Content Outline:

* Review of Bariatric Surgical Options
  + Obesity Epidemic (obesityaction.org)
  + Obesity Impact (<https://www.cdc.gov/obesity/data/adult.html>)
  + Anatomy review
  + Surgical options

(ASMBS (2022). The FELLOW Project: Sleeve Gastrectomy Video Review: Technique, Tips, and Tricks Presented by an Expert Panel. The FELLOW Project: Sleeve Gastrectomy Video Review: Technique, Tips, and Tricks Presented by an Expert Panel | American Society for Metabolic and Bariatric Surgery (asmbs.org)

* Pre-operative Screening
  + Surgical appointments
  + Pre-operative requirements
  + Medications
  + Infection prevention
* Bariatric Post-Operative Care and Complications

(Clinical practice guidelines for the perioperative nutrition, metabolic, and nonsurgical support of patients undergoing bariatric procedures – 2019 update: cosponsored by American Association of Clinical Endocrinologists/American College of Endocrinology, The Obesity Society, American Society for Metabolic & Bariatric Surgery, Obesity Medicine Association, and American Society of Anesthesiologists. Surgery for Obesity and Related Diseases. 16 (2020) 175-247. <https://doi.org/10.4158/GL-2019-0406)>

* + Postoperative nursing care & assessment
    - Full head-to-toe assessment + focused assessments
  + Pain Management
    - Scheduled pain medication, PO PRN, IV PRN
    - Pain reassessments and nonpharmacological measures
  + Glucose Control
    - A1C, Bariatric Sugar Free Clears, BGM/CGM
  + Surgical Complication

(Clinical practice guidelines for the perioperative nutrition, metabolic, and nonsurgical support of patients undergoing bariatric procedures – 2019 update: cosponsored by American Association of Clinical Endocrinologists/American College of Endocrinology, The Obesity Society, American Society for Metabolic & Bariatric Surgery, Obesity Medicine Association, and American Society of Anesthesiologists. Surgery for Obesity and Related Diseases. 16 (2020) 175-247. <https://doi.org/10.4158/GL-2019-0406)>

* + - Gastrointestinal complications
      * Perforation, obstructions/strictures, anastomosis leak, food intolerance, nausea, vomiting, dumping syndrome
    - Respiratory complications
      * DVT/PE
    - Sepsis/wound infection
  + Mobility Issues
    - Mobility and Safe patient handling program
* Outcomes
  + What are outcomes, how are they tracked and why does it mattter?
    - Benchmarks
    - Tracking
    - JCAHO, Centers of Excellence, Blue Distinction, National Accreditation

([www.asmbs.org](http://www.asmbs.org/): American Society of Metabolic and Bariatric Surgery)

* Nutrition Education, Follow-up care, and weight sensitivity

(Mechanick JI, Youdim A, Jones DB, et al. Bariatric surgery Clinical Practice Guidelines –2013 update. Surgery for Obesity and Related Diseases. 2013;9:159-191.)

* + Preoperative process
  + Nutrition classes
  + Postoperative nutrition
  + Postoperative education
  + Weight Sensitivity

(R Puhl, et al. Motivating or stigmatizing? Public perceptions of weight-related language used by health providers. International Journal of Obesity (2012), 1–8. )