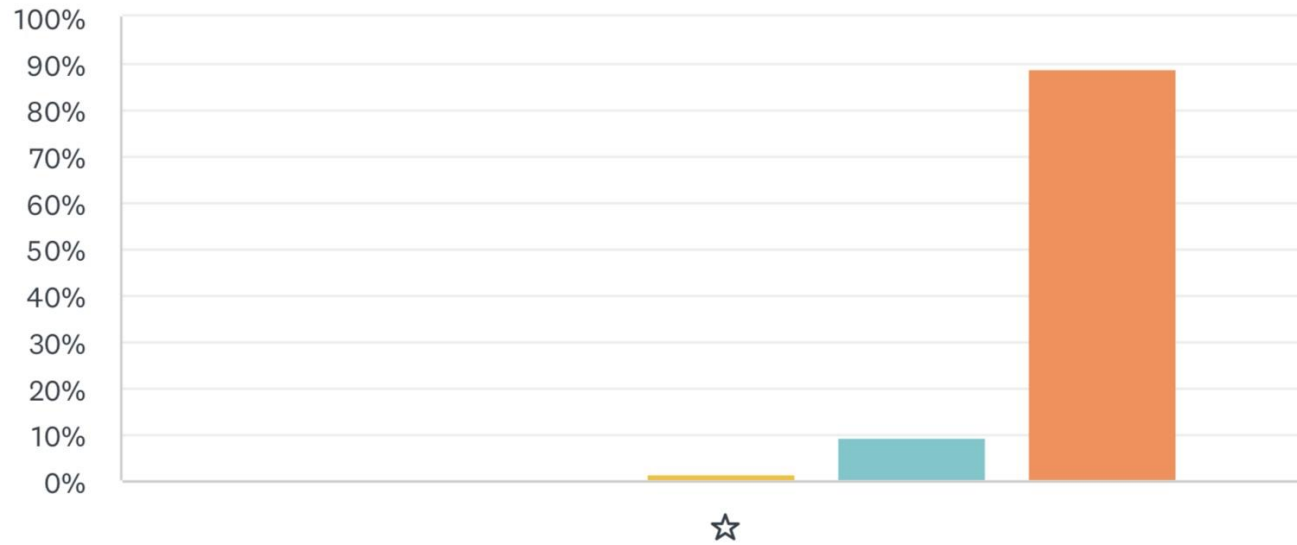
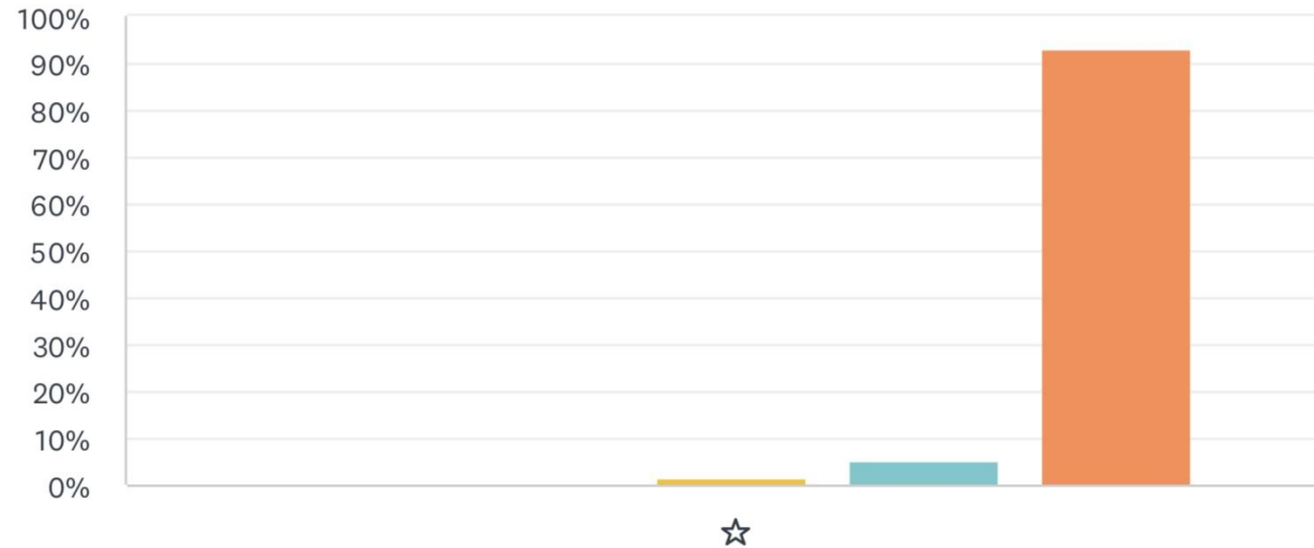|	1	2	3	4	5	TOTAL	WEIGHTED AVERAGE
☆	0.00% 0	0.00% 0	1.61% 4	9.27% 23	89.11% 221	248	4.88

Q2 The course content and materials were easy to follow.

Answered: 248   Skipped: 1

	1	2	3	4	5	TOTAL	WEIGHTED AVERAGE
☆	0.00% 0	0.00% 0	2.42% 6	7.66% 19	89.92% 223	248	4.88

Q3 My learning was enhanced by the knowledge of the facilitator.

Answered: 248   Skipped: 1

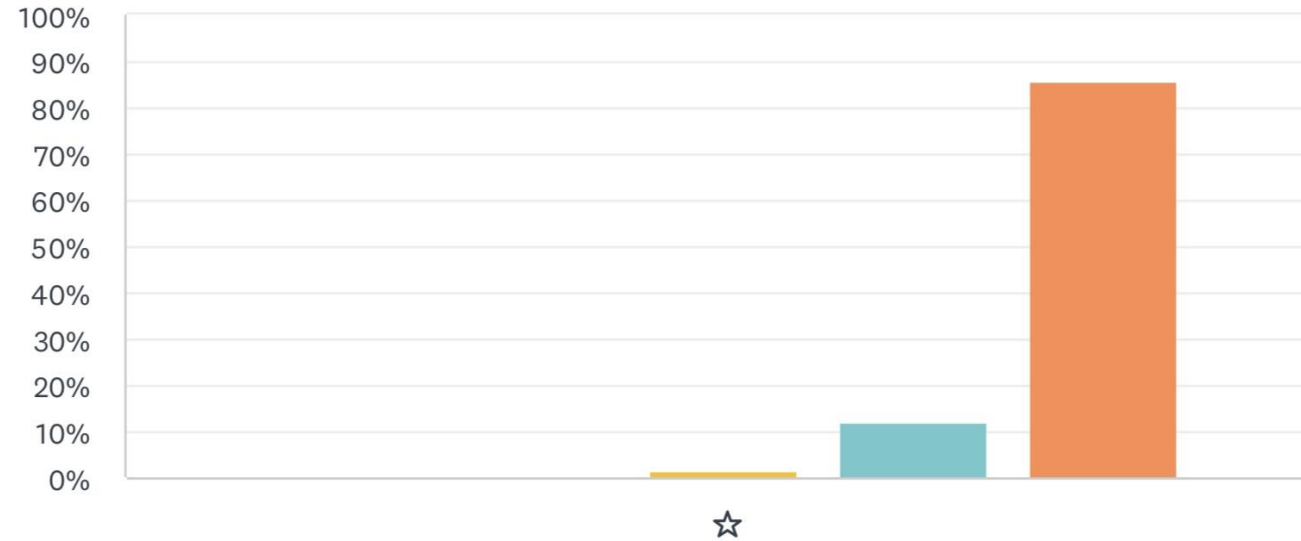|	1	2	3	4	5	TOTAL	WEIGHTED AVERAGE
☆	0.00% 0	0.00% 0	1.61% 4	5.24% 13	93.15% 231	248	4.92

Q4 Working in groups helped me learn.

Answered: 247   Skipped: 2
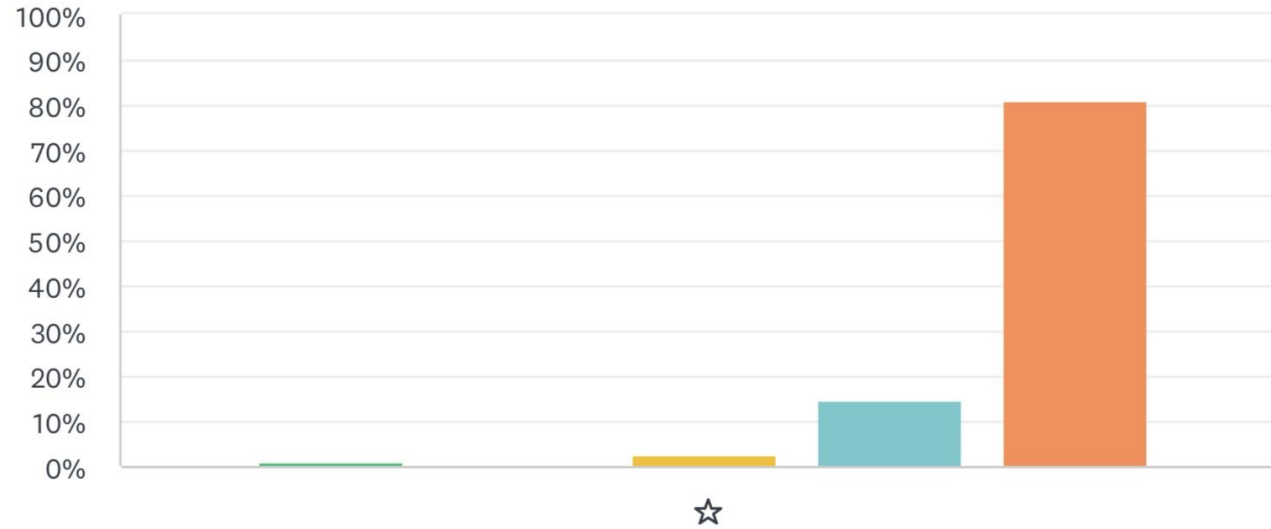
	1	2	3	4	5	TOTAL	WEIGHTED AVERAGE
☆	0.81% 2	0.40% 1	2.83% 7	14.98% 37	80.97% 200	247	4.75

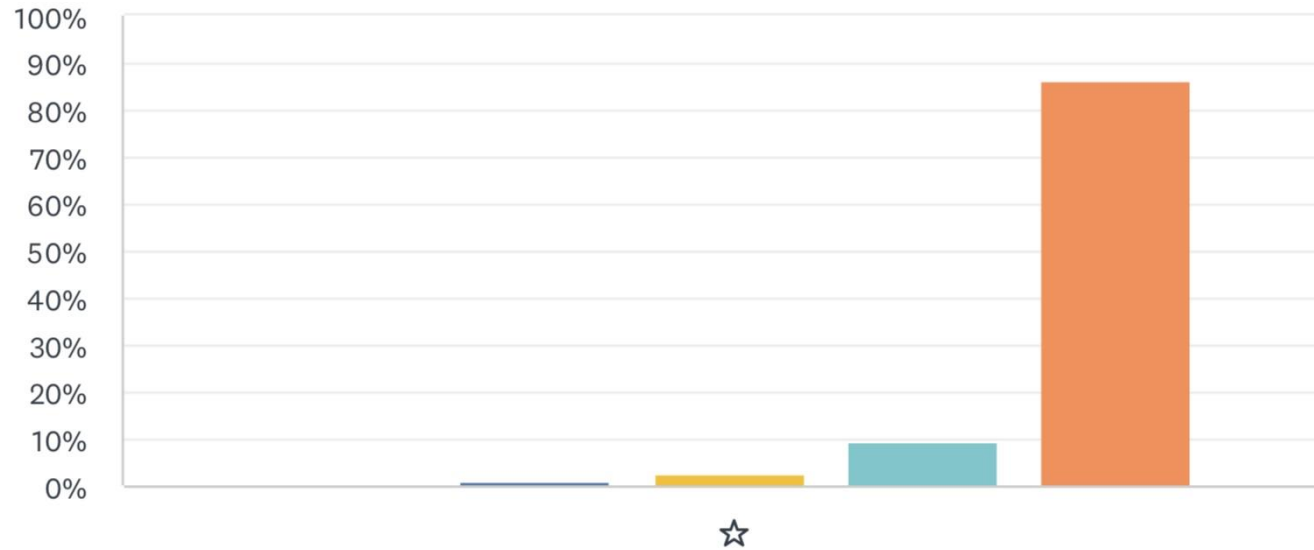# Q5 Analyzing cases helped me learn.

Answered: 248   Skipped: 1

	1	2	3	4	5	TOTAL	WEIGHTED AVERAGE
☆	0.40% 1	0.00% 0	1.61% 4	12.10% 30	85.89% 213	248	4.83

Q6 The cases were relevant to my practice.

Answered: 248   Skipped: 1

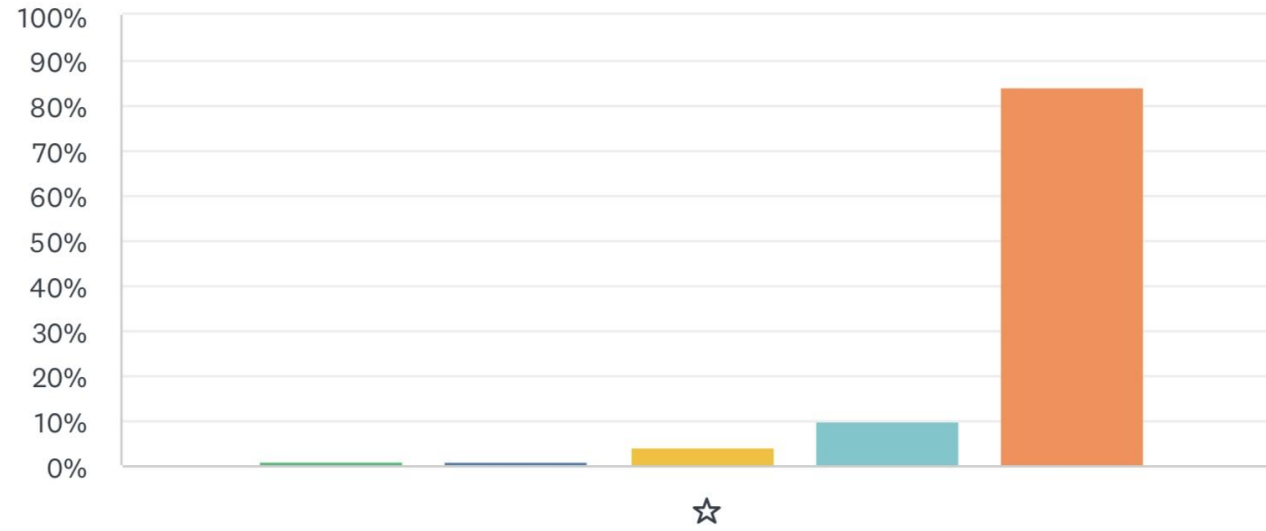|	1	2	3	4	5	TOTAL	WEIGHTED AVERAGE
☆	0.40% 1	0.81% 2	2.82% 7	9.68% 24	86.29% 214	248	4.81

Q7 The simulations with the actors helped me learn.

Answered: 243   Skipped: 6
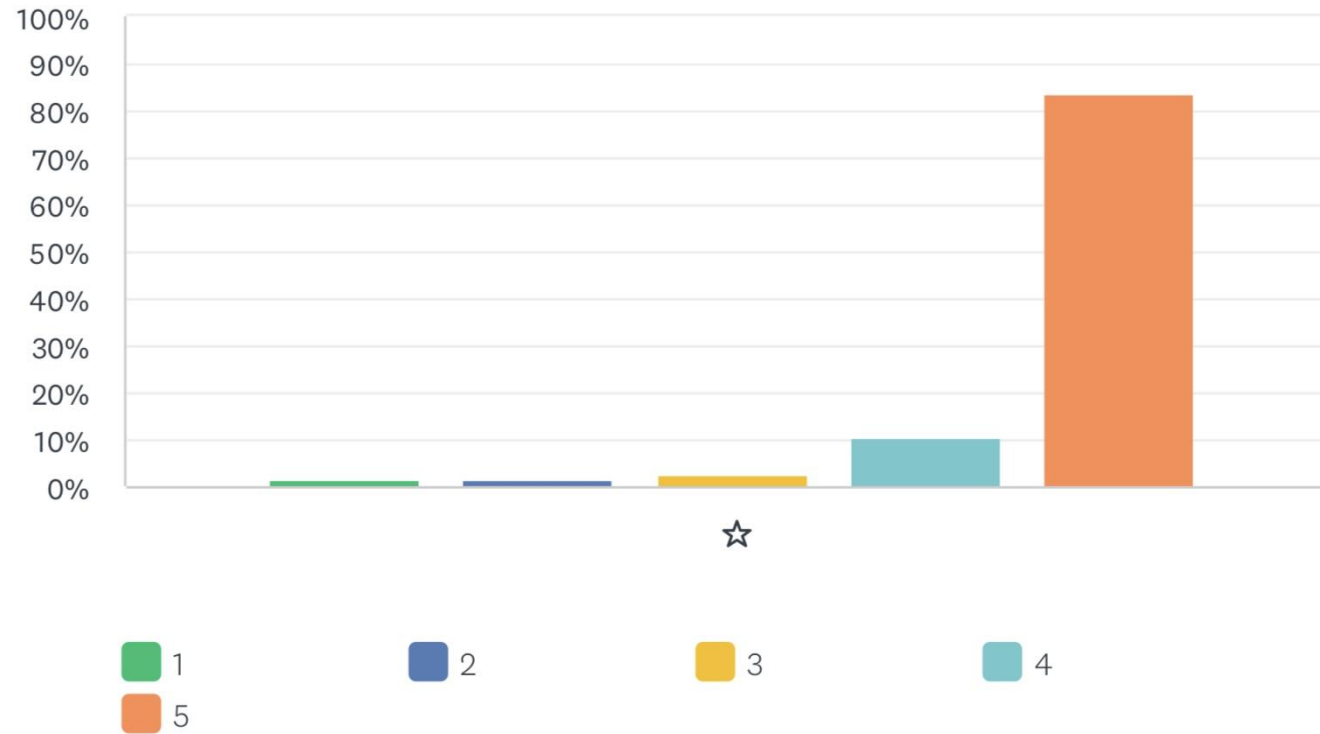
	1	2	3	4	5	TOTAL	WEIGHTED AVERAGE
☆	1.65% 4	1.65% 4	2.88% 7	10.29% 25	83.54% 203	243	4.72

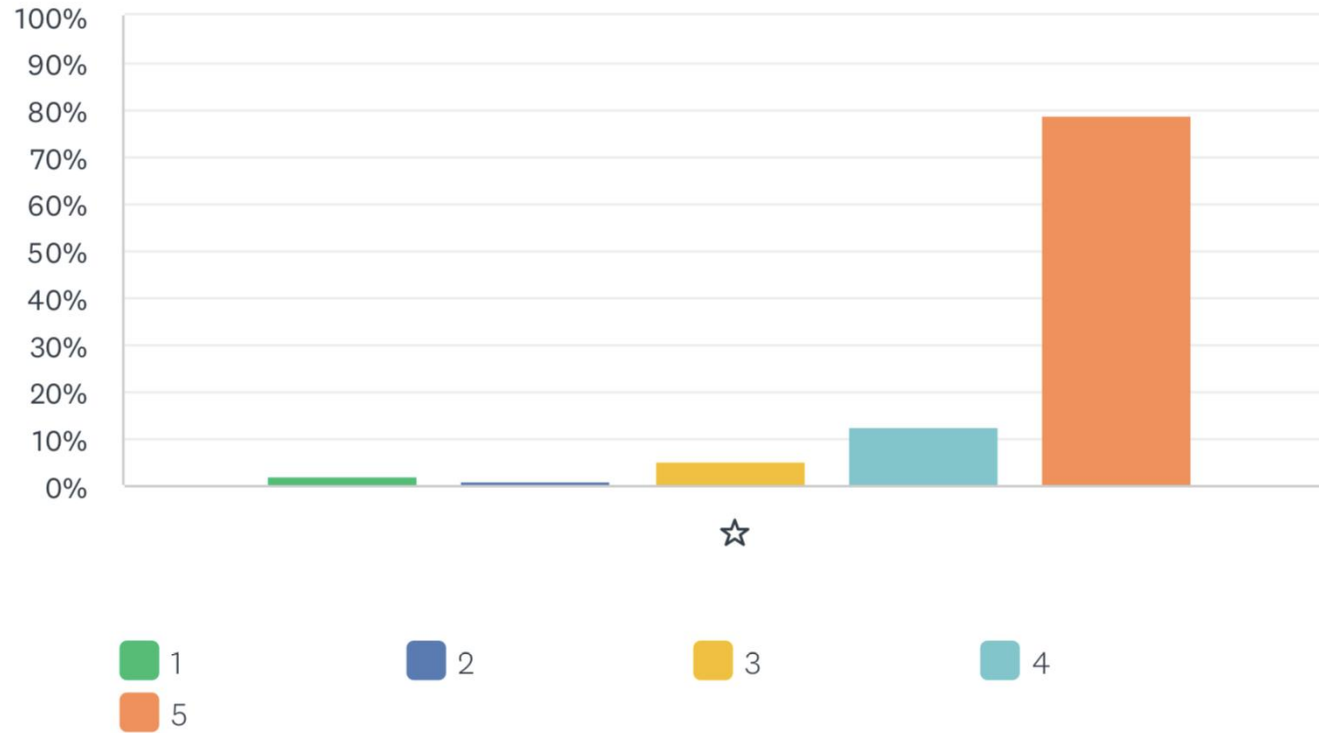# Q8 I received feedback that will increase the quality of care I provide.

Answered: 246   Skipped: 3

Legend:
- 1 (green)
- 2 (blue)
- 3 (yellow)
- 4 (teal)
- 5 (orange)

	1	2	3	4	5	TOTAL	WEIGHTED AVERAGE
☆	0.81% 2	0.81% 2	4.07% 10	10.16% 25	84.15% 207	246	4.76

Q9 The simulations were worth my time.

Answered: 244   Skipped: 5

Legend: 1 (green), 2 (blue), 3 (yellow), 4 (teal), 5 (orange)

	1	2	3	4	5	TOTAL	WEIGHTED AVERAGE
☆	2.05% 5	1.23% 3	5.33% 13	12.70% 31	78.69% 192	244	4.65

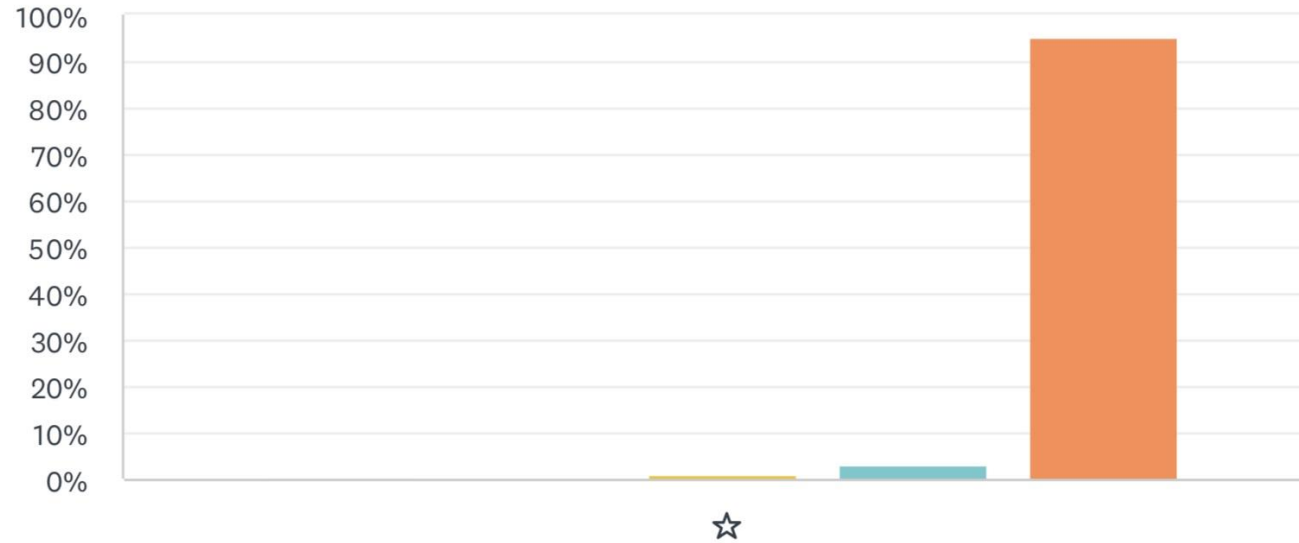# Q10 I am committed to using the trauma informed care approach.

Answered: 248   Skipped: 1

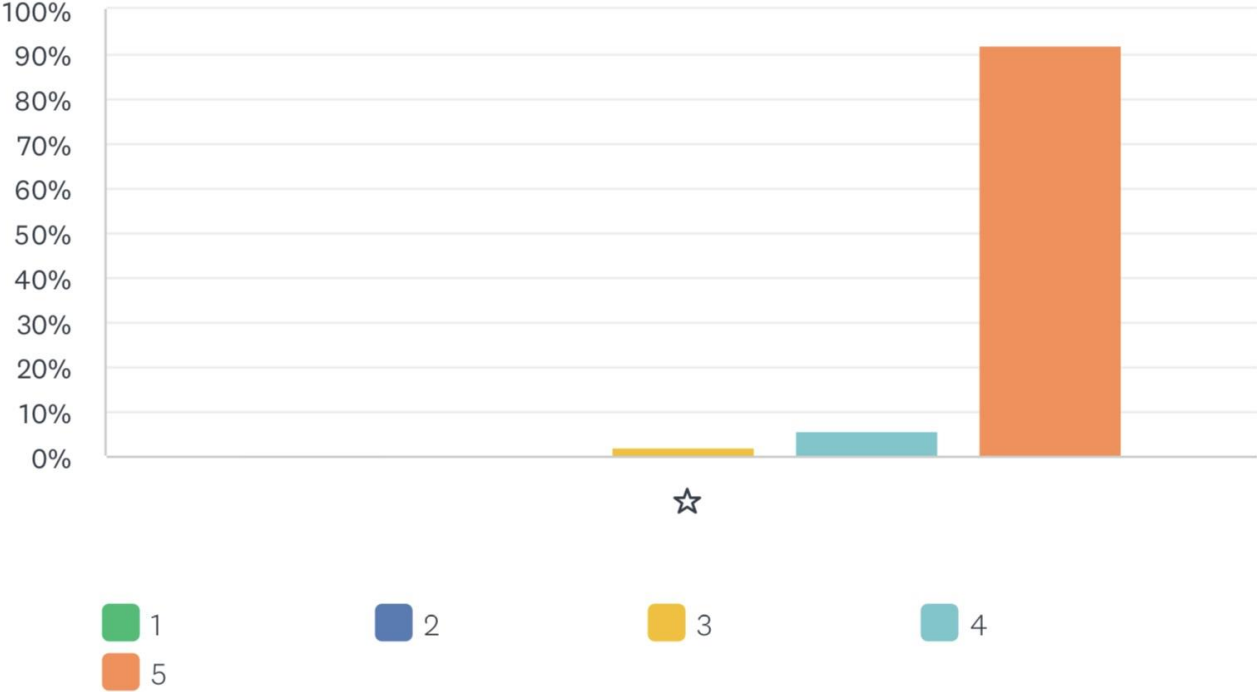|	1	2	3	4	5	TOTAL	WEIGHTED AVERAGE
☆	0.40% 1	0.00% 0	0.40% 1	4.03% 10	95.16% 236	248	4.94

Q11 I believe in the value of this approach.

Answered: 247   Skipped: 2

	1	**2**	**3**	**4**	**5**	**TOTAL**	**WEIGHTED AVERAGE**
☆	0.40% 1	0.00% 0	1.21% 3	3.24% 8	95.14% 235	247	4.93

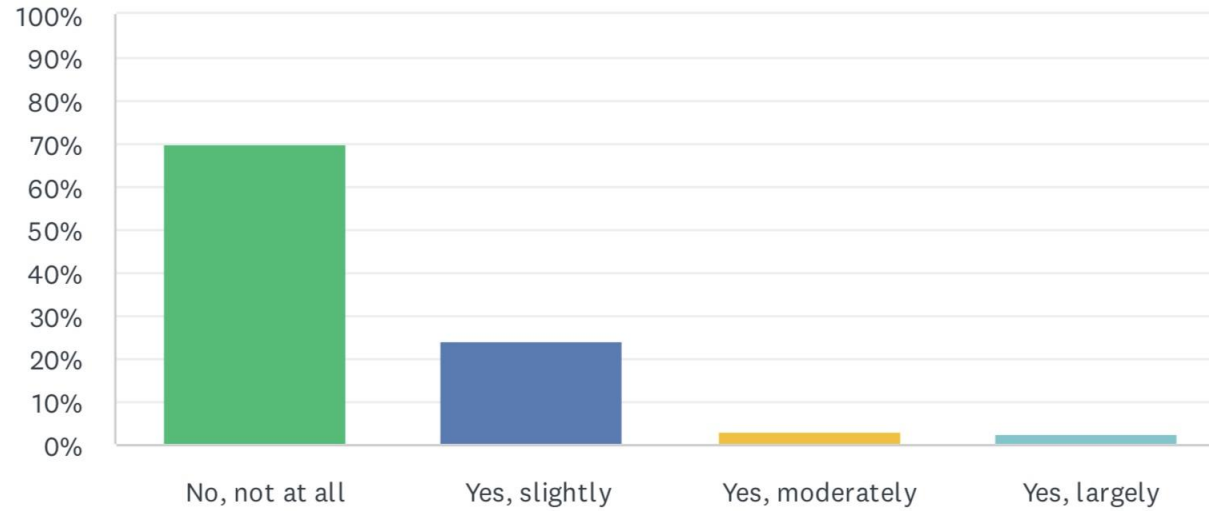# Q12 As a result of this education, I respect patient histories more.

Answered: 248   Skipped: 1

	1	2	3	4	5	TOTAL	WEIGHTED AVERAGE
☆	0.40% 1	0.00% 0	2.02% 5	5.65% 14	91.94% 228	248	4.89

Q13 Was this training traumatizing to you in any way?

Answered: 248   Skipped: 1

ANSWER CHOICES	RESPONSES	
No, not at all	70.16%	174
Yes, slightly	24.19%	60
Yes, moderately	3.23%	8
Yes, largely	2.42%	6
TOTAL		248

HEAL PA

HEALING - EMPOWERMENT - ADVOCACY - LEARNING - PREVENTION - ACTION

Our Mission
To lead and support Pennsylvania in becoming trauma-informed and healing-centered by providing resources, advocacy, and education via a multidisciplinary and multisectoral approach.

Our Vision
Pennsylvania as a place where trauma prevention is the norm, and individuals who experience trauma feel safe, respected, and supported in their healing process.

Our Values
Accountability
Data-driven/ Science-based information
Safety
Self-Care
Equity
Acceptance

FUTURE DIRECTIONS

- Continuation of TIC Trainings (1.0)
- Consideration of next level trainings (2.0) for more in-depth skill training in the areas of:
  - Perinatal loss
  - Racial trauma
  - Sex trafficking
  - Gender-based trauma
  - Provider trauma
- Train-the-trainer model in development
  - Considerations including: competency assessment, repetition of training, platform for trainings, etc