

EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

UPMC | **WESTERN PSYCHIATRIC
HOSPITAL**

“CHAMPIONS”

Clinical Homicide & Aggression Management Practices for Inpatient, Outpatient & Nontraditional Settings (EC19)

February 2, 2024

7:30 AM – Registration
8:00 AM to 4:30 PM – Program

West Wing Auditorium
UPMC Shadyside
First Floor
5150 Centre Ave.
Pittsburgh, PA 15232

Course Director:
Jack Rozel, MD, MSL

INTRODUCTION

At the most basic level, this program is intended to help you improve your competence and confidence in recognizing and managing violence risk across a variety of clinical settings. Just as most agencies expend considerable resources to develop staff skills around suicide risk management, this training is intended to provide similar tools for violence risk management. Initially built to the needs of crisis work, the training has been adapted for use in other clinical settings.

TARGET AUDIENCE

Health providers in mental health, addictions, primary care and emergency medicine who are interested in effectively recognizing and managing people at risk of violence. The content is also extremely relevant for risk management, legal, and security or law enforcement professionals with an interest in preventing violence.

OVERALL GOALS OF THE “CHAMPIONS” TRAINING PROGRAM

- Impart a practical, memorable, and usable framework for recognizing and managing violence risk in clinical settings.
- Create training that engages and uses multiple learning styles for adult / professional learners.
- Provide a training experience that is interactive, timely, engaging and enjoyable.
- Use recovery and risk-mindful values in the training.
- Deliver content that is in full alignment with clinical best practices and institutional standards.
- Prepare clinicians for direct work and decision-making while emphasizing and supporting clear pathways for consultation.
- Support clinicians with the personal impact of working with people who may be violent or may be perceived as violent.
- Provide training and resources that are accessible to new hires and useful to seasoned professionals alike.

FORMAL LEARNING GOALS

At the completion of the program, participants should be able to:

1. Explain the sources and impact of the myth of the “dangerously mentally ill.”
2. Apply the risk factors of history and hostility in the clinical assessment of violence risk.
3. Develop a safety plan targeting dynamic risk factors for violence.
4. Explore reasons consumers may have for owning firearms and effectively discuss safer storage strategies with them.
5. Explain the impact of stress on clinical performance and identify basic strategies for improved self-care.

Course Director and Committee

Course Director



John "Jack" Rozel, MD, MSL

*Medical Director, resolve Crisis Services, UPMC Western Behavioral Health
Co-director, UPMC Systemwide Threat Assessment & Response Team
Professor of Psychiatry, University of Pittsburgh School of Medicine
Adjunct Faculty, University of Pittsburgh School of Law
Affiliate Faculty, University of Pittsburgh Center for Bioethics and Health Law
Pittsburgh, PA*

Dr. Rozel has been working in emergency mental health since 1990 and has been the medical director of resolve Crisis Services of UPMC Western Psychiatric Hospital since 2010. He is a Past President of the American Association for Emergency Psychiatry, the leading national organization dedicated to the improvement of compassionate, evidence-based care for people with psychiatric emergencies. He divides his time between emergency psychiatry and violence work.

Dr. Rozel trains and consults with teams across UPMC and the country on projects related to violence and threat management, staff injury prevention, firearm injury prevention, and crisis and emergency psychiatry. Dr. Rozel is board certified in general, child, and forensic psychiatry. He earned a bachelor's in Biomedical Ethics and an MD at Brown University. He received a Master of Studies in Law from the University of Pittsburgh. He completed his general psychiatry residency and child and forensic psychiatry fellowships at Western Psychiatric Institute and Clinic of UPMC.

Dr. Rozel has served as an incident commander for mass shootings and been involved in the behavioral health response to several mass casualty events. He has contributed to major policy and practice efforts including the National Council for Behavioral Health's report on Mass Violence, the National Suicide Prevention Lifeline's violence management guidelines, the Pennsylvania Governor's Special Council on Gun Violence report, and the AMA et al's Amici brief for the Supreme Court NYSRPA v Bruen case. Dr. Rozel is a member of the Mental Health and Justice Advisory Committee for the Pennsylvania Commission on Crime and Delinquency. In conjunction with the PCCD, he is receiving funding from the US Department of Homeland Security's Center for Prevention Programs & Partnerships to develop regional threat management partnerships in Western Pennsylvania. He serves on the Pennsylvania Special Council on Gun Violence and was recently appointed to the Citizens Law Enforcement Advisory and Review Commission.

Dr. Rozel is a Distinguished Fellow of the American Psychiatric Association and an Honorary Member of the American College of Emergency Physicians. He has been recognized with the Exemplary Psychiatrist Award from the National Alliance on Mental Illness, the Behavioral Healthcare Professional of the Year from CIT International, and the Ralph C. Wilde Leadership Award from the Allegheny County Medical Society, including specialized programs for fire setters and sex offenders.

Committee Members

Noreen Fredrick, DNP, RN

Vice President, Ambulatory and Community Behavioral Health Services
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Kelly O'Toole, MSW, LCSW (Course Director) (She/Her/Hers)

Director of Clinical Care Services, Adult Services
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Tiffany Painter, LCSW

Program Director
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Schedule – February 2, 2024

7:30 a.m.	Registration and Continental Breakfast
8:00 to 9:15 a.m.	Introduction – Dr. Rozel <ul style="list-style-type: none">○ <i>Debunking the Myth of the Dangerously Mentally Ill</i>○ <i>Mental Illness in Criminal Justice and Corrections</i>○ <i>Victimization of People with Mental Illness</i>
9:15 to 9:30 a.m.	Break
9:30 to 11:00 a.m.	Conceptualizing Risk and Violence – Dr. Rozel <ul style="list-style-type: none">○ <i>Managing Violence Risk</i>○ <i>Documenting Formulation</i>
11:00 to 11:15 a.m.	Break
11:15 a.m. to 12:00 p.m.	Gun Access and Safety Issues – Dr. Rozel
12:00-1:00 p.m.	Lunch (on your own)
1:00 to 2:00 p.m.	Violence History – Dr. Rozel <ul style="list-style-type: none">○ <i>Hostility, Threats and the MSE</i>
2:00 to 2:15 p.m.	Break
2:15 to 3:15 p.m.	Other Risk Factors – Dr. Rozel <ul style="list-style-type: none">○ <i>Duties to Third Parties</i>
3:15 to 3:30 p.m.	Break
3:30 to 4:30 p.m.	Consultation and Institutional Policies – Dr. Rozel <ul style="list-style-type: none">○ <i>Situational Awareness for Clinicians, Security, Self-Care and Mutual Support</i>
4:30 p.m.	Adjournment

Continuing Education Credit Information

Physician (CME)

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Healthcare Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Nurses (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 6.5 contact hours.

Psychologists



As a Jointly Accredited Organization, University of Pittsburgh is approved to offer psychology continuing education by the American Psychological Association. University of Pittsburgh maintains responsibility for this course. Psychologists completing this course receive 6.5 continuing education credits.

Counselors



UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for a maximum of 6.5 continuing education hours.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 6.5 continuing education credits.

Other Professionals

Other professionals are awarded .65 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Peer Specialists:** This program fulfills requirements for Certified Peer Specialist continuing education.

1. NBCC and General CEU – Participants will be awarded continuing education contact hour(s) certificate four to six weeks post-conference via e-mail. Please keep these certificates in a safe place. Replacements will cost \$30.
2. CME, ANCC, APA and LSW/LCSW/LPC/LMFT certificates will be issued from the CCEHS registration site.
3. Completing the evaluation is not required, however it is encouraged.
4. Continuing education credits are awarded when a participant attends for the full day. Partial credits are only available for CME.

Please register by January 19, 2024 at: "CHAMPIONS" Clinical Homicide & Aggression Management Practices for Inpatient, Outpatient & Nontraditional Settings (EC19) | UPMC - Center for Continuing Education in the Health Sciences

When registering, please select the appropriate option.

- Non-UPMC participants \$60
- UPMC and WPH staff (with CE/CME credit) \$55
- UPMC and WPH staff (no CE/CME credit) \$50
- STUDENTS (no CE/CME credit) \$15

Tuition includes:

- All registration and conference materials
- Light breakfast
- Continuing education and CME credits at the \$55 and \$60 level

Full tuition must accompany registration. A \$15 administrative fee will be deducted from all refunds for cancellations. **Refunds cannot be issued once the program has begun.**

UPMC WBH employees who would like to be sponsored by their department can request this from their manager. Please have your manager complete the form found [HERE](#) Participants paying with a Departmental Transfer will still need to register online with the code found on the form at the link above, which will bring your conference fee to \$0. Your department will be charged. Your work e-mail address will need to be used when registering. All registrations with this code will be matched against the department transfers that are sent to us from your supervisor or manager.



We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by contacting Nancy Mundy at mundnl@upmc.edu.