

**Children's Hospital of Pittsburgh Annual Feeding and Swallowing Conference Flyer for Learners
Obtaining ASHA Continuing Education Credits**

Title: A Guide to Pediatric Feeding Essentials

Date/Time: September 6, 2024 /9:45 AM- 5:15 PM

Location: John G. Rangos Sr. Conference Center 4401 Penn Ave. Pittsburgh, PA. 15224

Policies

*Learning experiences and resource materials will be accessible to all individuals, including participants with disabilities. Please email powellv@upmc.edu with special needs (dietary, hearing and/or physical) requests at least **one week prior to the conference**.*

In the event that the conference needs to be rescheduled, all participants will be notified via email. All participants will be given the option to either attend on the rescheduled date or receive a full refund within 60 days.

All cancellations must be sent to us email or fax (see contact information below). Tuition for cancellations received before August 23, 2024 will be refunded in full. After August 23, 2024, a \$25 administrative fee will be assessed, the remaining amount refunded, and no refunds will be made after September 2, 2024.

Victoria M. Powell CRNP

Powellv@upmc.edu

Fax# 412-692-5563

If concerns arise and a complaint is warranted, please reach out via email within 30 days of the conference (see contact information below). Click here for the full complaint policy: [FASC CEU Complaint Procedure](#)

Program Overview: This program is designated for physicians, nurses, advanced practitioners, speech pathologists, occupational therapists, registered dietitians, behavioral health providers and educators of young children. Course content will highlight nuances in feeding infants and young children.

Conference Objectives:

1. Identify similarities and differences in infant vs pediatric formulas
2. Explain how allergies can have an impact on feeding
3. Identify symptoms infantile reflux and name management strategies
4. Name current feeding tools and strategies for therapeutic intervention
5. Identify adapted baby led weaning strategies for medically complicated children

Completion Requirements for ASHA CEUs

- Participants must sign in/out each time they leave the conference area.
- Participants must attend all sessions to receive credit for ASHA CEUs; no partial credit will be awarded.

- Participants must submit self assessments for each course they attend prior to their end of day sign out.
- Participants must complete a program assessment by September 13, 2024 at 11:59 pm EST.

Conference Faculty:

Allison Baggiano MS CCC-SLP
Lead Speech Language Pathologist
UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: compensation from UPMC, Duquesne University China Health Institute, Therapy Source Inc, University of Pittsburgh. Non-financial disclosures: none

Sirine Belaid, MD

Fellow
Division of Pediatric Gastroenterology, Hepatology, and Nutrition, UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Garrett Bowers, OTR/L

Coordinator of Occupational Therapy Services
UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Kristin Clarkson, CRNP

Division of Pediatric Physical Medicine and Rehabilitation
UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Desha Jordan MD, FAAP

Clinical Director
Assistant Professor Pediatrics
Department of Pediatric Allergy-Immunology
UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Elizabeth (Liz) Meinert King, MS RD CNSC

Clinical Dietitian, Department of Clinical Nutrition
UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Jessica Kirin, RD, LDN, IBCLC

Clinical Dietitian,
Department of Clinical Nutrition
UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Kimberly Kubistek, OTD, OTR/L, CNT

Coordinator of Occupational Therapy Services
UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Colleen Lyons, CCC-SLP

Lead Speech Language Pathologist
UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Raymond Maguire, DO

Division of Pediatric Otolaryngology
UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Victoria (Tori) M. Powell, CRNP

Associate Director, Feeding and Swallowing Center
Division of Pediatric Gastroenterology, Hepatology, and Nutrition
UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Elizabeth M. Sinclair, MD

Medical Director, Feeding and Swallowing Center
Co-Medical Director, Eosinophilic Gastrointestinal Diseases Center
Division of Pediatric Gastroenterology, Hepatology, and Nutrition, UPMC Children's Hospital of Pittsburgh
Assistant Professor, Department of Pediatrics, University of Pittsburgh School of Medicine

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Katherine White MA CCC-SLP, IBCLC

Senior Speech-Language Pathologist
UPMC Children's Hospital of Pittsburgh

Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none

Conference Schedule

9:45-10:25 AM Registration*

10:25-10:30 Introduction, Elizabeth Sinclair, MD*

10:30-11:30 Infant and Pediatric Formula Review, Liz King RD, LDN, IBCLC and Jessica Kirin MS RD CNSC

- Participants will be able to name two different classifications of infant formula
- Participants will be able to name two different classifications of pediatric formula

11:30-12:15: It's All About the Tongue, 'Bout the Tongue, To Trouble! - Dr. Raymond Maguire, DO, and Katie White CCC-SLP, IBCLC

- Participants will identify clinical presentation of ankyloglossia including anatomical and physiological characteristics.
- Participants will identify 3 ways ankyloglossia affects swallowing.
- Participants will list 3 treatment options for ankyloglossia.

LUNCH 12:15-1:00*

1:00-2:00 Adverse Food Reactions – Dr. Desha Jordan, MD

- Participants will be able to define FPIES, EoE, IgE mediated allergy
- Participants will be able to list first step in management of FPIES, EoE and IgE mediated allergy

2-2:45: Infantile Reflux – Dr. Sirine Belaid, MD

- Participants will be able to define the physiologic mechanisms of infantile reflux
- Participants will be able to identify two common symptoms of infantile reflux

2:45-3:00 Break*

3:00-4:00 : Tools for Feeding, Kristin Clarkson, CRNP and Garrett Bowers, OTR/L

- Participants will be able to identify proper posture and supports to use during feeding
- Participants will be able identify DME that could assist in positioning for feeding
- Participants will be able to identify the appropriate referral for common feeding concerns
- Participants will be able to identify medical management options to address sialorrhea and facilitate feeding development
- Participants will be able to identify proper tools and equipment to use for oral stimulation , self feeding and progression of oral development

4:00- 5:00 Baby Lead Weaning with Medically Complicated/ Hypotonic Patients, Kim Kubistek, OTD, OTR/L, CNT, and Colleen Lyons CCC-SLP

- Participant will describe 2 differences between baby lead weaning and traditional weaning.
- Participate will list 3 baby lead weaning adaptations for medically complicated children.

- Participant will identify an environmental, caregiver education, skill impact, and safety components for therapy goals.

5:00- 5:15 PM: Wrap Up and Questions Elizabeth M. Sinclair, MD*

*Denotes a time that does not count towards ASHA CEUs.



ASHA CE
APPROVED PROVIDER

**Children's Hospital of
Pittsburgh**

Intermediate Level

0.55 ASHA CEUs

Participants must attend all sessions to receive credit for ASHA CEUs; no partial credit will be awarded.