



COUNSELING ON ACCESS TO LETHAL MEANS

Suicide Prevention Training

Reducing access to lethal means, such as firearms and medication, can determine whether a person at risk for suicide lives or dies.

The CALM course is about how to reduce access to the methods people use to kill themselves. It is a **one-hour virtual training** primarily designed for mental health professionals, but others who work with people at risk for suicide, such as health care providers and social service professionals, would also benefit.

The CALM curriculum covers who needs lethal means counseling and how to work with people at risk for suicide—and their families—to reduce access.

Trainings are open to anyone and will be delivered virtually, via Zoom.

SIGN-UP TODAY!



tinyurl.com/SPTrain2025

CALM Training Sessions (virtual)

Tuesday, January 13, 2026

12:00 p.m. – 1:00 p.m.

Thursday, February 12, 2026

3:00 p.m. – 4:00 p.m.

**This activity is approved for the following credit:
ANCC, ASWB and APA and AMA PRA Category 1 Credit™.**

Questions? Contact Chris at 412-383-3926 or chirdon@pitt.edu