

# Nurse Ambassador Training Agenda

Tuesday, April 29, 2025

UPMC Hillman Cancer Center

Cooper Conference Rooms

7:30 am – 8:00 am	Breakfast & Integrative Oncology Overview	Wellness and Integrative Oncology Team*
8:00 am – 10:15 am	Meditation, Breathing & Yoga	Sadie Grossman, Certified Yoga Therapist
10:15 am – 10:30 am	Break	
10:30 am – 12:15 pm	Aromatherapy Techniques	Jenni Hulburt, Wellness Coach
12:15 pm – 12:45 pm	Lunch	
12:45 pm – 3:15 pm	Hand & Foot Massage	Nikki Remic, Licensed Massage Therapist
3:15 pm – 3:30 pm	Break	
3:30 pm – 4:15 pm	Holistic Application of Therapies	Nikki Remic, Licensed Massage Therapist
4:15 pm – 5:00 pm	Nursing Application & Closing	Kelli Fasenmyer, BSN, RN & Kayla Miller, CRNP

Wellness and Integrative Oncology Team\*

Dr. Lanie Francis, Director

Danielle Petrina, Project Manager

Kelli Fasenmyer, Registered Nurse

Kayla Miller, Nurse Practitioner

## Parking:

- If you do not have an employee lease at Shadyside, we will provide parking validation
- Park in the Centre Avenue Garage – entrance is across from the Boston Market on Centre Avenue

## Directions from the parking garage to Cooper Conference Rooms:

- Take the elevators to the main floor
- Make a left off the elevators and go through sliding glass double doors
- Turn right down the long hallway and follow this over the walking bridge to Hillman Cancer Center
- Pass the Hillman Café on your left
- Take elevators to ground floor
- Turn toward the gift shop, The Cooper Conference Rooms will be down the hallway and on your left

## Meals:

- Breakfast and lunch will be provided

## Attire:

- Athleisure, scrubs, or something comfortable to move in



Wellness and Integrative Oncology Program  
UPMC Hillman Cancer Center