

UPMC | MAGEE-WOMENS

# New Horizons in Birth

Pregnancy, Birth, and Beyond Conference

**May 16, 2025**  
**7:45 a.m. to 2:30 p.m.**

This year's event will be offered virtually only



## Agenda

**7:45 a.m.**

**Registration and Attendance**

**7:55 a.m.**

**Opening Remarks**

**8 a.m.**

**Eating Disorders in Pregnancy**

**Rachel Mailey, MS, LPC, NCC**

*UPMC Womens Behavioral Health Specialist*

**9 a.m.**

**Break**

**9:10 a.m.**

**Car Seat Safety Basics**

**Matthew D. Frampton, CPSTI**

*South Central PA Highway Safety*

**10:10 a.m.**

**UPMC Harrisburg Birth Circle Doula Program**

**Nancy Cupps, MSN, RNC-OB**

*UPMC Harrisburg*

**11:10 a.m.**

**Lunch and Learn**

**Bridging the Gap: Use of Pasteurized Donor  
Human Milk (PDHM) for Supplementation in the  
Level 1 Nursery**

**Amber LeCadre, MSN, RNC-MNN**

*UPMC Harrisburg*

**12:10 p.m.**

**Breastfeeding Tools and Trends: What is helpful  
and what to avoid?**

**Shannon Lilienthal, BA, IBCLC**

*UPMC Harrisburg*

**1:10 p.m.**

**Break**

**1:20 p.m.**

**Social Work: The Power of Collaboration**

**Dionna Reeves, MSW, LSW**

*Obstetrics & Gynecology Specialists-North  
Harrisburg*

**2:20 p.m.**

**Evaluations and Adjournment**

## Registration

Please visit [cce.upmc.com/new-horizons-birth-2025](https://cce.upmc.com/new-horizons-birth-2025)  
Or use this QR code:



An email confirmation will be sent when your registration and payment are received.

**UPMC Employee:** Free

**Non-Employee:** \$25

**Registration closes May 15<sup>th</sup>**

## Accreditation and Credit Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide the continuing education for the health care team.

## Nursing (CNE)

The maximum number of hours awarded for this continuing Nursing Education activity is **6.5** contact hours.

## Other Health Care Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours that commensurate with the extent of participation in this activity

## Lactation Consultants (CERPS)

Application for Continuing Education Recognition Points (CERPS) has been submitted to the International Board of Lactation Consultant Examiners.

## For more information

Call **717-231-8981** or email [shaverml@upmc.edu](mailto:shaverml@upmc.edu)