**COE Learning Network:** Integrated BH & PH

**Presenters:** Christine Crowell, LPC

**Date and Time:** May 8, 2024 at 12:00 pm- 1:15 pm

**Location:** Virtual Training (on Zoom)

**Host:** University of Pittsburgh, School of Pharmacy, Program and Evaluation Unit (PERU)

**Target Audience:** Centers of Excellence Leadership and Staff

**Training Objectives:**

1. Define integrated physical health & behavioral health
2. Describe how integrated physical health & behavioral health can enhance COE care
3. Describe various pathways for integrated physical health & behavioral health
4. Gain insight into how integrated physical health and behavioral health can increase health equity

**Agenda:**

1. Introduction
2. An Overview of BH & PH
   1. Relation to the COE Vision
      1. Vermont Hub and Spoke Model
      2. Social Determinants of Health
   2. Definition of integrated BH & PH
      1. The integration continuum
      2. Integrated Care Frameworks
      3. Pathways to Integrated Care
      4. Integrated Care Initiatives
3. Implementation Considerations
   1. Barriers and Challenges
   2. Organizational Health & Change: The STF Framework
   3. The Role of Care Managers & CRSs
   4. Case Examples
      1. COE Case example 1: Berks CHC
      2. COE Case example 2: Courage Medicine
      3. COE Case example 3: IM Rep
      4. COE Case example 4: Montgomery County Methadone
      5. COE Case example 5: Penns Rock
4. Benefits of Integrated BH & PH
   1. Improved Treatment Outcomes
   2. Improved Quality of Life
   3. Improved Quality of Care
5. Using Integrated BH & PH as a Health Equity tool
   1. Health Disparity
      * 1. Rural
        2. Ethnic and Racial
        3. Gender
        4. LGBTQ+
        5. Economically Disadvantaged
      1. Substance Use and Co-Occurring Conditions
      2. Pennsylvania Health Disparities
   2. Health Equity
      1. Integrated Care is evidence-based care
      2. Evidence that integrated care promotes health equity in marginalized communities
6. Conclusion
   1. Key Takeaways
   2. Questions

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