

Gateway Medical Society

presents

“ADVANCES IN WOMEN’S HEALTH” *Provider Healthcare Symposium*

SATURDAY, NOVEMBER 18, 2023

8:00 AM - 1:30 PM



Gateway
Medical Society

Closing the Gap.

Community College of Allegheny County
Foerster Student Services Center
2ND Floor Auditorium
808 Ridge Avenue
Pittsburgh PA 15212



**JOIN US IN PERSON
OR VIA ZOOM
OR FACEBOOK LIVE**

**REGISTRATION
IS REQUIRED**

THE GOAL OF THIS PROGRAM IS TO ENHANCE KNOWLEDGE OF COMMON WOMEN’S HEALTHCARE TOPICS

- Learn the origins of and potential solutions to Obstetrical Racism
- Learn the diagnosis and management of Urinary Incontinence
- Learn the diagnosis and management of Polycystic Ovarian Syndrome
- Learn about Birthing Resources within the Community
- Obtain updates from Allegheny County survey and on trending women’s health topics

This activity is approved for the following credit: **AMA PRA Category 1 Credit™**, and **ANCC**. Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

In person CME/CEU’s available
Breakfast & Lunch will be provided
Registration/Breakfast: 7:30 AM
Program: 8:00 AM - 1:30 PM

PROGRAM FACILITATOR:

Tajh Ferguson, MD
Obstetrics and Gynecology, AHN

PROGRAM MODERATOR:

Amaris A. Yandel, DO
Gynecology and Reproductive Sciences, UPMC

SPEAKERS:

Kersthine Andre, MD
The Center for Diabetes and Endocrine Health
Allegheny Health Network

LuAnn Brink, PhD
Chief Epidemiologist
Allegheny County Health Department

Chaunda Cunningham, LSW
Director of Clinical Practice and Home Visiting
Healthy Start

Syreeta Gordon, Certified Birth Doula
Founder, Kangaroo Birthing & Maternity Concierge

G. Sarah Napoe, MD, MS
Urogynecology and Reconstructive Pelvic Surgery
Obstetrics, Gynecology and Reproductive Sciences
UPMC Magee

Danielle L. Smith, MD
Obstetrics & Gynecology, AHN

Dannai Wilson
Deputy Director, Community and Family Health
Allegheny County Health Department

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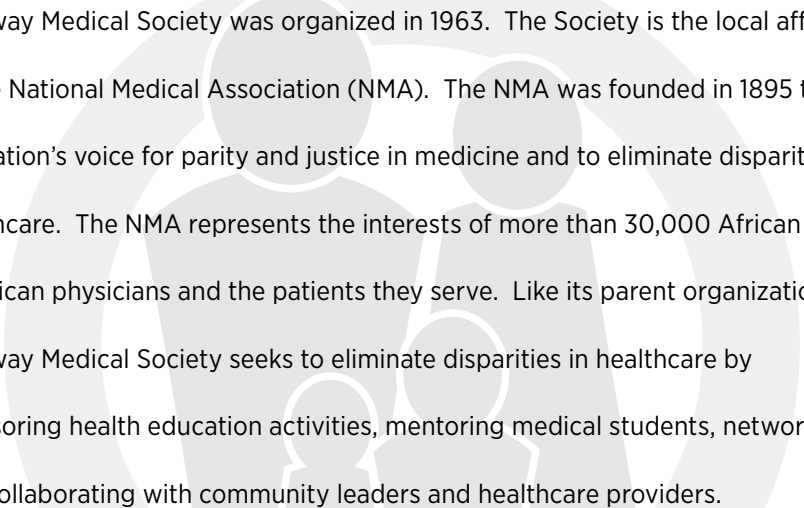
CCAC

About the Gateway Medical Society

MISSION

To enhance the quality of healthcare to minority and socio-economically challenged populations in Southwestern Pennsylvania by promoting public health and addressing the ethnic and racial disparities in health services.

HISTORY



Gateway Medical Society was organized in 1963. The Society is the local affiliate of the National Medical Association (NMA). The NMA was founded in 1895 to be the nation's voice for parity and justice in medicine and to eliminate disparities in healthcare. The NMA represents the interests of more than 30,000 African American physicians and the patients they serve. Like its parent organization, Gateway Medical Society seeks to eliminate disparities in healthcare by sponsoring health education activities, mentoring medical students, networking and collaborating with community leaders and healthcare providers.

MEMBERSHIP

Active membership to Gateway Medical Society is open to any physician licensed to practice medicine, osteopathy and podiatry in the State of Pennsylvania.

Other categories of membership are available.

PLEASE INQUIRE AT

administration@gatewaymedicalsociety.org

412-281-4086

A Message from the President of Gateway Medical Society



Welcome to Gateway Medical Society's Provider Healthcare Symposium entitled "Advances in Women's Health." After over 14 years of annual symposiums and one virtual symposium, this is our first in-person symposium since the onset of the COVID-19 Pandemic. We are happy to be back.

The goal of the program today is to enhance the knowledge of common women's healthcare topics, from the diagnosis and management of physical conditions such as Urinary Incontinence and Polycystic Ovarian Syndrome to important social and practical issues such as origins and solutions to

Obstetrical Racism and familiarity with Birthing Resources within our community. As always, we are looking for ways to eliminate disparities in healthcare outcomes.

Gateway Medical Society has always been and continues to be a champion for minority and socioeconomically deprived patient populations. It is our hope that the topics discussed, and information shared today will facilitate these efforts. We give special thanks to our sponsors - The Highmark Foundation, UPMC, and CCAC, as well as to our planning committee, who put this program together. Most of all, we thank you for your participation today, whether you are joining us in person or electronically via Zoom or Facebook. Your participation in and contribution to our Provider Symposium is invaluable to our efforts to ensure quality healthcare for all.

Sincerely,

Lisa S. Issac, MD

President, Gateway Medical Society

“Advances in Women’s Health” Provider Healthcare Symposium

SATURDAY, NOVEMBER 18, 2023
8:00 AM - 1:30 PM

Community College of Allegheny County
Foerster Student Services Center, 2nd Floor Auditorium
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OBJECTIVES

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- Learn the origins of and potential solutions to Obstetrical Racism
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WHO SHOULD ATTEND

Healthcare professionals from hospitals, health systems, clinics, medical groups, and policy makers; also, anyone with an interest in eliminating health disparities in the Commonwealth of Pennsylvania

PROGRAM OVERVIEW

7:30 am to 7:50 am: **Check in and Registration**

7:55 am to 8:00 am: **Welcome Remarks**
Lisa Issac, MD
President, Gateway Medical Society

Program Moderator **Tajh Ferguson, MD**
Obstetrician & Gynecologist
Associate Designated Institutional Official for
Diversity, Equity and Inclusion, AHN

8:00 am to 9:00 am **Understanding Obstetrical Racism:**
An Ob/Gyn’s Perspective
Danielle Smith-Lubsey, MD, Ph.D
Obstetrics and Gynecology
Allegheny Health Network

“Advances in Women’s Health” Provider Healthcare Symposium

9:00 am to 10:00 am	Polycystic Ovarian Syndrome Kersthine Andre, MD Endocrinology, Diabetes & Metabolism Specialist Allegheny Health Network
10:00 am to 11:00 am	Management of Urinary Incontinence G. Sarah Napoé, MS, MD Urogynecology University of Pittsburgh Physicians Department of Obstetrics and Gynecology
11:00 am to 11:30 am	Lunch
Panel Moderator	Amaris Yandel, DO Obstetrics and Gynecology University of Pittsburgh Physicians Department of Obstetrics and Gynecology
11:30 am to 12:30 pm	Panel Discussion Birthing Resources within the Community Syreeta Gordon Kangaroo Birthing & Maternity Concierge Chaunda Cunningham, LSW Director of Clinical Practice and Home Visiting Healthy Start Inc.
12:30 pm to 1:30 pm:	The Plan for a Healthier Allegheny LuAnn Brink, PhD Chief Epidemiologist Allegheny County Health Department Dannai Wilson Deputy Director Community and Family Health Allegheny County Health Department
1:30 pm	Closing Remarks/Adjournment Tajh Ferguson, MD Obstetrician & Gynecologist Associate Designated Institutional Official for Diversity, Equity and Inclusion, AHN

Thank You for Attending

CME ACCREDITATION AND DESIGNATION STATEMENT

In support of improving patient care, this activity has been planned and implemented by the University of Pittsburgh and Gateway Medical Society. The University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

PHYSICIAN (CME)

The University of Pittsburgh designates this live activity for a maximum of 5.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 5.0 contact hours.

OTHER HEALTH CARE PROFESSIONALS

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

FACULTY DISCLOSURE:

No members of the planning committee, speakers, presenters, authors, content reviewers, and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

DISCLAIMER:

The information presented at this program represents the views and opinions of the individual presenters and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and the University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

PLANNING COMMITTEE

Jan W. Madison, MD., Program Chair
Tajh Ferguson, MD., Program Facilitator
Jerry Ann Allen, MPM,BSN, RN., Program Committee
Tamara Reese, MA. Program Committee



TAJH FERGUSON, MD

Obstetrician & Gynecologist
Associate Designated Institutional Official for
Diversity, Equity, and Inclusion, AHN

Dr. Tajh Ferguson is a board-certified obstetrician-gynecologist and Associate Designated Institutional Official for Diversity, Equity, and Inclusion at Allegheny Health Network (AHN). She is an Assistant Professor at Drexel University College of Medicine

She provides patient-centered, high-quality obstetrical care, along with addressing gynecologic health-related needs including family planning, abnormal uterine bleeding, adolescent gynecology and cervical cancer screenings. Her academic interests include reducing health inequities particularly for Black women and birthing people, and developing innovative diversity, equity and inclusion programs within Graduate Medical Education. Through her role at AHN, she leads recruitment and retention initiatives to increase the number of underrepresented in medicine medical students and trainees. In 2022, she received the Pennsylvania Medical Society's Top Physicians Under 40 Award.

As a prior NIH Academy post-baccalaureate fellow, she spent a year at the NIH engaged in biomedical research with an emphasis on health disparities. She is a graduate of the University of Miami Miller School of Medicine, where she was a member of the longitudinal Jay Weiss Health Equity pathway. Dr. Ferguson completed Obstetrics and Gynecology residency with a Global health certificate at University Hospitals Cleveland Medical Center/Case Western Reserve University.



AMARIS YANDEL, DO

Obstetrics and Gynecology
Magee Women's Hospital, Associate Faculty

Dr. Amaris A. Yandel is an Obstetrics and Gynecology Specialist who is currently associate faculty at Magee Women's Hospital. She is a Pittsburgh native and graduated from Schenley High School in 2005. She graduated with honors from Lake Erie College of Osteopathic Medicine in 2014. She then completed residency training at Reading Hospital and Medical Center in 2018. She is board-certified in obstetrics and gynecology and has a focused practice designation in minimally invasive gynecologic surgery. Dr. Yandel initially began working in Women's Health in 2010 where she worked as a women's health coordinator for The Birth Circle. Her experience working with The Birth Circle doulas inspired her to care for women and to become an advocate for women's health issues. She is passionate about caring for women in the Pittsburgh community. She is bilingual, speaking English and Spanish, and has a whole-person approach to her practice. She is trained extensively in obstetrics and gynecology and has skills in complex obstetrics as well as gynecologic surgery, including minimally invasive surgery, vaginal surgery, and robotics. She is passionate about using her skills to create equity in women's health.

Meet Our Speakers



KERSTHINE ANDRE, MD

Endocrinology, Diabetes & Metabolism Specialist
Allegheny Health Network

Dr. Andre treats patients for diabetes mellitus, thyroid, parathyroid, lipid metabolism, PCOS and general endocrinology conditions. Among her clinical interests are diabetes mellitus and bone diseases.

Dr. Andre received her medical degree from Université Notre Dame d’Haiti, Port-au-Prince, Haiti. She completed her residency in Internal Medicine at Coney Island Hospital, Brooklyn, New York. She furthered her training with a fellowship in Endocrinology and

Metabolism at the AGH-WPH Medical Education Consortium, Pittsburgh, Pennsylvania.

She speaks English, French, and Haitian Creole.



LUANN BRINK, PHD

Chief Epidemiologist
Allegheny County Health Department

LuAnn has over 20 years of experience in the design and conduct of epidemiology studies in both academia and public health practice – over 9 years at the Executive level as Deputy Director at the Allegheny County Health Department. In this capacity, she oversees three epidemiology and surveillance programs, Infectious, Chronic, and Overdose analyses. She was recently named one of “20 People to Know in Health Care” by the Pittsburgh Business Times. Dr.

Brink led a team to establish COVID wastewater testing in Allegheny County, including nine treatment plants, the public health laboratory, and researchers from Carnegie Mellon University. She was previously Co-Director for the University of Pittsburgh Academic Center of Excellence to the CDC’s Environmental Public Health Tracking Network, where she conducted research on the concentrations of national air lead estimates and childhood blood lead concentrations, as well as air pollution and both birth outcomes and asthma exacerbations in Allegheny County, PA. She received her doctorate in epidemiology in 1999 from the University of Pittsburgh and currently serves as adjunct faculty.

Meet Our Speakers



CHAUNDA CUNNINGHAM, LSW

Director of Clinical Practice and Home Visiting
Healthy Start Inc.

Chaunda Cunningham is the Director of Clinical Practice and Home Visiting at Healthy Start, Inc., an organization that works to improve maternal and child health and address disparities that lead to higher rates of poor birth outcomes, including infant and maternal mortality, among Black women and children. Chaunda started her journey working at Healthy Start, Inc. as the Team Lead for Moving Beyond Depression (MBD) In-Home Cognitive Behavioral Therapy treatment program, working with individuals during the perinatal period who are suffering from depression. Her work has since expanded to include oversight of the multidisciplinary team providing a full scope of prenatal and postpartum support to Healthy Start families through community engagement, case management, education, advocacy, and navigation of resources to our client population.

Chaunda serves as co-chair of the Moving on Maternal Depression (MOMD) initiative with the Pennsylvania Perinatal Quality Collaborative and, in 2020, co-facilitated the creation and implementation of a change package impacting perinatal depression and anxiety screenings for women of color throughout Pennsylvania in various healthcare settings, with a goal of supporting more equitable outcomes and reduced disparities for birthing people and babies throughout the state.

Chaunda serves as a Board Member of the Postpartum Pittsburgh, where the vision is that all birthing individuals and their supports in Western Pennsylvania will have access to equitable and current mental health treatment and resources.

Chaunda's experiences as a licensed social worker, trained doula, former maternal and child health home visitor, and family therapist, combined with personal experience as a mother of young, breastfed children, have given her a unique perspective of the challenges new parents face when attempting to access resources and care. As a therapist, she knows firsthand that an individual's ability to address their mental health is intrinsically linked to their ability to meet basic needs, such as obtaining and maintaining secure and safe housing and utilities, healthy food, and other necessities. If their basic needs are not met, families cannot function or thrive in environments where they are already vulnerable.

Meet Our Speakers



SYREETA GORDON

Kangaroo Birthing & Maternity Concierge

Syreeta Gordon is a wife and mother of (4) as well as a certified DONA International birth and postpartum doula of Kangaroo Birthing & Maternity Concierge, LLC. She has been an entrepreneur for over six years, providing support and guidance to mothers throughout the prenatal, birth, and postpartum period. At the beginning of her career, she started her work with families and children, as an educator within the Pittsburgh Public School District and leading other youth programs throughout her community. She

founded Unshakeable Motherhood, a fiscally sponsored non-profit sister arm of New Sun Rising, based on the disconnect that she witnessed in her community with the lack of transitional support and motherhood educational empowerment. Out of the darkness of a global pandemic when doulas were shut out of hospitals, the NurturHer App was launched with the support of Pittsburgh “A Safer Childbirth City,” WHAM Global, Neighborhood Allies, Allegheny County Health Department & Healthy Start that allowed their team to serve mothers that have minimal access by providing support that encourages mothers to rest and recover postpartum. The mommy concierge app is a multifaceted tool, seamlessly integrating advanced technologies to create a nurturing space, resource accessibility, and impactful platform for birth and postpartum recovery support.

Meet Our Speakers



G. SARAH NAPOÉ, MS, MD

Urogynecology
University of Pittsburgh Physicians
Department of Obstetrics and Gynecology

G. Sarah Napoé, MD, MS is an Assistant Professor in the Division of Urogynecology and Reconstructive Pelvic Surgery in the Department of Obstetrics, Gynecology and Reproductive Sciences at the University of Pittsburgh School of Medicine and UPMC Magee-Womens Hospital.

Her research interests are on improving access to care for pelvic floor disorders for Black Women. She is the recipient of the American Urogynecologic Society grant to study “Black Women’s Experiences with Urinary Incontinence” and a National Institutes of Health (NIH) grant to study the “Association of nocturia with weight status by race and ethnicity in American women”. She is also a co-investigator on a multicenter NIH-funded study on “Patient-Centered Outcomes of Sacrocolpopexy versus Uterosacral Ligament Suspension for the Treatment of Uterovaginal Prolapse.”

In addition to her work as a urogynecologist, Dr. Napoé is passionate about improving the diversity of the OBGYN workforce. She serves as her department’s ombudsperson for diversity and has been instrumental in recruiting underrepresented minority residents to UPMC Magee-Womens Hospital OBGYN residency which now includes nearly 30% Black and Latina residents. She also serves as the Residency Education Director for Urogynecology and an Ombudsperson for the University of Pittsburgh School of Medicine.

Dr. Napoé is a graduate of the University of Pittsburgh School of Medicine. She completed a residency in Obstetrics and Gynecology at Harvard’s Integrated program at Brigham and Women’s Hospital and Massachusetts General Hospital. Her fellowship in Female Pelvic Medicine and Reconstructive Surgery was at Brown University. She is board certified in Obstetrics and Gynecology and Female Pelvic Medicine and Reconstructive Surgery.

Meet Our Speakers



DANIELLE SMITH-LUBSEY, MD, PHD

Vice Chair of Obstetrics, AHN
Medical Director for Obstetrics, WPH
DEI Officer, Women's Institute

Danielle Smith-Lubsey, MD, Ph.D. serves as the Vice Chair of Obstetrics for the Women's Institute at Allegheny Health Network (AHN). She is also the Medical Director for Obstetrics at West Penn Hospital (WPH) and the Institute's Diversity, Equity, and Inclusion Officer. Her work focuses on strategic collaborations with a multidisciplinary team to create safe and welcoming pregnancy and birthing experiences for families who seek care at AHN. As Medical Director of Obstetrics, she is responsible for providing oversight for the day-to-day operations of the labor and delivery unit at WPH. In addition, she works with a team of colleagues to facilitate the development of policies and protocols that drive obstetrics' best practices, quality improvement, and healthcare equity. She is also committed to assisting in the recruitment and retention of a diverse workforce, promoting inclusion in the community and working environment, and increasing access to equitable care for women and birthing persons in Pittsburgh.

Dr. Smith-Lubsey completed her undergraduate degree at the University of Maryland and earned her MD and PhD degrees at Yale University School of Medicine. She subsequently completed her residency in Obstetrics and Gynecology at UPMC Magee Women's Hospital. She joined AHN in 2017, where she transitioned from a partner position at Western PA Women's Healthcare Associates. She is a member of the Century Medical Associates group, through which she provides general obstetrics and gynecologic care in the outpatient setting as well as OB hospitalist services at the WPH labor and delivery unit.

Meet Our Speakers



DANNAI WILSON

Deputy Director
Community and Family Health
Allegheny County Health Department

Dannai Wilson, is the Deputy Director in the Bureau of Community and Family Health at the Allegheny County Health Department. She has served Southwestern Pennsylvania in the areas of business, social services, and public health for more than 25 years. At the Health Department, she oversees programs designed to promote the health and well-being of Allegheny County residents across the lifecourse. These programs include Office of Violence Prevention, Office of Family Child Health, Women, Infants, and Children's Program (WIC), and Chronic Disease and Injury Prevention. Her bureau strives to end racial disparities in health and uphold equitable values for all through effective collaboration with community members and organizations. Her team convenes multiple coalitions to ensure the public is involved at every stage of the process including breastfeeding, home visiting, infant mortality, chronic disease, and violence reduction. She was an inaugural member of the Governor's Maternal Mortality Review Committee and serves on the Board of Directors for Just Harvest, Healthy Start, Inc, The Children's Cabinet, Footbridge for Families, Black Women's Policy Agenda, and Southwest Area Health Education Center (AHEC). She also dedicates her time to other advisory committees at the state and local level including PA Pregnancy Risk Assessment Monitoring System (PRAMS), Women's Health Activist Movement Global (WhamGlobal), The Pittsburgh Study (Infant and Toddler Cohort), University of Pittsburgh Office of Child Development, and Black Environmental Collective. She is a Carlow University alumna. She received a bachelor's degree in Communications and a master's degree in Organizational Leadership. She is a Pittsburgh native. Mrs. Wilson is a military wife, mother, and grandmother. She often imagines a Pittsburgh where all residents experience ALL this great City has to offer.

**GATEWAY MEDICAL SOCIETY
WOULD LIKE TO ACKNOWLEDGE THE
CONTRIBUTIONS OF THE FOLLOWING PEOPLE:**

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CCEHS Staff

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