

## Central PA APP DEI Event: UPSTANDER

January 31, 2024

5p-8p

Virtual through Microsoft Teams

### 5p-8p:

Speaker introduction by Alexandra Mastro, PA-C, MPAS

APP Supervisor, Division of Newborn Medicine Central PA Region

Co-Chair Service Committee, CPA APP Advisory Service Committee

### **APP DEI**

Title: Becoming an UPSTANDER: Action Tools to Create a Safe, Empowering Environment

Presenter: **Rickquel Tripp, MD MPH CDR USN FAEMS**

Vice Chair of Diversity, Equity, & Inclusion for UPMC Medical Education

Vice Chair of Diversity, Inclusion, & Health Equity for Department of Emergency Medicine

Ombudsperson, Department of Emergency Medicine

### Learning objectives:

1. Understand bystander effect and reason to become an UPSTANDER to counter injustice in the workplace
2. Understand most recent data on implicit bias and how results found that bias negatively impacts patient care, leading to greater health disparities
3. Learn definitions of explicit and implicit bias, types of microaggressions, and allyship in order to better comprehend systemic racism
4. Learn how to mitigate individual bias and practice IQEE framework to improve patient health outcomes and fostering a more diverse, inclusive, and equitable environment

### *Conference Adjournment 8p*

### Required Statements:

TARGET AUDIENCE

CRNP, CRNA, CNM, PA-C, and Physician

### Accreditation and Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 3.0 contact hours.

### Physician Assistant (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 3.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

### Disclaimer Statement

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### Faculty Disclosure:

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