# **Asthma Education** for School Nurses & Practitioners

**June 20, 2025** 











### **Event Schedule**

8:30 am Welcome and Breakfast

8:50 am **Opening Remarks** 

Mark Dovey, MD

UPMC Children's Pediatric Asthma Center

Andrew Buchert, MD

Interim Vice President of Medical Affairs,

UPMC Children's

9:00 am Asthma 101

> Kristina Gaietto, MD **UPMC** Children's

9:45 am **Asthma Guidelines & Biologics** 

Franziska Rosser, MD, MPH

UPMC Children's

10:30 am Morning Break

10:40 am **Environmental Factors and** 

their Role in Respiratory Health

**Kevin Stewart** 

Director, Environmental Health Advocacy and Public Policy, American Lung Association

11:20 am Vaping & Asthma

Rebecca Kishlock, CTTS

Director of Programs, Breathe PA Jessica Schuman, RN, AE-C, CTTS Asthma Program Manager, Breathe PA

12:00 pm Remarks from American

**Lung Association** 

Steven Gillis

Development Director, American Lung

Association

12:10 pm Lunch 1:00 pm **Anaphylaxis** 

> Allyson Larkin, MD **UPMC** Children's

1:40 pm **Panel Discussion: Addressing Barriers** 

to Asthma Control for Students

**Panelists:** 

Bridgett Bilenski, MSN, RN, NCSN

PA Assoc. of School Nurses and Practitioners

Devin McGuire, PhD **UPMC** Children's

Lorenda Porter, RN, MSN

Breathe PA Board Member, Parent Advocate

Anjani Ravindra, MD **UPMC Children's Moderator:** Mark Dovey, MD

**UPMC** Children's **Co-Moderator:** 

Bridgetta Devlin, CPNP-PC, CSN

**UPMC Children's** 

2:25 pm **Closing Remarks** 

Casey Monroe, MSW

Executive Director, Breathe PA

2:30 pm **Information Stations with Community Partners** 

· Adagio Health

 Allegheny County Health Department Chronic Disease • UPMC Children's Community **Program** 

- American Lung Association
- Breathe PA
- Pennsylvania Association of School Nurses and Practitioners
- UPMC Children's Community Health
- **Pediatrics**
- UPMC Children's Pediatric **Asthma Center**
- Valley Clean Air Now
- · Women for a Healthy **Environment**

**Conference Concludes** 3:15 pm







## **Presenter Bios**

#### **Bridgett Bilenski**

Bridgett Bilenski, MSN, RN, NCSN, started her career at Children's Hospital of Pittsburgh as a NICU nurse for 10 years, and then worked in the Intensive Care Nursery and the Pediatric Intensive Care Unit at Allegheny General Hospital for 6 years, before transitioning to the specialty of school nursing. Bridgett is currently a certified school nurse and the head nurse in the North Allegheny District, where she has been for the past 12 years. In addition, Bridgett is currently the southwest region representative for the Pennsylvania Association of School Nurses and Practitioners. Bridgett's recent accomplishments include co-authoring a chapter in the recently published textbook, Clinical Considerations in School-based Health: An Evidence-Based Guide for Physicians, Advanced practice providers and School nurses.

#### **Andrew Buchert**

Andrew Buchert, MD, is the Interim Vice President of Medical Affairs at UPMC Children's Hospital of Pittsburgh, where he also serves as the Medical Director for Clinical Resource Management. He is the President of the Pennsylvania Pediatric Health Network, UPMC Children's clinically integrated network which exists to improve the coordination of pediatric health care by focusing on high quality and efficient delivery of care. Dr. Buchert cares for children with asthma in his role as an attending hospitalist at UMPC Children's.

#### **Bridgetta Devlin**

As the School Nurse Navigator of UPMC Children's Hospital of Pittsburgh Division of Community Health, Bridgetta Devlin, CPNP-PC, CSN, assists school nurses to partner with students' health care providers and families by facilitating communication about the students' medical treatment needs. She also provides school nurses with related treatment resources. Bridgetta has years of experience providing care as a pediatric nurse practitioner in primary care and in the Pittsburgh Public Schools.

#### **Mark Dovey**

Mark Dovey, MD, is a pediatric pulmonologist in the Division of Pulmonary Medicine at UPMC Children's Hospital of Pittsburgh, where he serves as the Associate Clinical Director of the Asthma Center and the Associate Director of the Cystic Fibrosis Center. He is an Associate Professor of Pediatrics at the University of Pittsburgh School of Medicine.

#### **Kristina Gaietto**

Kristina Gaietto, MD, is a pediatric pulmonology attending physician here at CHP and an Instructor of Pediatrics at the University of Pittsburgh. She cares for patients here in the Severe Asthma Clinic, and conducts epidemiological and translational research aimed at narrowing childhood asthma disparities.

#### **Steve Gillis**

In his role as the Development Director for the American Lung Association in Southwestern Pennsylvania, Steve Gillis has been with the organization since 2017 and oversees all signature fundraising events, along with the Local Leadership Board and Young Leaders Council.

#### Rebecca Kishlock

Rebecca Kishlock, CTTS, is the Director of Programs at Breathe Pennsylvania, where she leads statewide tobacco education and cessation initiatives with a strong focus on youth vaping and nicotine addiction. A former prevention specialist with over 20 years of experience, she is a Certified Tobacco Treatment Specialist (CTTS), credentialed through Duquesne University. Rebecca is a frequent presenter on the public health impacts of tobacco and vaping and serves on the Board of Directors for the Commonwealth Prevention Alliance.

#### **Allyson Larkin**

Allyson Larkin, MD, is an Allergy and Immunology physician at UPMC CHP. She currently serves as the Clinical Director for the UPMC CHP Asthma Center and Co Directs the difficult to treat asthma clinic.

#### **Devin McGuier**

Devin McGuier, PhD, is the integrated psychologist within the Divisions of Pulmonary Medicine and Allergy and Immunology at Children's Hospital of Pittsburgh and also serves as one of two psychologists in the Behavioral Sleep Medicine Program. He works with children, adolescents young adults and families with a variety of medical presentations including asthma, food allergies, Cystic Fibrosis, and sleep problems. He received his Bachelors degree in Biology and Psychology from Carnegie Mellon University before earning his Masters and Doctoral degrees from Penn State University.

#### **Casey Monroe**

Casey Monroe, MSW, serves as the Executive Director of Breathe PA, where her commitment to public health drives every aspect of her leadership. A lifelong Pittsburgh resident, she has chosen to raise her family—and build her career—in the city she calls home. With her husband and their two spirited daughters, Casey is deeply invested in creating a healthier, more equitable region for all who live here.

#### Lorenda L. Porter

Lorenda Porter, RN, MSN, is a Certified School Nurse known by "Nurse Porter" to her students and coworkers currently is employed as the School Nurse at Pittsburgh Montessori PK-5. Nurse Porter received her bachelor's degree of Science in Nursing from Indiana University of PA, Master of Science in Nursing from Carlow (College) University and School Nurse Certification from Clarion University of PA. Nurse Porter commitment to Respiratory Health is an everyday part of her life as her daughter is diagnosed with Persistent Moderate Asthma. She joined Breath PA as a board member in June 2024.

#### Anjani Ravindra

Anjani Ravindra, MD, is a pediatric pulmonologist that has an asthma clinic in the Children's Primary Care Center in Oakland. She works with general pediatricians to address barriers to appropriate asthma care as well as act as a liaison to the hospital division.

#### Franziska J. Rosser

Franziska J. Rosser, MD, MPH, is a pediatric pulmonologist at UPMC Children's Hospital of Pittsburgh and an Assistant Professor of Pediatrics within the Division of Pulmonology, University of Pittsburgh School of Medicine, specializing in caring for children with respiratory disorders. She is the Co-Director of the Difficult to Treat Asthma Clinic at UPMC Children's, and she is a grant-funded researcher in the realm of pediatric asthma.

#### Jessica Schuman

As Breathe PA's Asthma Program Manager, Jessica leads the School Asthma Initiative, working closely with school nurses and families to support and educate children with asthma. She holds a bachelor's degree in nursing from the University of Pittsburgh School of Nursing and is a Certified Asthma Educator (AE-C) and a Certified Tobacco Treatment Specialist (CTTS).

#### Kevin M. Stewart

Mr. Stewart is Director of Environmental Health, Advocacy and Public Policy for the American Lung Association. He is a major contributor to the Lung Association's annual State of the Air report addressing outdoor ozone and fine particle pollution. He works on the Lung Association team supporting the National Radon Action Plan, including creating resources for professional use. He has also provided training on indoor air quality to school personnel throughout Pennsylvania. Mr. Stewart holds a Bachelor of Science degree in chemical engineering from Princeton University.