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**DRAFT**

**Cohort 1: Pathfinders
November 9, 2023**

**9:00am – 12:00pm**

**Virtual Zoom:** <https://us06web.zoom.us/j/89149423773?pwd=VPOkHWwy7a8IBY6aMlGBoDzgSxd5tO.1>

Meeting ID: 891 4942 3773

Passcode: 431910

SW Credit Course Title: Harm Reduction: Working with Clients and their Support System

No. of credit hours: 1.5 for SW

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| Time | Component  | Content | Presenter/Facilitator |
| 8:30 AM | Check-in | Open Zoom Meeting | *-Jess: make staff co-hosts, hit record, spotlight speaker(s)**-Scotland: screenshots**-Jen: monitor chat, run breakouts* |
| 8:50 AM |  | Tech check with Alice Bell | *Jen to run slides* |
| 9:05 AM | Welcome & Introductions | **Open with Grounding Exercise*** 5-4-3-2-1
* Chat: Feelings check in - How are you feeling today? What do you need from the group or someone in the room?

**Reflections** * What has been your experience returning to your workplace after the October session?
* Have you been able to apply lessons from the discussions on Ethics or applied what you heard into your work?

*Introduce Alice Bell* | Jessica Segal, LCSW*Behavioral Health Program Associate*Bridget McNamee, MID, *Behavioral Health Project Manager, Jewish Healthcare Foundation* |
| 9:30 AM | Harm Reduction | **Harm Reduction Overview and Community Examples.*** *Describe harm reduction philosophy and how it differs from traditional models.*
* *Attendees will be able to examine how harm reduction could be implemented in various contexts*
* *Attendees will develop models for how the role of family members, friends, and community resources can integrate with a harm reduction model.*

**Community Spotlight: Prevention Point Pittsburgh*** *Services and programs offered*
* *Referral process*
 | Alice Bell, LCSW*Overdose Prevention Project Director, Prevention Point Pittsburgh* |
| 10:15 AM | Break | **10 min Break** |  |
| 10:25 AM | Debrief | **Questions and Answers: Harm Reduction** * *Fellow debrief with Alice regarding content and context*
 | Alice Bell |
| 10:35AM | Breakout Groups  | **Applying Harm Reduction Approaches*** *Small group discussions*
	+ *Micro level: how can you (or do you) implement harm reduction practices into your work?*
	+ *Meso level: how can you (or do you) support clients and families in practicing harm reduction approaches?*
	+ *Macro level: how can you support organization-wide implementation of harm reduction approaches at your organization?*
		- *Do you have harm reduction focused policies?*
 | Alice BellJHF Staff |
| 11:05 AM | Large Group | **Applying Harm Reduction Approaches: Debrief*** *Each breakout group reports on the questions*
* *Large group discussion*
 | AliceJHF Staff |
| 11:35 AM | Information Gathering | **Survey Activity***Help us think through how we can best create future sessions for you.**Scotland: QR code for survey + link in the chat* | Bridget |
| 11:45 AM | Wrap-up and Reminders | **Reflections and Take-aways:*** Aha’s from the session
* Reflection Questions (How support one another over the course of the cohort?)
* **Next session**: Thursday, December 7th, 9:00 am- 12:00 pm, in-person
* **CEU Survey Deadline**: December 14th

4 question survey at end of session*\*CEU email: Jen send November 10th*  | Bridget |
| 11:45 AM | Self-care | **Identify and Practice a Self-care Activity** | Fellows |
| 12:00 PM | Departure |  |  |