

# Mercer County Children and Youth Services Presents:

## THANK YOU TO OUR PARTNERS:

Dr. John Gallagher, MD



Mercer County Behavioral Health Commission, Inc



Pennsylvania Perinatal Quality Collaborative



## Neonatal Abstinence Syndrome Symposium

Thursday, May 23, 2024  
9:00 a.m. - 3:00 p.m.  
Thiel College

The Symposium is being hosted by Mercer County CYs in collaboration with the Mercer County Behavioral Health Commission, PA Department of Health, Adagio Health, and Pennsylvania Perinatal Quality Collaborative with additional support from Dr. John Gallagher.

# WELCOME

NAS stands for Neonatal Abstinence Syndrome. This is a condition that occurs when infants are exposed to drugs that cause dependency while in-utero. This condition can cause a range of symptoms beginning at birth. The purpose of the symposium is to educate attendees on the condition and effective interventions and resources for children affected by NAS, their families, and those tasked with supporting them.

## Symposium Goal

Together, professionals from various child and family serving agencies and organizations within Mercer County will explore Neonatal Abstinence Syndrome and the available supports and services within the community to better assist children and families affected by NAS.

## Symposium Learning Objectives

By participating in the symposium, attendees will be able to:

- Define and understand Neonatal Abstinence Syndrome and who is affected by it.
- Identify and be educated on effective and available interventions.
- Demonstrate ways they can support children and families affected by NAS.

# AGENDA

8:30 – 9:00 a.m.	Registration Check-in (Breakfast Served)	
9:00 – 9:15 a.m.	Mercer County CYS	INTRODUCTION
9:15 – 10:30 a.m.	Linda Cooper, MD Neonatologist, Akron Children’s Mahoning Valley	Overview/ History & Education
10:30 – 11:30 a.m.	Candi Myers, CPS Certified Recovery Specialist PMHCA	Personal Testimony
11:30 a.m. – Noon	LUNCH	
12:00 – 1:00 p.m.	Dr. Debra Bogen, Acting Secretary of Health for the Comm. of PA	NAS Initiatives, Legislative Laws & Opioid Epidemic
1:00 – 1:50 p.m.	Shannon Gill, RN Ante/Postpartum Substance Use Disorder Nurse Navigator, Penn Highlands Healthcare	Nursing, Support & Recovery process
1:50 – 2:05 p.m.	BREAK	
2:05– 3:00 p.m.	Mae Reale, PA Coalition Against Domestic Violence	Motivational Interviewing & Stigma
3:00 p.m.	Closing Mercer County CYS	Conclusion: Materials and Networking
Speaker Introductions: Jan Anderson & Lisa Snyder, PA Dept. of Health		