

UPMC | MAGEE-WOMENS

New Horizons in Birth

Pregnancy, Birth, and Beyond Conference

May 16, 2025
7:45 a.m. to 2:30 p.m.

Virtual only



Agenda

7:45 a.m.

Registration and Attendance

7:55 a.m.

Opening Remarks

8 a.m.

Eating Disorders in Pregnancy

Rachel Mailey, MS, LPC, NCC

UPMC Women's Behavioral Health Specialists

9 a.m.

Break

9:10 a.m.

Car Seat Safety Basics

Matthew D. Frampton, CPSTI

South Central PA Highway Safety

10:10 a.m.

UPMC Harrisburg Birth Circle Doula Program

Nancy Cupps, MSN, RNC-OB

UPMC Magee-Womens in Central Pa

11:10 a.m.

Lunch and Learn

**Bridging the Gap: Use of Pasteurized Donor
Human Milk (PDHM) for Supplementation in the
Level 1 Nursery**

Amber LeCadre, MSN, RNC-MNN

UPMC Harrisburg

12:10 p.m.

**Breastfeeding Tools and Trends: What is helpful
and what to avoid?**

Shannon Lilienthal, BA, IBCLC

UPMC Harrisburg

1:10 p.m.

Break

1:20 p.m.

Social Work: The Power of Collaboration

Dionna Reeves, MSW, LSW

*UPMC Obstetrics & Gynecology Specialists-North
Harrisburg*

2:20 p.m.

Evaluations and Adjournment

Registration

Please visit cce.upmc.com/new-horizons-birth-2025
or use this QR code:



An email confirmation will be sent when your registration and payment are received.

UPMC Employee: Free

Non-Employee: \$25

Registration closes May 15th

Accreditation and Credit Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide the continuing education for the health care team.

Nursing (CNE)

The maximum number of hours awarded for this continuing Nursing Education activity is **6.5** contact hours.

Other Health Care Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours that commensurate with the extent of participation in this activity

Lactation Consultants (CERPS)

Application for Continuing Education Recognition Points (CERPS) has been submitted to the International Board of Lactation Consultant Examiners.

For more information

Call **717-231-8981** or email shaverml@upmc.edu