

UPMC Central PA Advanced Practice Providers' CME Day



Thursday, October 23, 2025 | 8 a.m.–12:15 p.m. EST
Conference to be held virtually via Microsoft Teams
Online Registration available at ***

Overview

This conference will feature presentations from APPs across UPMC Central PA. This conference is designed for UPMC Central PA APPs and APP students. It reflects the region's commitment to enhancing the clinical proficiency and professional development of APPs through evidence-based education, interdisciplinary collaboration, and continuous quality improvement. The day's events are listed below.

Course Directors

APPAC APP Education Committee led by **Erin Colello, PA-C, Kameron Page, PA-C** and **Kori Morgan, DNP, FNP-C**

Schedule

8-8:15 a.m.	Introduction by <i>Erin Colello, MHS, PA-C</i>
8:15-9:15 a.m.	KEYNOTE: The APP's Guide to Nutrition and Management of Chronic by <i>Austin Lambert, PA-C, RDN, LDN</i>
9:15-10 a.m.	GLP-1s and Beyond: What Every APP Needs to Know about Anti-Obesity Medications by <i>Karla P. Ramirez Canales, CRNP, FNP-BC</i>
10-10:15 a.m.	BREAK
10:15-11 a.m.	Decisions That Matter: Navigating Advanced Care Planning for the APP by <i>Christa Massak, DNP, CRNP, ACHPN</i>
11 a.m.-12 p.m.	The Bugs We Battle: Multidisciplinary Infectious Disease Panel Discussion by <i>Allison Hitchcock, Marisa Kennel, MSN, CRNP, Sandra Halbruner, DNP, FNP-BC, AGACNP, BC, Michelle Reed, MPH, MSN, CRNP</i>
12-12:30 p.m.	Review, Evaluation and Adjournment

UPMC Central PA Advanced Practice Providers' CME Day



Faculty Listing

(All UPMC unless stated otherwise)

Erin Colello, MHS, PA-C, SFHM

Allison Hitchcock

Marisa Kennel, MSN, CRNP

Austin Lambert, PA-C, RDN, LDN

Sandra Halbruner, DNP, FNP-BC, AGACNP, BC

Christa Massak, DNP, CRNP, ACHPN

Karla P. Ramirez Canales, CRNP, FNP-BC

Michelle Reed, MPH, MSN, CRNP

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 3.5 contact hour.

Other Healthcare Professionals: Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Who Should Attend

This course is designed for UPMC Advanced Practice Providers and students enrolled in area APP programs.

Accreditation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician Assistant (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 3.5 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation.

Faculty Disclosure:

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

No members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

The University of Pittsburgh is an affirmative action, equal opportunity institution.

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by contacting us at

CentralPAAdvancedPracticeProviders@upmc.edu
u.