**COE Learning Network:** Understanding and Strengthening Peer Competencies

**Presenters:** William Stauffer (PRO-A)

**Date and Time:** October 9, 2024 at 12:00pm-1:15pm

**Location:**Virtual Training (on Zoom)

**Host:**University of Pittsburgh, School of Pharmacy, Program and Evaluation Unit (PERU)

**Target Audience:**Centers of Excellence Leadership and Staff

**Training Objectives:**

* Describe the need for service programs to understand the history of peer services in SUD care capacities and how these formal roles differ from self-help support and clinical care.
* Explain peer core competencies, knowledge, skills and values within their roles and functions in SUD programs.
* Discuss the importance of ethical provision of peer support services from self-care to service integrity

**Agenda:**

1. Introduction – We are PRO A
2. Learning objectives
3. Peer Workers and Recovery Movement History
   1. Mutual Support
   2. Origins of PRSS
   3. Peers and ROSC
   4. The Growth of Peer Services
   5. Overview of peer roles
   6. Peer recovery support
   7. Discussion question
4. Peers and Peer Recovery Support Services
   1. SAMHSA’s: what are PBRSS
   2. Defining PRSS
   3. Fundamentals of Recovery
   4. Recovery is..
   5. The importance of Peer Supports
   6. Common indicators of quality
   7. Support autonomous functioning
   8. Four models of PRSS
   9. Core Values of PRSS
   10. Core Ethical values for peer services
   11. Types of PRSS
5. SUD Peers
   1. Role of peer workers
   2. Sharing lived experience
   3. Steps for integrating many pathways into peer programs
   4. Role modeling recovery
   5. Strength based support
   6. Recovery capital
   7. Recovery planning
   8. Autonomous functioning
   9. Discussion question
6. Ethical Provision of Peer Recovery Services
   1. Peers
   2. Role Clarification
   3. Key areas of risk
   4. How peers differ from addiction counselors
   5. Peers vs 12-step sponsor
   6. Boundaries and ethical practice
   7. Discussion Question
7. Summary

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