**A picture containing screenshot, design

Description automatically generated**

Drum circle on 2nd Floor

Annotated Agenda/ Working Draft

12.18.23

**BH Hellos (Cohort 2)  
January 18, 2024**

**9:00am – 5:00pm**

**JHF Offices**| EQT Plaza, 625 Liberty Ave, Ste. 2500, Pittsburgh, PA 15222

SW CEU Credit Course Title: Cultural Humility in Behavioral Health

Requested SW CEU Credits: 3.25 hrs

Application Due: Dec. 18

Prework: Share on THC what populations they work with and post videos to view to prime for discussions (Carol)

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| --- | --- | --- | --- |
| Time | Component | Content | Presenter/Facilitator |
| 8:30 AM | Check-in | Light breakfast refreshments | *Bridget C* |
| 9:05 AM | Welcome & Introductions  *\*remind of parking lot* | **Open with Sanctuary Model** (slide)   * How are you feeling today? * What do you need from the group or someone in the room? * What will you bring to the group?   *Intro: name, role, org*  *Share: an example of a valuable cultural humility training or area of interest related to cultural humility*  **Reflections**   * What has been your experience returning to your workplace after the December session? * Have you been able to apply lessons from discussions during our last session? | Jessica Segal, LCSW  *Behavioral Health Program Associate*  *Jewish Healthcare Foundation*  Bridget McNamee, MID, *Behavioral Health Project Manager, Jewish Healthcare Foundation* |
| 9:35 AM | Group Intention Setting  [1.5hrs CEUs] | **Setting the Stage to Discuss Cultural Humility**   * Define Cultural Humility and application in behavioral health.   Group Discussion:   * Set intentions as a large group.   + The session is not intended to fully cover this topic; give insight to various populations across the Pittsburgh region.   + What would the group like to explore in future sessions?   + Utilize parking lot to record areas of interest. | Rachel Vinciguerra  *Director of National Programs,*  *Hello Neighbor*  (confirmed, need COI) |
| 11:00 AM | Break |  |  |
| 11:15 AM |  | BH Fellow Spotlight | TBD |
| 11:45-12:45 | Lunch |  |  |
| 12:45 PM | Resources and Application  [1.25 hrs CEU] | **Panel Discussion: Community Organizations Serving Allegheny County**  *Questions:*   * *How can fellows make connections between their clients and these organizations?* | Coley Alston, MPH  *Program Director,*  *Hugh Lane Wellness Foundation*  (in process of confirming)  Courtney Abegunde-  *Program Manager of Implementation and Evaluation, Steel Smiling*  (confirmed, waiting on COI) |
| 2:00 PM  (0.5 CE hrs.) | Breakout Discussion: how apply what learned  [0.5hrs CEUs] | **Small Group Discussion/Application**   * What they heard in the morning.. – What are you processing? Did anything surprise you? * What are your experiences working with people from different cultures? * How can you as a leader use this information with your organization? | Small breakouts with Coley and Courtney |
| 2:30 PM | Self-care Activity | **TBD** |  |
| 3:05 PM |  | **Break/transition to 2nd floor** |  |
| 3:30 PM | 2nd Floor | Drum Circle  3:30-4:30 pm | Music for Life of Pittsburgh, LLC  Stephanie and Robert Miller |
| 4:30 PM | Wrap-up and Reminders | * Take aways. * Reflection Questions (How to support one another over the course of the cohort?) * Kudos and posting on Tomorrow’s Healthcare collaboration platform. * **Next session**: * *Ask to take short survey at session: Scotland (QR code)* |  |
| 5:00 PM | Departure |  |  |