

# EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

UPMC | WESTERN PSYCHIATRIC  
HOSPITAL

*Children's Community Pediatrics presents...*

***2024 TiPS Behavioral Health and Pediatric Primary Care  
Conference – Autism and Developmental Disorders in Focus  
(EC21)***



***Friday, April 26, 2024  
8:30 AM to 4:30 PM***

***In-person:  
Sheraton Station Square  
300 W Station Square Drive, Pittsburgh, PA 15219  
Registration – 8:00 AM to 8:30am***

***Course Director  
Abigail Boden Schlesinger, MD***

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[www.oerp.pitt.edu](http://www.oerp.pitt.edu)

## ***2024 TiPS Behavioral Health and Pediatric Primary Care Conference – Autism and Developmental Disorders in Focus***

### **Introduction**

TiPS is a Pennsylvania HealthChoices program designed to increase the availability to child psychiatry consultation teams regionally and telephonically to primary care providers, for children insured by either Pennsylvania's Medical Assistance (Medicaid) Program or Children's Health Insurance Program (CHIP). In addition to real time peer to peer consultation, TiPS provides free training and education to pediatric practitioners on a variety of behavioral health topics that are relevant to primary care.

The UPMC Children's TiPS teams serves providers who see children and adolescents in the northwestern and southwestern Health Choices Zones and secured additional funding to expand service to include children insured by UPMC Advantage. Based on feedback from providers calling the UPMC Children's TiPS line, as well as feedback from our recent trainings & conferences, there was a strong interest in focusing our training efforts in 2024 to address the needs of children & adolescents with Autism and Intellectual/Developmental Disabilities (IDD). We developed a steering committee which consists of pediatric primary care, behavioral health, intellectual disability, autism spectrum professionals and families. This committee helped create a day-long experience whereby experts in the field of Autism and IDD, including families, work together to help guide us on how we can better meet the needs of patients/families with ASD and/or IDD in medical settings, specifically the primary medical home.

This conference is being sponsored by the UPMC Children's Community Pediatrics Children's TIPS Team and co-funded by Pennsylvania HealthChoices and UPMC Health Plan. Additional philanthropic support was made possible by UPMC Children's Hospital Foundation

### **Who Should Attend**

- Pediatric Primary Care Physicians, Family Practice Physicians, and Advanced Practice Providers (PA, DNP, CRNP), and Behavioral Health Providers working in a primary care office who practice in the northwestern, and southwestern PA counties.
- Behavioral Health Providers practicing in community settings.
- Parents/caregivers of a child diagnosed with ASD and/or IDD.

If you have any questions, please contact Colleen Gianneski at 724.933.3912, ext. 272.

There is no charge to attend this conference, however registration is required, and space is limited. There will be no virtual option for this conference, but TIPS will be offering additional virtual training for primary care providers later this year.

## Learning Objectives

**At the completion of the program, participants will be able to:**

1. Discuss how to utilize Children's TiPS for psychiatric consultation.
  2. Discuss early identification of ASD and IDD in the pediatric primary care setting.
  3. Explore the impact of delayed diagnosis on children and families.
  4. Describe practices and/or standards of care that improve the patient/family experience during physical health appointments.
  5. Review primary care medication management guidelines/recommendations for comorbid behavioral health conditions.
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## Course Director

### **Abigail Boden Schlesinger, MD**

Medical Director, Children's TiPS

Clinical Chief, Child & Adolescent Psychiatry, and Integrated Care

UPMC Western Psychiatric Hospital and Children's Hospital of Pittsburgh

Associate Professor, Psychiatry & Pediatrics University of Pittsburgh School of Medicine

### **Faculty**

#### **Kelly Beck, Ph.D., LPC, CRC**

Assistant Professor

PAARCC Lead

Dissemination and Partnership Core Co-Lead

#### **Deepa Burman, MD**

Associate Professor of Pediatrics

University of Pittsburgh School of Medicine

Pediatric Sleep Medicine Specialist

Co-Director of the Pediatric Sleep Evaluation Clinic

UPMC Children's Hospital of Pittsburgh

#### **Christine M. Brookings**

Parent Expert

Founder, Outspoken

#### **Molly H. Carter, PsyD (committee member)**

Pediatric Psychologist, Developmental Medicine

UPMC Children's Hospital of Pittsburgh

#### **Kristen Ann Ehrenberger, MD PhD (History)**

Assistant Professor of Medicine and Pediatrics

University of Pittsburgh School of Medicine

Director, Progressive Evaluation & Referral Center (PERC)

#### **Shannon Fazio (committee member)**

Parent Expert

#### **Charlene Filsaime**

Parent Expert

#### **Stephanie Fox PhD (committee member)**

Licensed Psychologist

CADD Child Outpatient

UPMC Western Behavioral Health

**Holly Gastgeb, PhD**

PA Licensed Psychologist

Research Principal Sr.

UPMC Western Psychiatric Hospital

REACT (Regulation of Emotion in Autistic Adults, Children, and Teens) Research Program

**Shelly Kucherer, MD (committee member)**

Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

Associate Medical Director of the Center for Autism and Developmental Disorders Adult Outpatient Clinic, Western Behavioral Health

**Lucy Lubinski, PsyD**

Psychologist, Behavioral Sleep Medicine

Behavioral Science Division

Clinical Assistant Professor of Pediatrics

Department of Pediatrics | University of Pittsburgh

UPMC Children's Hospital of Pittsburgh

**Carla A. Mazefsky, PhD (Keynote)**

Nancy J. Minshew MD Endowed Chair in Autism Research

Professor of Psychiatry, Psychology, and Clinical & Translational Science

University of Pittsburgh School of Medicine

Director, Regulation of Emotion in Autistic Adults, Children, and Teens (REACT) Program @ CeFAR

Center Director, NIH (National Institutes of Health) Autism Center of Excellence, ACE @ Pitt

**Melissa Nelson, Ed.D.**

Southwestern PA Threat Assessment Hub

K12 Subject Matter Expert

**Jessie Northrup PhD**

Assistant Professor of Psychiatry

University of Pittsburgh School of Medicine

**Emily O'Conly (committee member)**

Parent Expert

Family Support Partner

UPMC Whole Child Wellness Clinic

UPMC Children's Hospital of Pittsburgh

**Joesepp Pierri, MD**

Assistant Professor of Psychiatry

University of Pittsburgh School of Medicine

**Tomar Pierson-Brown, JD, LLM**

Assistant Professor of Law

Director of the Health Law Program

University of Pittsburgh School of Law

**Dr. Tarin Santamaria**

Licensed Psychologist  
State and Nationally Certified School Psychologist  
Clinical Assistant Professor of Pediatrics  
Department of Pediatrics | University of Pittsburgh  
Down Syndrome Center of Western PA  
UPMC Children's Hospital of Pittsburgh

**Kate Swenson (Keynote)**

Parent Expert, Author, and Public Speaker  
Co-founder of The More Than Project

**Susan Van Cleve PNP, PMHS**

Integrated Behavioral Health Provider  
UPMC Children's Community Pediatrics – Castle Shannon & McMurray

**Mark Wallace (committee member)**

Parent Expert

**Victoria S. Winkeller, MD (committee member)**

Medical Director  
Children's Community Pediatrics Behavioral Health Services  
Assistant Professor, Department of Psychiatry

**Conference Committee**

**Chair**

**Colleen D. Gianneski, LCSW**

Program Director, Children's TiPS and SMART Choices Programs  
Integrated Behavioral Health Therapist, CCP – Butler  
UPMC Children's Community Pediatrics

**Committee Members**

**Molly H. Carter, PsyD (speaker)**

**Ryan Cramer**

Program Director  
WPI-ASERT  
UPMC Western Behavioral Health

**Shannon Fazio (speaker)**

**Michelle Faderewski**

Director of Marketing Communications  
UPMC Children's Community Pediatrics

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**Stephanie Fox PhD (speaker)**

Psychologist II

CADD Child Outpatient

UPMC Western Behavioral Health

**Angelina M. Gradian, MS, LPC**

Program Director of Behavioral Health

UPMC Children's Community Pediatrics

Wexford, PA

**Shelly Kucherer, MD (speaker)**

**Jennifer S. Iagnemma, DNP, RN, NEA-BC**

Senior Director, Clinical Operations

UPMC Children's Community Pediatrics

**Amy Nevin, MD**

Pediatrician

UPMC Children's Community Pediatrics

Pittsburgh, PA

**Emily O'Conly (speaker)**

**Devin Petit, MPAS, PA-C**

Certified Physician Assistant (psychiatric)

UPMC Children's Pine Center

Wexford, PA

**Mark Wallace (speaker)**

**Victoria S. Winkeller, MD (speaker)**

## Agenda

8:00 am - 8:30 am	<b>Arrival / Sign in</b> (Breakfast will be provided)
8:30 am - 10:30 am	<b>KEYNOTE I:</b> “Improving Patient Care Through Patient and Parent Experience” <i>Abigail Schlesinger, MD and Kate Swenson</i>
10:30 am – 10:45 am	<b>BREAK</b>
10:45 am – 11:45 am	<b>BREAK OUT SESSION I</b>
11:45 am – 12:45 pm	<b>LUNCH (provided) / Vendor Fair</b>
12:45 pm – 1:45 pm	<b>KEYNOTE II:</b> “Emotion Dysregulation in Autism: Why it Matters and What We are Doing About It.” <i>Carla Mazefsky, PHD</i>
1:45 pm – 2:00 pm	<b>BREAK</b>
2:00 pm – 3:00 pm	<b>BREAK OUT SESSION II</b>
3:00 pm - 3:15 pm	<b>BREAK</b>
3:15 pm – 4:15 pm	<b>BREAK OUT SESSION III</b>
4:15 pm – 4:30 pm	<b>Closing Remarks / Adjournment</b> <i>Abigail Schlesinger, MD</i>

*Break Out Session I, II, & III - you will select your breakout preferences at the time of registration. We will do our best to accommodate everyone's selections.*

- A. “Options for Autism Assessment” – *Holly Gastgeb & Susan Van Cleve*
- B. “Mindfulness Training” – *Kelly Beck*
- C. “Diagnosis Day: Clinical and Family Perspectives” – *Molly Carter, Charlene Filsaime & Jessie Northrup*
- D. “Treatment Interventions: Clinical and Family Perspectives” – *Stephanie Fox & Emily O’Conly*
- E. “Medical decision-making and transition age youth: Clinical and Family Perspectives” – *Shelly Kucherer (moderator), Christine Brookings, Kristen Ann Ehrenberger, Shannon Fazio & Tomar Pierson-Brown*
- F. “Sleep Assessment and Treatment Interventions” - *Deepa Burman & Lucy Lubinski*
- G. “Navigating the Educational System: Professional and Family Perspectives” – *Melissa Nelson & Tarin Santamaria*
- H. “Management of Irritability and Aggression in the Primary Care Setting: Clinical and Family Perspectives” – *Joe Pierri, Mark Wallace & Victoria Winkeller*



## Continuing Education Credits

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Other Healthcare Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.



### Psychologists

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer psychology continuing education by the American Psychological Association. University of Pittsburgh maintains responsibility for this course. Psychologists completing this course receive 6.0 continuing education credits.



### Counselors

Education and Consultative Services of UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Education and Consultative Services of UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 6.0 continuing education hours.

### Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 6.0 continuing education credits.

### Other Professionals

Other professionals are awarded .60 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.

- NBCC and General CEU – Participants will be awarded continuing education contact hour(s) certificate four to six weeks post-conference via e-mail. Please keep these certificates in a safe place. Replacements will cost \$30.
- CME, AAPA, ANCC, CRNP, PA, APA and LSW/LCSW/LPC/LMFT certificates will be issued from the CCEHS registration site.
- Completing the evaluation is not required, however it is encouraged.
- We request that evaluations are completed and/or certificates are requested via <https://cce.upmc.com> within a month of the conference. Please be aware that the program evaluation will be closed, and we will no longer process certificates if they are requested a year or more after the conference.

## Registration

Registration by April 12, 2024 is required at [2024 TiPS Behavioral Health and Pediatric Primary Care Conference – Autism and Developmental Disorders in Focus | UPMC - Center for Continuing Education in the Health Sciences](#)  
You will be prompted to either sign-in or create an account before you can register.

**No payment is required for this conference.**

### **HOTEL ACCOMMODATIONS:**

**Sheraton Pittsburgh Hotel at Station Square for 179 USD per night**

**Last day to book: Sunday, March 24, 2024**

[Book your group rate for UPMC Western Psychiatric Hospital](#)



We encourage participation by all individuals. If you have a disability or require special accommodations, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by calling Nancy Mundy at 412-204-9090.