

Foundations to Practice: Symptom Management of Patients with Cancer

Wednesday, March 20, 2024 UPMC Hillman Cancer Center, Remote Attendance

Learning Objectives

The learner will be able to:

- 1. Recall strategies to assess patients for three symptoms of cancer or cancer treatments.
- 2. Identify three interventions to treat or manage the side effects of patients with symptoms of cancer or cancer treatments.
- 3. Recognize psychosocial needs the patient with cancer may experience.
- 4. Explain the use of supportive services to assist patients with symptom management of cancer or cancer treatments.
- 5. Demonstrate learning has occurred by receiving at least an 85% on final knowledge assessment.

Contact Hours

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 7 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

The maximum number of hours awarded for this Continuing Nursing Education activity is 7 contact hours.

To receive 7 Contact Hours, the learner must register attendance, attend the entire class day, complete the activity evaluation, and achieve ≥ 85% on the knowledge assessment. Attendance will be tracked throughout class day.



<u>Schedule</u>

7:30 AM	TEAMS Login	
8:00 AM	Welcome and Introduction	Amy DiMaggio, MSN, RN, OCN
8:05 AM	Integrative Oncology	Kelli Fasenmyer, BSN, RN
8:30 AM	Body Image, Sexuality, and Reproductive Issues	Amy DiMaggio, MSN, RN, OCN
9:15 AM	Rehabilitation	Erin Kerr, PT, DPT, GCS
9:55 AM	Break	
10:05 AM	Nutritional Support	Linda Polakovsky RD, LDN
10:45 AM	Fatigue	Lynne O'Connor, MSN, RN
11:25 AM	Lunch	
11:55 AM	Cutaneous Manifestations	Darcy Ploucha, PA-C
12:40 PM	Psychosocial Needs of Patients, Families, and Caregivers	Colleen Johnston, MSW, LCSW
1:25 PM	Break	
1:35 PM	Survivorship	Monica Siegel, MSN, RN, CRNP, AOCNP
2:20 PM	Pain Management	Rebecca Hoelsken, CRNP, CRM
3:20 PM	GI Manifestations	Julia Muller, MSN, CRNP, AOCNP
4:05 PM	Review	Amy DiMaggio, MSN, RN, OCN
4:10 PM	Adjournment	Amy DiMaggio, MSN, RN, OCN





Faculty Listing

Amy DiMaggio, MSN, RN, OCN Clinical Education Specialist UPMC Hillman Cancer Center Kelli Fasenmyer, BSN, RN Collaborative Practice Nurse, The Wellness and Integrative Oncology Program UPMC Hillman Cancer Center Rebecca M. Hoelsken, CRNP, CRM Nurse Practitioner UPMC Palliative and Supportive Institute and UPMC Shadyside

Colleen Johnston, MSW, LCSW Palliative Care Social Worker UPMC Presbyterian Shadyside Erin Kerr, PT, DPT, GCS Supervisor, Rehab Services, Oncology Service Line UPMC Rehabilitation Institute Shadyside Hospital Adjunct Professor, University of Pittsburgh Julia Muller, MSN, CRNP, AOCNP Nurse Practitioner UPMC Hillman Cancer Center

Lynne O'Connor, MSN, RN, OCN Clinical Education Specialist UPMC Hillman Cancer Center Darcy Ploucha, PA-C Physician Assistant, Expert UPMC Hillman Cancer Center Linda Polakovsky, RD, LDN Nutrition Coordinator UPMC Hillman Cancer Center

Monica Siegel, MSN, RN, CRNP, AOCNP Advanced Practice Provider Supervisor UPMC Hillman Cancer Center

Disclosure of Conflicts of Interest

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The following information was provided:

Amy DiMaggio, Kelli Fasenmyer, Rebecca Hoelsken, Colleen Johnston, Erin Kerr, Julia Muller, Lynne O'Connor, Darcy Ploucha, Linda Polakovsky, Monica Siegel, and the planning committee for this activity did not have any relevant financial relationships with a commercial interest.