LIFE CHANGING MEDICINE

Advancements in Colorectal Surgery: The Art of Robotic Surgery

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What is a Robot?

A machine resembling a human being and able to replicate certain human movements and functions automatically.



Evolution of Surgical Robotics



Advantages of Robotic Surgery

- Traditionally, CRS is performed via an open approach
- Many surgeons have transitioned to do this laparoscopically

 Instruments open/close/rotate, but are fixed onto the straight stick
 Two hand control
- Robotic surgery IS laparoscopic surgery
 - $\circ\,$ The instuments and camera are mounted to the robot. The robot is then controlled by the surgeon at the console
 - Instuments are wristed 70 degrees freedom of motion excellent dexterity
 - $\,\circ\,$ Hi-def 3D camera excellent visualization
 - $\,\circ\,$ Three hand control not dependant on assistant
 - Surgeon is seated at console good ergonomics, prevents fatigue



Surgical Robot Inquiries & Myths

- Who is doing the surgery the surgeon or the robot?
 - \odot The technology translates my hand movements at the consol into fine movements at the robot.
- Is the surgeon in the room?
 - \odot The surgeon console is 5ft from the patient on the OR table
 - \odot The surgical assist (resident/fellow) is scrubbed at the bedside
- What if a malfunction occurs?
 - \odot The robot has multiple safety checks and fails afes to ensure it is functioning properly.
- The patient is not a candidate for minimally invasive surgery due to history of laparotomy or several abdominal operations.
 Fake news!

Shining Moments

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- APR/completion proctectomy
- Intracorporeal anastomosis

 Right
 Left
- End stoma reversals

APR/Completion Proctectomy





- Ideal approach for morbidly obese patients

 Narrow, deep pelvis
- Eliminates abdominal extraction incision
 - Specimen is removed via perineal incision
 - Virtually eliminates hernia risk
 - \circ Hastens recovery













- Ideal approach if history of complex hernia repair/abdominal wall closures
- Eliminates abdominal extraction incision
 - Specimen is removed via perineal incision
 - Virtually eliminates hernia risk
 - \circ Hastens recovery





















Intracorporeal Anastomosis

- Increases efficiency of procedure
- Prevents the need to undock/redock (particularly for left sided resections)
- Less mobilization needed
- Off-midline extraction





Intracorporeal Anastomosis – Right Colon







Intracorporeal Anastomosis – Left Colon





















End Stoma Reversals



- Eliminate re-entry in the midline
 - Decreased hernia risk
 Decreased wound healing complications
- Working incision/specimen extraction via stoma aperture



Comparative Study > Surg Endosc. 2018 Jun;32(6):2894-2901. doi: 10.1007/s00464-017-5999-6. Epub 2017 Dec 22.

Robotic versus laparoscopic colectomy for stage I-III colon car Retrospective Cohort Study outcome Short- and long-term outcomes of robotic- versus laparoscopic-assisted Katelin A Mirkin right hemicolectomy: A propensity score-matched retrospective cohort study Review > J Clin Med. 2022 Apr 24;11(9):2387. doi: 10.3390/jcm11092387. Yaqi Zhang^{a, 1}, Had Short- and Long-Term Outcome of Laparoscopic-Xiaopin Ji^a, Xi Ch versus Robotic-Assisted Right Colectomy: A Systematic Review and Meta-Analysis Peter Tschann¹, Philipp Review > Int J Colorectal Dis. 2022 Jul;37(7):1497-1507. doi: 10.1007/s00384-022-04194-8. Stephanie Adler¹, Paolo Epub 2022 Jun 1. Philipp Schredl ⁶, Christ Robotic versus laparoscopic left colectomv: a Robotic and laparoscopic colectomy: propensity systematic review score-matched outcomes from a national cancer Leonardo Solaini 1 2, Antonio Boc database 💷 Davide Cavaliere⁴, Giorgio Ercola Sameh Hany Emile, Nir Horesh, Zoe Garoufalia, Rachel Gefen, Peige Zhou, Victor Strassman, Steven D Wexner 🖾 British Journal of Surgery, Volume 110, Issue 6, June 2023, Pages 717–726, https://doi.org/10.1093/bjs/znad096



Closing Thoughts

- No consensus on which minimally invasive platform for CRS is superior, if at all.
- The robot is a tool used to enhance outcomes, improve efficiency, navigate technical challenges, and pioneer growth in the field.
- Learning curve dictates comfortability, proficiency, willingness to tackle 'of-the-beaten-path' cases
- Future directions

 \odot Maximum ERAS – same day discharge for robotic colectomies

> Am J Surg. 2023 May;225(5):826-831. doi: 10.1016/j.amjsurg.2023.01.024. Epub 2023 Jan 21.
Beyond enhanced recovery after surgery (ERAS):
Evolving minimally invasive colectomy from multiday admissions to same-day discharge

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THANK YOU

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LOA –



Cost: Lap vs Robo