

***Children's Hospital of Pittsburgh Annual Feeding and Swallowing Conference Flyer for Learners  
Obtaining ASHA Continuing Education Credits***

**Title:** Tricks of The Trade: How To Treat Feeding Difficulties Caused By The Body And Mind

**Date/Time:** August 8, 2025 /9:45 AM- 5:15 PM

**Location:** John G. Rangos Sr. Conference Center 4401 Penn Ave. Pittsburgh, PA. 15224

**Policies**

*Learning experiences and resource materials will be accessible to all individuals, including participants with disabilities. Please email [powellv@upmc.edu](mailto:powellv@upmc.edu) with special needs (dietary, hearing and/or physical) requests at least **one week prior to the conference**.*

In the event that the conference needs to be rescheduled, all participants will be notified via email. All participants will be given the option to either attend on the rescheduled date or receive a full refund within 60 days.

All cancellations must be sent to us email or fax (see contact information below). Tuition for cancellations received before July 11, 2025 will be refunded in full. After July 22, 2025, a \$25 administrative fee will be assessed, the remaining amount refunded, and no refunds will be made after August 1, 2025

Victoria M. Powell CRNP

[Powellv@upmc.edu](mailto:Powellv@upmc.edu)

Fax# 412-692-5563

If concerns arise and a complaint is warranted, please reach out via email within 30 days of the conference (see contact information below). Click here for the full complaint policy: [FASC CEU Complaint Procedure](#)

**Program Overview:** This program is designated for physicians, nurses, advanced practitioners, speech pathologists, occupational therapists, registered dietitians, behavioral health providers and educators of young children. Course content will highlight nuances in feeding infants and young children.

**Conference Objectives:**

1. Identify symptoms and define the diagnosis of Avoidant Restrictive Food Intake Disorder (ARFID)
2. Identify strategies to improve patients with feeding difficulties due to texture sensitivities
3. Explain when noisy breathing intersects with feeding difficulties
4. Identify causes and treatments for bottle aversion
5. Identify two feeding challenges children with palate abnormalities may experience

**Completion Requirements for ASHA CEUs**

- Participants must sign in/out each time they leave the conference area or sign onto the virtual event via Microsoft Teams no more than 10 minutes after the start of each presentation.
- Participants must attend at least three sessions to receive partial credit for ASHA CEUs.
- Participants must submit self assessments for each course they attend which confirms they have met the course objectives and a program assessment prior to their end of day sign out.
- Participants must complete a program assessment by August 15, 2025 at 11:59 pm EST.

**Conference Faculty:**

**Kate Apgar CCC-SLP**

Senior Speech-Language Pathologist  
UPMC Children's Hospital of Pittsburgh

*Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none*

**Allison Baggiano MS CCC-SLP**

Lead Speech Language Pathologist  
UPMC Children's Hospital of Pittsburgh

*Relevant financial relationship to disclose: compensation from UPMC, Duquesne University China Health Institute, Therapy Source Inc, University of Pittsburgh, Carlow University. Non-financial disclosures: none*

**Zachary Bennett, MD**

Division of Pediatric Otolaryngology  
UPMC Children's Hospital of Pittsburgh

*Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none*

**Kristen Cangilla CCC-SLP**

Senior Speech-Language Pathologist  
UPMC Children's Hospital of Pittsburgh

*Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none*

**Kaitlin Carpenter, CCC-SLP,**

Senior Speech-Language Pathologist  
UPMC Children's Hospital of Pittsburgh

*Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none*

**Matthew Ford CCC-SLP**

Clinical Coordinator Cleft-Craniofacial Center  
Speech-Language Pathologist  
UPMC Children's Hospital of Pittsburgh

*Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none*

**Katie (Kathryn) Habovick, OT**

UPMC Children's Hospital of Pittsburgh

*Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none*

**Candace Hawthorne PhD**

Licensed Psychologist  
Strong Foundation Psychological Associates

*Relevant financial relationship to disclose: salary from Strong Foundation Psychological Associates, Non-financial disclosures: none*

**Kimberly Kubistek, OTD, OTR/L, CNT**

Coordinator of Occupational Therapy Services  
UPMC Children's Hospital of Pittsburgh

*Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none*

**Maria Lohmann**

Clinical Dietitian,  
Department of Clinical Nutrition  
UPMC Children's Hospital of Pittsburgh

*Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none*

**Nicole Orlando, OT**

UPMC Children's Hospital of Pittsburgh

*Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none*

**Victoria (Tori) M. Powell, CRNP**

Associate Director, Feeding and Swallowing Center  
Division of Pediatric Gastroenterology, Hepatology, and Nutrition  
UPMC Children's Hospital of Pittsburgh

*Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none*

**Elizabeth M. Sinclair, MD**

Medical Director, Feeding and Swallowing Center  
Co-Medical Director, Eosinophilic Gastrointestinal Diseases Center  
Division of Pediatric Gastroenterology, Hepatology, and Nutrition, UPMC Children's Hospital of Pittsburgh  
Assistant Professor, Department of Pediatrics, University of Pittsburgh School of Medicine

*Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none*

**Katherine White MA CCC-SLP, IBCLC**

Senior Speech-Language Pathologist

UPMC Children's Hospital of Pittsburgh

*Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none*

**Devan Zapadka, CRNP**

Division of Pediatric Gastroenterology, Hepatology, and Nutrition

UPMC Children's Hospital of Pittsburgh

*Relevant financial relationship to disclose: salary from UPMC. Non-financial disclosures: none*

**FASC 2025 Conference Schedule**

9:45-10:25 AM Registration\*

10:25-10:30 Introduction, Elizabeth Sinclair, MD\*

10:30-11:30: Identifying ARFID, Candace Hawthorne PhD, Licensed Psychologist

Learners will....

- Identify 2 symptoms of ARFID.
- Differentiate between ARFID and other feeding and eating disorders.
- Identify referral pathway for diagnosis and treatment.

11:30-12:15: Myth Busters in Feeding, Katie White, SLP-CCC, and Nicole Orlando, OT

Learners will....

- List three popular myths related to feeding.
- Critically analyze feeding advice and differentiate between scientifically supported facts and myths.
- List two examples of education for patients and families related to debunked myths.

LUNCH 12:15-1:00\*

1:00-2:00: Noisy Breathing and Feeding, Zachary Bennett, MD and Kristin Cangilla, SLP-CCC

Learners will...

- Identify 3 different types of noisy breathing.
- Identify when noisy breathing is concerning.
- Identify when and where to refer based on type breathing.
- Identify feeding concerns/risks in setting of noisy breathing.
- Learners will identify one feeding modifications in setting of noisy breathing.

2-2:45:

Purees and how to progress texture in texture sensitive patients, Maria Lohmann, Katie (Kathryn) Habovick, OT

Learners will...

- Name oral motor skills and signs of readiness necessary to tolerate a variety of textures.
- Describe typical progression of food textures.
- Identify feeders who may have a sensitivity or aversion to textures.
- Identify 3 ways that textures may be progressed in populations with sensitivities or aversions to textures.
- Name foods to add to purees to increase the caloric density.
- Explain the contributions of purees toward total daily fluid intake.

2:45-3:00 Break\*

3:00-4:00 : Bottle Feeding Aversion: A Protocol, Devan Zapadka FNP-C, MSN, CPEN, Kaitlin Carpenter, SLP-CCC

Learners will....

- Define bottle feeding aversion.
- Identify three "subtle" forms of pressure that caregivers may unknowingly give their babies when feeding.
- Identify three populations that are at greater risk for developing a bottle feeding aversion.
- Identify the five steps of the Bottle Feeding Aversion Protocol.

4:00- 5:00: Feeding Issues with Cleft Palate, Matt Ford, MS, SLP-CCC, Kate Apgar, MS, SLP-CCC

Learners will....

- Name 2 feeding challenges in orofacial cleft.
- Explain the need of assistive feeding bottles for infants with cleft
- Identify the appearance of orofacial clefts.

5:00- 5:15 PM: Wrap Up and Questions Elizabeth M. Sinclair, MD\*

\*Denotes a time that does not count towards ASHA CEUs.



**ASHA CE**  
**APPROVED PROVIDER**

**Children's Hospital of  
Pittsburgh**

Intermediate Level

0.55 ASHA CEUs

*Attendees must attend at least 3 sessions to receive partial credit for ASHA CEUs, a maximum of 0.55 ASHA CEUs may be obtained by attending all sessions.*