

NEW APPROACH TO SUCCESS

WHAT IS THE NEW APPROACH TO SUCCESS PROGRAM?

- A team based approach that assesses, plans, implements, coordinates, monitors and evaluates the options and services to support and meet the individual's needs

WHO IS THE MULTIDISCIPLINARY TEAM?

- OB offices
- SUD Antepartum-Postpartum Care Coordinator
- CJDAC and ADAS
- Hospital Based Social Services
- Behavioral Health
- Maternity Unit
- NICU

**SUBSTANCE USE DISORDER
ANTEPARTUM-POSTPARTUM CARE
COORDINATOR**

WHAT DOES A SUBSTANCE USE DISORDER CARE COORDINATOR DO?

- Provides education and support throughout the pregnancy and up to 1 year postpartum
- Part of the client's treatment plan which is done in coordination with both the client and a multidisciplinary team
- Can meet in the community, at client's home, behavioral health, OB appts or by phone
- Provide incentives for consistent care

BUILDING RELATIONSHIPS

- Intentional
- Honest
- Encouraging
- Genuine
- Non-Judgemental
- Inclusive

EDUCATION

- Triggers/cravings
- Treatment Options
- Neonatal Abstinence Syndrome
- UDS and Umbilical Cord testing
- Eat, Sleep and Console Monitoring
- Plans of Safe Care

IDENTIFYING BARRIERS

- Fear of Judgement
- Lack of Transportation
- Lack of Partner/Family Support
- Fear of Legal Consequences

PREPARING FAMILIES FOR DELIVERY

- ESC Brochure
- New Approach to Success Brochure
- Tips for Soothing Baby
- Welcome Letter
- POSC
- Potential for CYS Referral

EAT, SLEEP, AND CONSOLE

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- Eat, Sleep, and Console- a monitoring tool to watch for signs of withdrawal from substances exposed to in utero

The newborn has three jobs:

- The first job is to EAT an adequate amount for growth and development
- The second job is to SLEEP for at least one hour without waking.
- The third job is to be able to CONSOLE within 10 minutes

MOM IS THE BEST MEDICINE

- Encourage Mom/Parents/Support Persons to stay with Baby
- Offer support-meals, comfortable sleeping arrangements, ect
- Identify Barriers- transportation, other children at home, ect

INTERVENTIONS

- Swaddling
- Low lighting
- Rocking
- Holding
- Swaying
- Shushing
- Swinging
- Skin to Skin
- Sound machine/soft music
- Slow gentle movements
- Ask for help

PARTNERING WITH THE FAMILY

- “Huddles” with Mom/Parents/Support Persons – Including them in the care and treatment- Stress importance of their participation
- Education on what to expect upon discharge and how to provide comfort for baby at home

STAFF SUPPORT

- Reduce Stigma
- Education on ESC/Monitoring
- Education on Treatment options including MOUD
- Safe Space for debriefing