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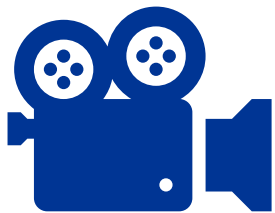


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- Everyone on every Program Evaluation and Research Unit (PERU) webinar is **valued**. Everyone has an expectation of **mutual, positive regard** for everyone else that respects the **diversity** of everyone on the webinar.
- We operate from a **strength-based, empathetic, and supportive** framework – with the people we serve, and with each other on PERU webinars.
- We encourage the use of **affirming language** that is not discriminatory or stigmatizing.
- We treat others as **they** would like to be treated and, therefore, avoid argumentative, disruptive, and/or aggressive language.



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Mutual Agreement (continued)

- We strive to **listen** to each person, avoid interrupting others, and seek to **understand** each other through the Learning Network as we work toward the highest quality services for Centers of Excellence (COE) clients.
- Information presented in Learning Network sessions has been vetted. We recognize that people have different opinions, and those **diverse perspectives** are welcomed and valued. Questions and comments should be framed as **constructive feedback**.
- The Learning Network format is **not conducive to debate**. If something happens that concerns you, **please send a chat during the session** to the panelists and we will attempt to make room to address it either during the session or by scheduling time outside of the session to process and understand it. **Alternatively, you can reach out offline to your PERU point of contact.**



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Acknowledgements

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- COE vision: The Centers of Excellence will ensure care coordination, increase access to medication-assisted treatment and integrate physical and behavioral health for individuals with opioid use disorder.



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Program Evaluation and Research Unit

Family Involvement in COE Services



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Learning Objectives

By the end of this training, trainees will be able to:

- Outline the **effects** of an individual's SUD and the SUD system on the family.
- Identify how to **assess** for family involvement in COE services.
- Describe what should be **considered** when involving family members.
- Outline the **benefits** of family involvement in care management.
- Describe the way families can be **included** in the recovery process for individuals with OUD.



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Poll Question

When do you identify a client's family and/or supports?

- a. During COE Enrollment
- b. During Care Plan Development
- c. During Ongoing Care Management/ CRS Visits
- d. During Discharge
- e. Not at All



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Why are we Discussing Family Involvement in COEs?



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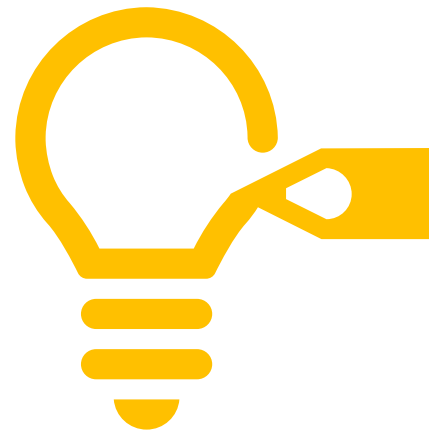
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Truths about Individuals and Services

- SUD services are typically focused on the **individual**¹
- People with SUD **stay in touch** with loved ones²
- Care managers play a pivotal role in **recognizing the roles** family and social supports play in an individual's recovery³
- COEs can help to **build support systems**



(¹Dopp et al., 2022;²Ariss & Fairbairn, 2020; ³SAMHSA, 2015)



Tangible Benefits of Involving Families

- Transportation
- Housing
- Food
- Financial **resources**
- Childcare
- **Attending** sessions
- Person to discuss **recovery**
- Identify **warning** signs



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Intangible Benefits of Involving Families

- **Positive** reinforcement
- Person who **listens**
- Reward of **repairing** relationship
- Connection
- Encouragement
- Reduced **social** isolation
- **Decreased** feelings of hopelessness



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Where Can Family Involvement be Beneficial?

Initial
Identification

Outreach

Engagement

Assessment of
SUD

Ongoing Recovery
Support



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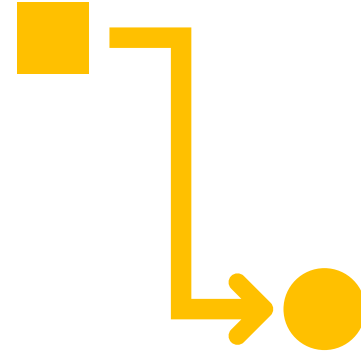
Better Outcomes

- Client **engagement** in care
- Client **completion** of care
- **Reduced** substance use
- Improved **family** functioning



Impact of Family Perceptions on Client

- Family members may not be **familiar** with or **approving** of MOUD
- Lack of familial support may **bias clients** away from MOUD



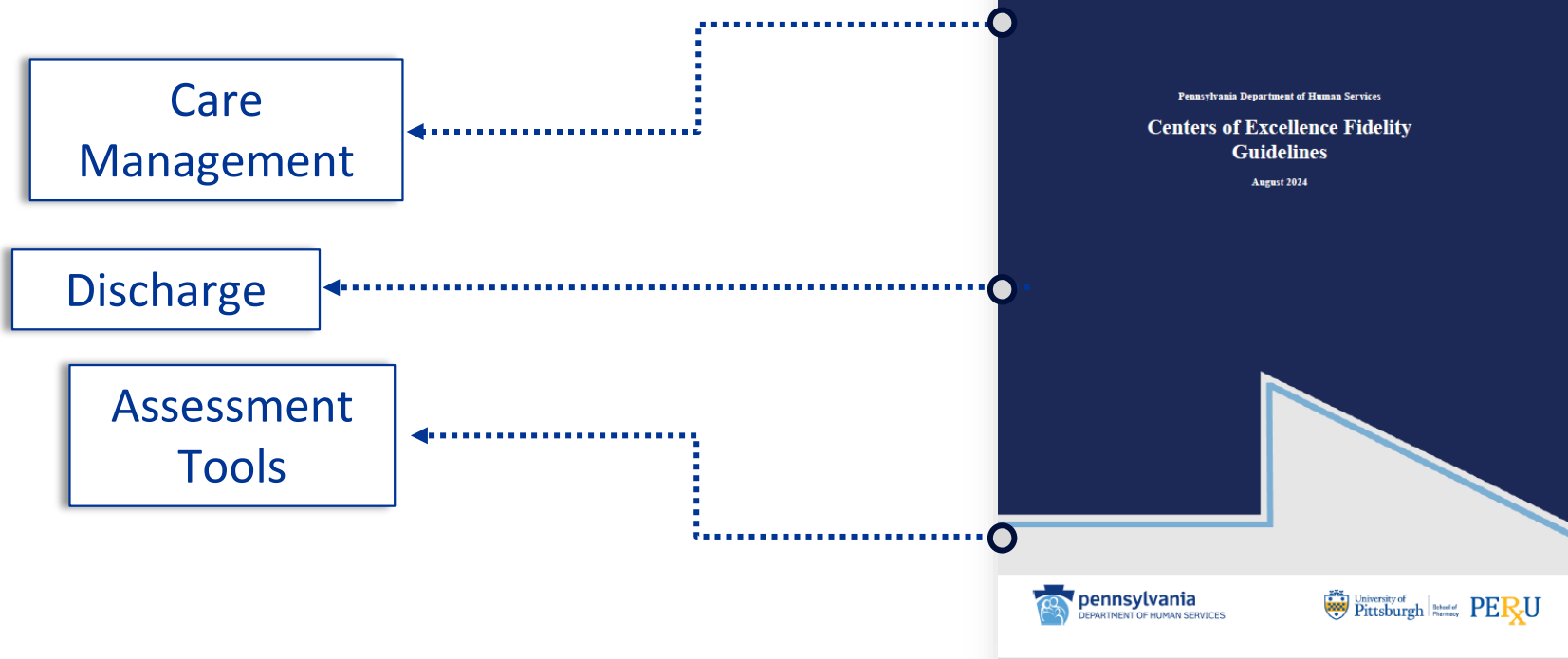
Pitfalls of Not Serving Families

Families may rely on **informal** sources which may not be **helpful**

- Support Groups
- Internet



Fidelity to the COE Model



Definition of Family and Impacts of Substance Use Disorder (SUD)



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Definitions of Family

- Lack of **consensus**^{1,3}
- Complex²
- **Beyond** those that are genetically related²
- Change over **time**^{1,3}
- Impacted by **cultures and beliefs**³
- May be **chosen**⁴
- Consider **recovery** supports³



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¹Miller, 2016; ²Weaver, 2022; ³SAMHSA, 2020;

⁴Jackson et al., 2020)



Discussion Question

Who do your clients
identify as recovery
supports?



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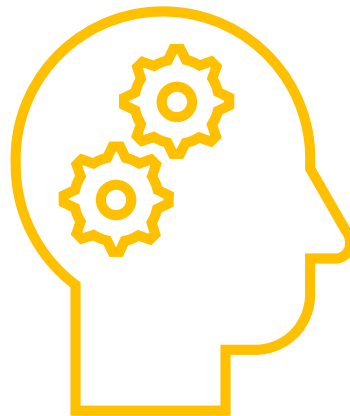
Effects of SUD on Families

- **Emotional** burden¹
- Relationship **distress** or dissatisfaction¹
- Family **cohesion**²
- **Economic** burden¹
- Risk of developing **health** conditions³



Individualized Factors that Impact Effects on Families

- **Severity** of disorder
- Presence of other **issues**
- **Behaviors** of the individual
- Support **available**
- **Coping** mechanisms



What Can Interventions for Families Accomplish?

- **Influence** on client
- Address **impact** of SUD
- Help family **support** client
- **Help** family address their issues
- Reduce **emotional** burden



Experience of Families in the SUD System



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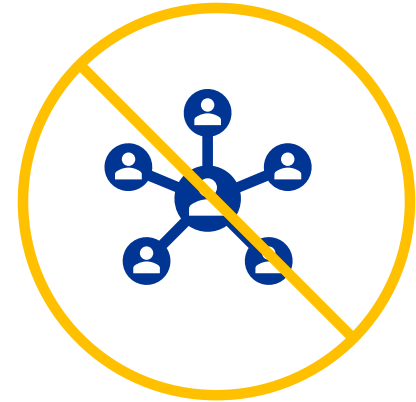
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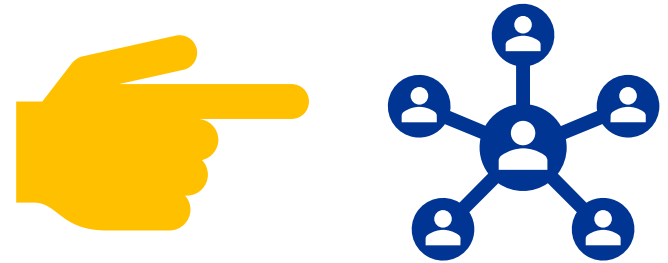
Stigma Against Families

- Not asking families for **input**
- **Limited** visiting hours
- Prohibiting **phone** calls
- Trivializing **attitudes** of staff
- Not allowing families to **make referrals**
- Not screening, recognizing, and treating **needs of family**



Blaming of Families

- Reporting SUD is **genetic**¹
- **Labeled** as codependent²
- **Enabling** the individual²



(¹Dopp et al., 2022; ²Ventura & Bagley, 2017)



Involving Family in COEs



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Discussion Question

How do you determine
whether to involve family
in the client's care?



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Identifying Family

- Individuals with SUD maintain **contact** with family¹
- Beneficial to **recognize** early in work with client²
- Ask **open-ended** questions³
- **Client's** choice²



Determining How to Involve Family Members

- Ask the **client**
- Discuss **early** in care



Potential Questions for Identifying Family

“**Who** can support you while you are in services and what **type** of **support** do you need?”



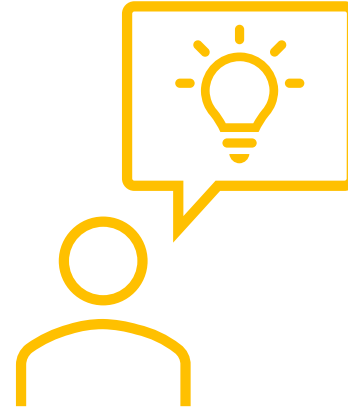
Potential Questions for Identifying Family

“**Who** in the past has been the most **helpful** to you and **what** did they do?”



Potential Questions for Identifying Family

“**Who** in your family
would you like involved
in your care?”





Discussion Question

What questions do you ask
to assess a client's family?



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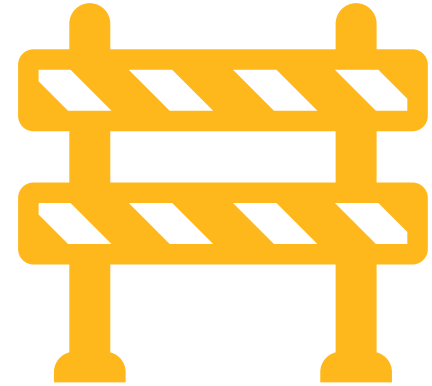
Considerations for Including Family

- Client may **not** agree
- **Abuse/violence/neglect** within the family
- Psychosis
- Cognitive **impairments**



Challenges to Involving Family

- Location
- Person's **understanding** of SUD
- **Stigma** associated with opioid use
- **Shaming** of client
- Family **dysfunction**
- Concerns about **confidentiality**
- Extensive **needs** of family members
- **Refusing** to participate





Discussion Question

Are there strategies you've
found effective when
engaging families in
services?

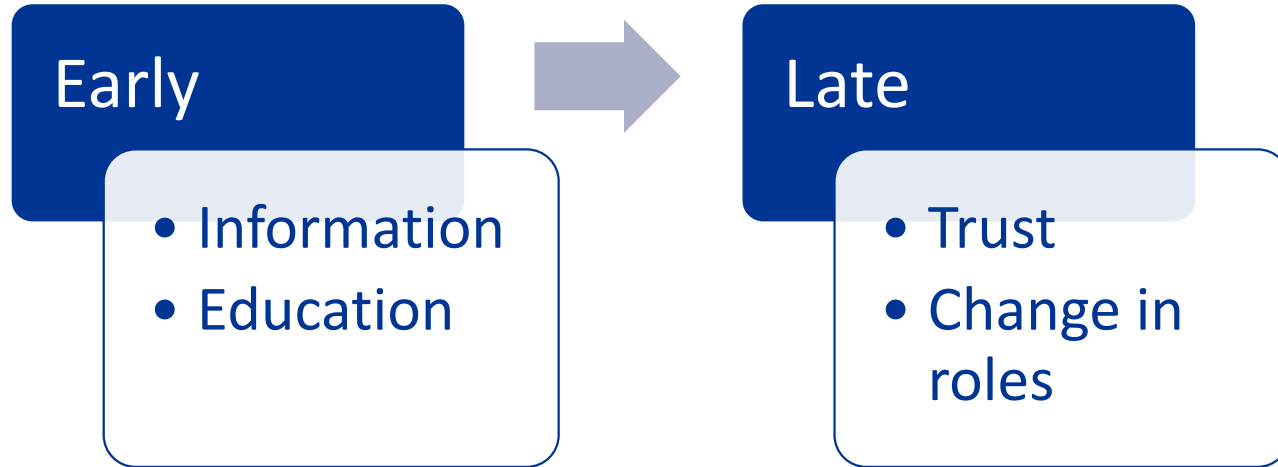


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Needs of Family Vary Over Course of Services



Interventions for Family from COE



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Poll Question

What interventions are most helpful for families?

- a. Inclusion in care planning
- b. Participation in care management visits
- c. Providing information/education
- d. Offering or referring to groups
- e. Referring for therapy



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Inclusion of Family in Care Planning

- **Substance use** in the family
- Family **strengths**
- Consider **family goals**
- **Ongoing** basis



Family Participation in Care Management

- **Support/Encourage** client
- Share **insight**
- Outline **confidentiality**
- Ground **rules**



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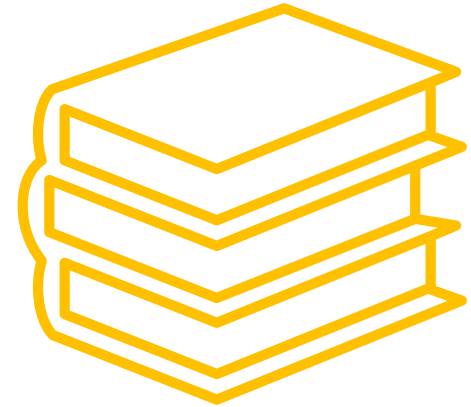
Information for Families

- Care management **services**
- **Appropriate levels** of treatment available
- **Benefits** of services
- Client **rights**



Education for Families

- SUD and **recovery**¹
- Relapse **prevention**²
- **Return** to use and **overdoses**¹
- **MOUD** treatment options^{2,3}
- Communication and problem-solving **skills**²



Existing Resources/Referrals for Families

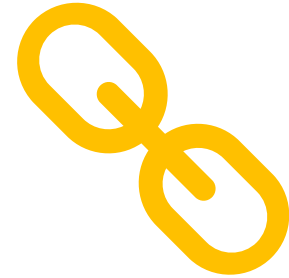
- Mutual-aid **support** groups¹
- **Community-based** organizations²



(¹Dailey, 2013; ²SAMHSA, 2020)

Family Peer Recovery Specialists

- Offer **understanding**
- Provide **education** and support
- **Link** to services



Overdose Education and Naloxone Rescue Kits

Benefits of providing to families

- Security
- Confidence
- Understanding

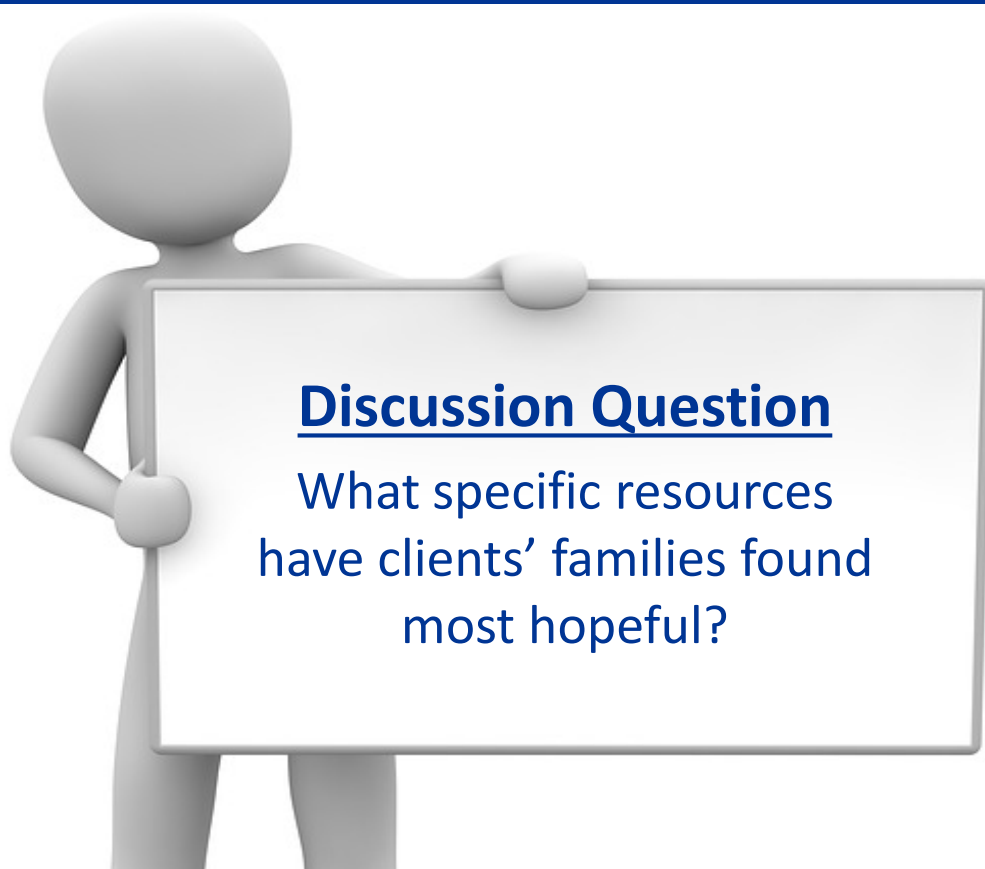


Offering Care Management Services to Families

Address systematic care issues and access

- Healthcare
- Education
- Legal
- Childcare





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Referrals Outside of the COE



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Treatment/Support Referrals for Families

- Groups¹
- Therapy Options²
 - Couples
 - Family
 - Community Reinforcement Approach



Benefits of Significant Other Involved Therapy for Clients

- Improved **engagement**^{1,2}
- Increased **reduction** in substance use³
- Treatment cost **effectiveness**²



Benefits of Significant Other Involved Therapy for Families

- Reduce **emotional** burden¹
- **Improve** coping¹
- Improve family **functioning**²
- Foster **healing**³



(¹Daley, 2013; ²Kostermann & O'Farrell, 2013;
³SAMHSA, 2020)



Key Takeaways

- Engaging families in COE care is **beneficial**
- Family is **identified** by the client
- SUD effects not only the clients but the **family**
- There are different **methods** of engaging families in care
- **Services** for families can be done within and external to the COE



Questions?



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Wrap up and Next Session



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COE Learning Network



Navigation

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- To request CEs, complete the **session evaluation**.
- Slides and recording available on [Tomorrow's Healthcare](#)
- **Next Session:** 150th session: Stepped Care Approach–August 27th at 12pm



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