



Cohort 5: The 5th Fellowship
Cultural Humility in Behavioral Health (pt. 2)
May 15, 2025
9:00am – 5:00pm

JHF, 25th Floor | 625 Liberty Ave, Ste. 2500, Pittsburgh, PA 15222

Time	Component	Content	Presenter/Facilitator
8:30 AM	Check-in		
9:05 AM	Welcome & Introductions	Review Day's Agenda	Bridget McNamee, MID, <i>Behavioral Health Project Manager, Jewish Healthcare Foundation</i>
9:35 AM	Spotlight	Working with People of All Abilities	Kimberly Mathos, DO, MPH <i>Assistant Professor of Psychiatry, First Onset Psychosis STEP clinic, Center for Recovery Services, UPP services for People who are Deaf, DeafBlind and Hard of Hearing</i>
10:25 AM	Break		
10:45 AM		Putting Cultural Humility into Practice	Courtney Abegunde, <i>Operations Director, Steel Smiling</i>
12:00 PM	Lunch		
1:00 PM		Wellness Practice: Percussion Experience	Matt Price
2:15 PM	QI Activity	Quality Improvement	Jennifer Condel <i>Manager, Lean Healthcare Strategy and Implementation</i> <i>Jewish Healthcare Foundation</i>
3:00 PM	Breakouts	Applying Cultural Humility: Action Planning Activity	Courtney Abegunde, Jennifer Condel, & Bridget McNamee
3:30 PM	Wrap-up and Reminders	Next session: August 21, 2025 (with Cohort 6)	Bridget McNamee
4:00 PM	Departure		