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**DRAFT**

**Cohort 1: Pathfinders  
November 9, 2023**

**9:00am – 12:00pm**

**Virtual Zoom:** <https://us06web.zoom.us/j/89149423773?pwd=VPOkHWwy7a8IBY6aMlGBoDzgSxd5tO.1>

Meeting ID: 891 4942 3773

Passcode: 431910

SW Credit Course Title: Harm Reduction: Working with Clients and their Support System

No. of credit hours: 1.5 for SW

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| Time | Component | Content | Presenter/Facilitator |
| 8:30 AM | Check-in | Open Zoom Meeting | *-Jess: make staff co-hosts, hit record, spotlight speaker(s)*  *-Scotland: screenshots*  *-Jen: monitor chat, run breakouts* |
| 8:50 AM |  | Tech check with Alice Bell | *Jen to run slides* |
| 9:05 AM | Welcome & Introductions | **Open with Grounding Exercise**   * 5-4-3-2-1 * Chat: Feelings check in - How are you feeling today? What do you need from the group or someone in the room?   **Reflections**   * What has been your experience returning to your workplace after the October session? * Have you been able to apply lessons from the discussions on Ethics or applied what you heard into your work?   *Introduce Alice Bell* | Jessica Segal, LCSW  *Behavioral Health Program Associate*  Bridget McNamee, MID, *Behavioral Health Project Manager, Jewish Healthcare Foundation* |
| 9:30 AM | Harm Reduction | **Harm Reduction Overview and Community Examples.**   * *Describe harm reduction philosophy and how it differs from traditional models.* * *Attendees will be able to examine how harm reduction could be implemented in various contexts* * *Attendees will develop models for how the role of family members, friends, and community resources can integrate with a harm reduction model.*   **Community Spotlight: Prevention Point Pittsburgh**   * *Services and programs offered* * *Referral process* | Alice Bell, LCSW  *Overdose Prevention Project Director, Prevention Point Pittsburgh* |
| 10:15 AM | Break | **10 min Break** |  |
| 10:25 AM | Debrief | **Questions and Answers: Harm Reduction**   * *Fellow debrief with Alice regarding content and context* | Alice Bell |
| 10:35AM | Breakout Groups | **Applying Harm Reduction Approaches**   * *Small group discussions*   + *Micro level: how can you (or do you) implement harm reduction practices into your work?*   + *Meso level: how can you (or do you) support clients and families in practicing harm reduction approaches?*   + *Macro level: how can you support organization-wide implementation of harm reduction approaches at your organization?*     - *Do you have harm reduction focused policies?* | Alice Bell  JHF Staff |
| 11:05 AM | Large Group | **Applying Harm Reduction Approaches: Debrief**   * *Each breakout group reports on the questions* * *Large group discussion* | Alice  JHF Staff |
| 11:35 AM | Information Gathering | **Survey Activity**  *Help us think through how we can best create future sessions for you.*  *Scotland: QR code for survey + link in the chat* | Bridget |
| 11:45 AM | Wrap-up and Reminders | **Reflections and Take-aways:**   * Aha’s from the session * Reflection Questions (How support one another over the course of the cohort?) * **Next session**: Thursday, December 7th, 9:00 am- 12:00 pm, in-person * **CEU Survey Deadline**: December 14th   4 question survey at end of session  *\*CEU email: Jen send November 10th* | Bridget |
| 11:45 AM | Self-care | **Identify and Practice a Self-care Activity** | Fellows |
| 12:00 PM | Departure |  |  |