## Join Us

# Tending to Your Broken Heart when Someone Dies: Hope for your Healing Monday, November 18, 2024 3-6 p.m.

In partnership with Stevens Family Funeral Homes, Family Hospice, part of UPMC, is pleased to offer a free, live webinar hosted by world-renowned author and grief educator, Dr. Alan Wolfelt.



### LOCATION:

**UPMC Altoona**620 Howard Ave

Altoona, PA 16601 (Rotunda 6th Floor)

Use parking garage for a \$2 fee

Seating for in person viewing is available on a first come first served basis. If you cannot attend in person, or seats are filled, you are invited to join virtually via Microsoft teams. You must provide an email address to receive a Microsoft Teams invite to view the live webinar.

Continuing education credits are available for professionals. See the reverse side for details.



UPMC.com/FamilyHospiceBereavement

Dr. Alan Wolfelt has been recognized as one of North America's leading death educators and grief counselors. His books have sold more than a million copies worldwide and have been translated into many languages. Please join us for this in-person event as Dr. Wolfelt discusses the following topics:

- Broken Hearts: A Broader Framework for Loss
- Exploring the "Ripple Effect" of Grief: Loss of Self, Security, Meaning
- Understanding the Value of Convalescence
- Distinguishing Grief from Mourning
- The Unique Influences on Your Grief
- Describing Potential Dimensions of Your Response
- Identifying the Six Central Needs of Mourning
- Understanding Your Self-Care Essentials
- Hope for Your Healing: Reconciliation versus Resolution





In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 3.0 continuing education credits.

#### Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 3.0 contact hours.

#### Social Work (ASWB)

The maximum number of hours awarded for this Continuing Education activity is 3.0 contact hours.

#### Other Healthcare Professionals:

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

#### To receive CEUs:

Create an account at the Center for Continuing Education and register for the course "Tending to a Broken Heart when Someone Dies"

RSVP to Jennifer Cox at <a href="mailto:coxil2@upmc.edu">coxil2@upmc.edu</a> by November 15, 2024. If you have no access to email, then call 814-381-6948 to register. We look forward to sharing this valuable event with the community.

