

“Supporting LGBTQ+ People in Behavioral Health Settings”

December 15, 2023

12:00pm – 1:30pm

Format: Zoom Workshop (Virtual)

Course Director:

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Planning Committee:

- Layla Banihashemi, PhD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
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- Traci Kennedy, PhD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Tushita Mayanil, MD, Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine
- Rameshwari V. Tumuluru, MD, Professor of Psychiatry, University of Pittsburgh School of Medicine
- Lori Zippay, BA, Administrator, Department of Psychiatry, University of Pittsburgh School of Medicine and UPMC Western Psychiatric Hospital
- Harriet Wortzman, EdD, Manager of Clinician Education and Academic Manager, Department of Psychiatry, University of Pittsburgh School of Medicine and UPMC Western Psychiatric Hospital

Lead Presenter:

Kristen L. Eckstrand, MD, PhD
Assistant Professor of Psychiatry, University of Pittsburgh
Medical Director, UPMC LGBTQ+ Health Quality
Medical Director, SAFE, SAFETY & PFE Programs
UPMC Western Psychiatric Hospital

Audience:

Psychologists, Western Psychiatric Hospital Staff and Faculty, and other Mental Health Professionals

Credit/s: One (1.5) Continuing Medical Education (CME) Credit

Accreditation and Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity

Workshop Schedule

12:00pm	Introduction: Rameshwari V. Tumuluru, MD
12:05pm	Overview and presentation of five (5) affirming interpersonal skills to support LGBTQ+ people; Review materials on LGBTQ+ resources: Kristen L. Eckstrand, MD PhD
12:20pm 12:25pm 12:45pm	<p>Introduction (to) and Small Group Discussions:</p> <p>Small Group Breakout #1 (with facilitators):</p> <p>Vignette #1: Collection of Sexual Orientation and Gender Identity</p> <p>Vignette #1 introduces a scenario at an outpatient mental health clinic location where the sexual orientation and gender identity of a few clients were categorized incorrectly. Through discussion and understanding the workflow in one's area, individuals can develop a better sense of who is responsible for collecting the correct information.</p> <p>Discussion Questions:</p> <ol style="list-style-type: none"> 1. What information can be collected in the electronic health record about sexual orientation and gender identity (SOGI)? 2. What are possible methods that SOGI data can be collected in clinics? What are some of the reasons why clinics might use one method over another? 3. What are the strengths and weaknesses for how Epic collects SOGI information? 4. Would you use the same SOGI responses that EPIC uses in a research setting? 5. How could SOGI data collection be encouraged in your own clinical and research settings? <p>Small Group Breakout #2 (with facilitators):</p> <p>Vignette #2: Supporting an Employee Transitioning in the Workplace</p> <p>Vignette #2 introduces a scenario within the workplace where a peer informs the team that they will be using a new name and pronouns. However, the information still reflects the old name (dead name) within their email as it has not been updated. A member of the team has struggled with the processes causing apparent distress.</p>

	<p>Discussion Questions:</p> <ol style="list-style-type: none"> 1. What is your role as a co-worker when an employee is transitioning? 2. What is the role of a supervisor when an employee is transitioning? 3. Where can you find resources at UPMC to support your coworker?
1:05pm	<p>Large group discussion and question/answer session:</p> <p>Each smaller Zoom breakout discussion group will be moderated by facilitators: Drs. Charlotte Brown, Natacha De Genna, Danella Hafeman, Leslie Horton, Traci Kennedy, Kimberly Mathos, Tushita Mayanil, Sarah Pedersen, Brain Thoma, Michael Travis, Rameshwari Tumuluru, Mary Woody, and Kymberly Young, and Emma Win and Jaely Wright. The smaller groups will reconvene after each vignette to discuss and then come together for a larger discussion and Q&A session. Some questions to consider are: 1) What are some of the feelings you experienced during the breakout discussions when considering support for LGBTQ+ patients and employees; 2) What are some of the ways we could better support LGBTQ+ patients and employees; 3) What are some of the resources that UPMC offers that you learned about?</p>
1:30pm	<p>Ending Comments, Adjourn</p>

Audience:
Psychologists, Western Psychiatric Hospital Staff and Faculty, and other Mental Health Professionals

Learning Objectives. At the conclusion of this workshop participants will be able to:

1. Identify 5 affirming interpersonal skills to support LGBTQ+ people
2. Discuss strategies for accurately collecting sexual orientation and gender identity demographics
3. Practice strategies for supporting transgender and gender diverse people

Faculty Disclosure:
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