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Drum circle on 2nd Floor

Annotated Agenda/ Working Draft

12.18.23

**BH Hellos (Cohort 2)
January 18, 2024**

**9:00am – 5:00pm**

**JHF Offices**| EQT Plaza, 625 Liberty Ave, Ste. 2500, Pittsburgh, PA 15222

SW CEU Credit Course Title: Cultural Humility in Behavioral Health

Requested SW CEU Credits: 3.25 hrs

Application Due: Dec. 18

Prework: Share on THC what populations they work with and post videos to view to prime for discussions (Carol)

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| Time | Component  | Content | Presenter/Facilitator |
| 8:30 AM | Check-in | Light breakfast refreshments | *Bridget C* |
| 9:05 AM | Welcome & Introductions*\*remind of parking lot* | **Open with Sanctuary Model** (slide)* How are you feeling today?
* What do you need from the group or someone in the room?
* What will you bring to the group?

*Intro: name, role, org**Share: an example of a valuable cultural humility training or area of interest related to cultural humility***Reflections** * What has been your experience returning to your workplace after the December session?
* Have you been able to apply lessons from discussions during our last session?
 | Jessica Segal, LCSW*Behavioral Health Program Associate* *Jewish Healthcare Foundation*Bridget McNamee, MID, *Behavioral Health Project Manager, Jewish Healthcare Foundation* |
| 9:35 AM | Group Intention Setting [1.5hrs CEUs] | **Setting the Stage to Discuss Cultural Humility** * Define Cultural Humility and application in behavioral health.

Group Discussion: * Set intentions as a large group.
	+ The session is not intended to fully cover this topic; give insight to various populations across the Pittsburgh region.
	+ What would the group like to explore in future sessions?
	+ Utilize parking lot to record areas of interest.
 | Rachel Vinciguerra*Director of National Programs,**Hello Neighbor*(confirmed, need COI) |
| 11:00 AM | Break  |  |  |
| 11:15 AM |  | BH Fellow Spotlight | TBD |
| 11:45-12:45 | Lunch |  |  |
| 12:45 PM | Resources and Application[1.25 hrs CEU] | **Panel Discussion: Community Organizations Serving Allegheny County** *Questions:* * *How can fellows make connections between their clients and these organizations?*
 | Coley Alston, MPH*Program Director,**Hugh Lane Wellness Foundation*(in process of confirming)Courtney Abegunde-*Program Manager of Implementation and Evaluation, Steel Smiling*(confirmed, waiting on COI) |
| 2:00 PM(0.5 CE hrs.) | Breakout Discussion: how apply what learned[0.5hrs CEUs] | **Small Group Discussion/Application*** What they heard in the morning.. – What are you processing? Did anything surprise you?
* What are your experiences working with people from different cultures?
* How can you as a leader use this information with your organization?
 | Small breakouts with Coley and Courtney |
| 2:30 PM | Self-care Activity | **TBD** |  |
| 3:05 PM |  | **Break/transition to 2nd floor** |  |
| 3:30 PM | 2nd Floor | Drum Circle3:30-4:30 pm | Music for Life of Pittsburgh, LLCStephanie and Robert Miller |
| 4:30 PM | Wrap-up and Reminders | * Take aways.
* Reflection Questions (How to support one another over the course of the cohort?)
* Kudos and posting on Tomorrow’s Healthcare collaboration platform.
* **Next session**:
* *Ask to take short survey at session: Scotland (QR code)*
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| 5:00 PM | Departure |  |  |