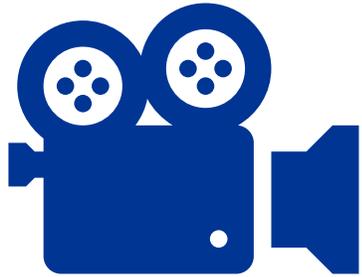


Housekeeping



This session is being recorded to **Tomorrow's Healthcare.**



If you used a forwarded link, we need your **email address.**



Pose questions in the chat to **"Everyone"**.



Please complete the post-session **evaluation.**



University of
Pittsburgh

School of
Pharmacy

PER_XU

Continuing Education Information

In support of improving patient care, this activity has been planned and implemented by the University of Pittsburgh and The Jewish Healthcare Foundation. The University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. **1.25 hours is approved for this course.**

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive **1.25 continuing education credits.**



University of
Pittsburgh

School of
Pharmacy

PERXU

Disclosures

No members of the planning committee, speakers, presenters, authors, content reviewers, and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients to disclose.



University of
Pittsburgh

School of
Pharmacy

PERXU

Disclaimer

The information presented at this Center for Continuing Education in Health Sciences program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC/University of Pittsburgh Medical Center or affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use their own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses, and any off-label uses.



University of
Pittsburgh

School of
Pharmacy

PER_XU

Mutual Agreement

- Everyone on every Program Evaluation and Research Unit (PERU) webinar is **valued**. Everyone has an expectation of **mutual, positive regard** for everyone else that respects the **diversity** of everyone on the webinar.
- We operate from a **strength-based, empathetic, and supportive** framework – with the people we serve, and with each other on PERU webinars.
- We encourage the use of **affirming language** that is not discriminatory or stigmatizing.
- We treat others as **they** would like to be treated and, therefore, avoid argumentative, disruptive, and/or aggressive language.



University of
Pittsburgh

School of
Pharmacy

PERU

Mutual Agreement (continued)

- We strive to **listen** to each person, avoid interrupting others, and seek to **understand** each other through the Learning Network as we work toward the highest quality services for Centers of Excellence (COE) clients.
- Information presented in Learning Network sessions has been vetted. We recognize that people have different opinions, and those **diverse perspectives** are welcomed and valued. Questions and comments should be framed as **constructive feedback**.
- The Learning Network format is **not conducive to debate**. If something happens that concerns you, **please send a chat during the session** to the panelists and we will attempt to make room to address it either during the session or by scheduling time outside of the session to process and understand it. **Alternatively, you can reach out offline to your PERU point of contact.**



University of
Pittsburgh

School of
Pharmacy

PERU

Acknowledgements

- The COE project is a partnership of the University of Pittsburgh's Program Evaluation and Research Unit and the Pennsylvania Department of Human Services; and is funded by the Pennsylvania Department of Human Services, grant number 601747.
- COE vision: The Centers of Excellence will ensure care coordination, increase access to medication-assisted treatment and integrate physical and behavioral health for individuals with opioid use disorder.



University of
Pittsburgh

School of
Pharmacy

PER_XU

SUPPORTING SURVIVORS OF DOMESTIC VIOLENCE

COE Learning Network Series

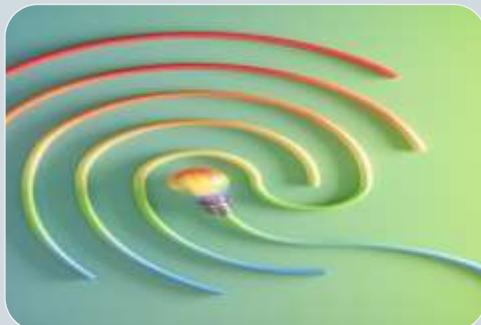
2.11.26



You Play a Crucial Role in the Lives of Survivors

- You are in one of the most critical positions to support survivors.
- You may be the first person to notice potential indicators of IPV, the first safe person they trust, or the one connection that helps them realize they are not alone.
- Your ability to listen, to believe, and to provide resources can literally change the course of their futures.
- You don't have to have all the answers, but by showing up, being present, and knowing how to connect them to safety, you become a crucial lifeline.

Objectives



Discuss the intersection of substance use and domestic violence.



Use trauma-informed, client-centered approaches to ask about relationships and well-being.

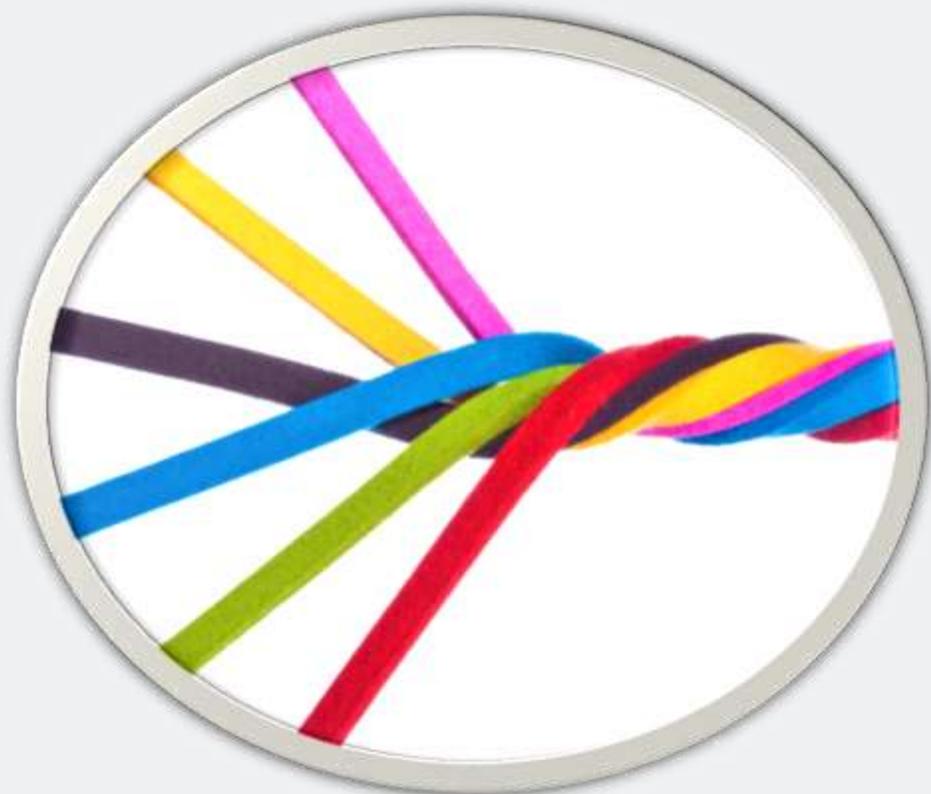


Respond empathetically to disclosures of domestic violence.



Ensure supportive responses when concerns exist but no disclosure is made.

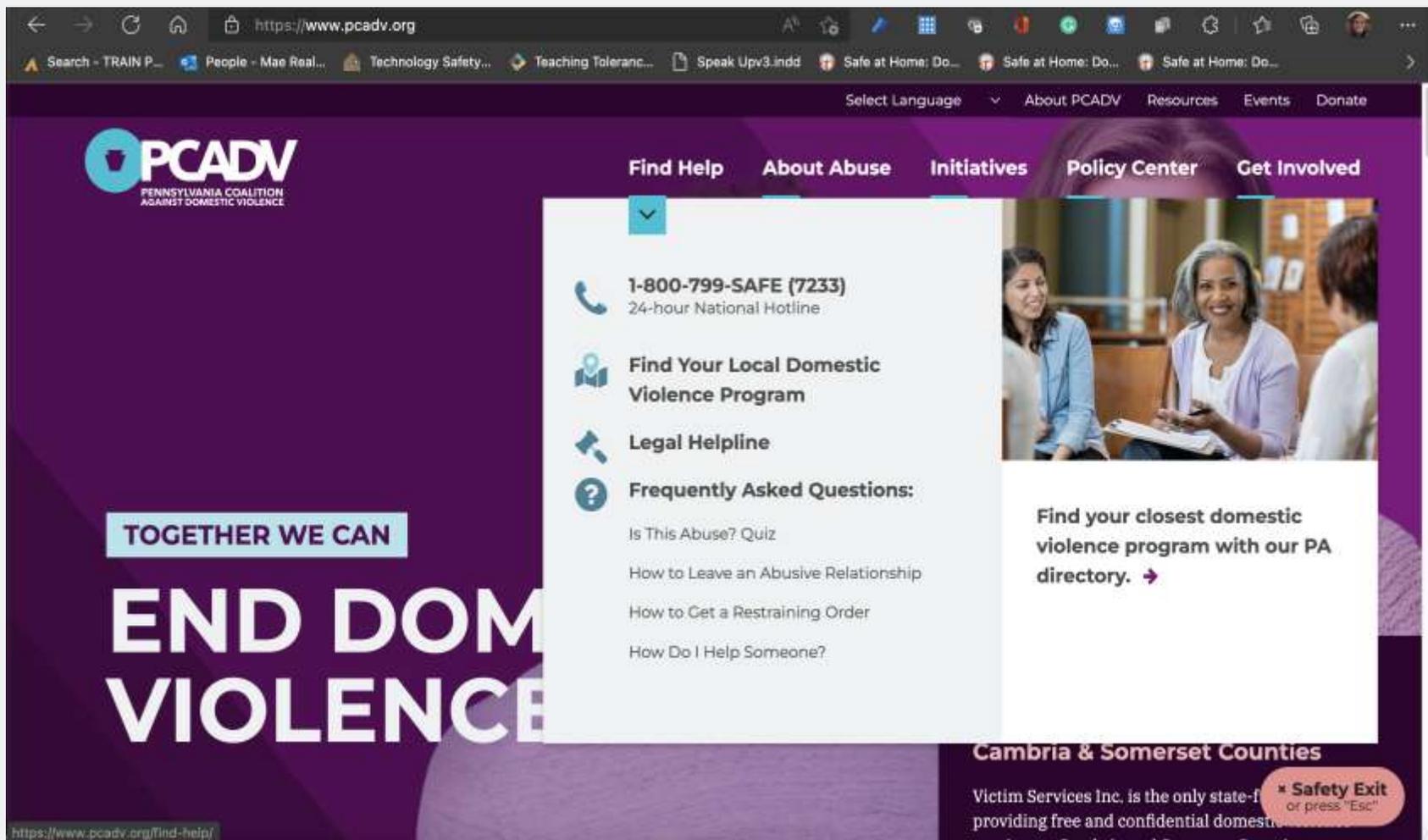
PA Coalition Against Domestic Violence



Our member is a network of 59 local domestic violence programs provides free and confidential direct services and survivors of domestic violence and their children in all 67 counties of the Commonwealth.

Together, local programs and the Coalition work in collaboration to deliver a continuum of services, support, and systems to help survivors find safety, obtain justice, and build lives free of abuse.

Take A Minute to Find Your Local DV Program



Go to www.pcadv.org

Click the “Find Help” Tab.

Then, click on “Find Your Local Domestic Violence Program”

Checking In



When you learn a client is experiencing or has a history of domestic violence, what thoughts, concerns, questions come to mind?

Defining Domestic Violence

A **pattern of coercive behavior** used by one person to **gain and maintain power and control** over another in an intimate or familial relationship.

Domestic Violence Counts: A Snapshot of One Day in PA

On just ONE completely normal day in September 2024, 56 local domestic violence programs in PA served:

3,184:

1,792 adult and children survivors found refuge in emergency shelters, transitional housing, hotels, motels, or other housing

1,310 non-residential adult and child supportive services including counseling, legal advocacy, and support groups.

There were also 882 hotline contacts on that day.



People who abuse use many different, intersecting tactics to gain power and control.

Domestic violence is deeply nuanced and every survivor's experience is unique.

Key Point



Ending a relationship is not always safe or desired.

Coercive Tactics Related to Substance Use

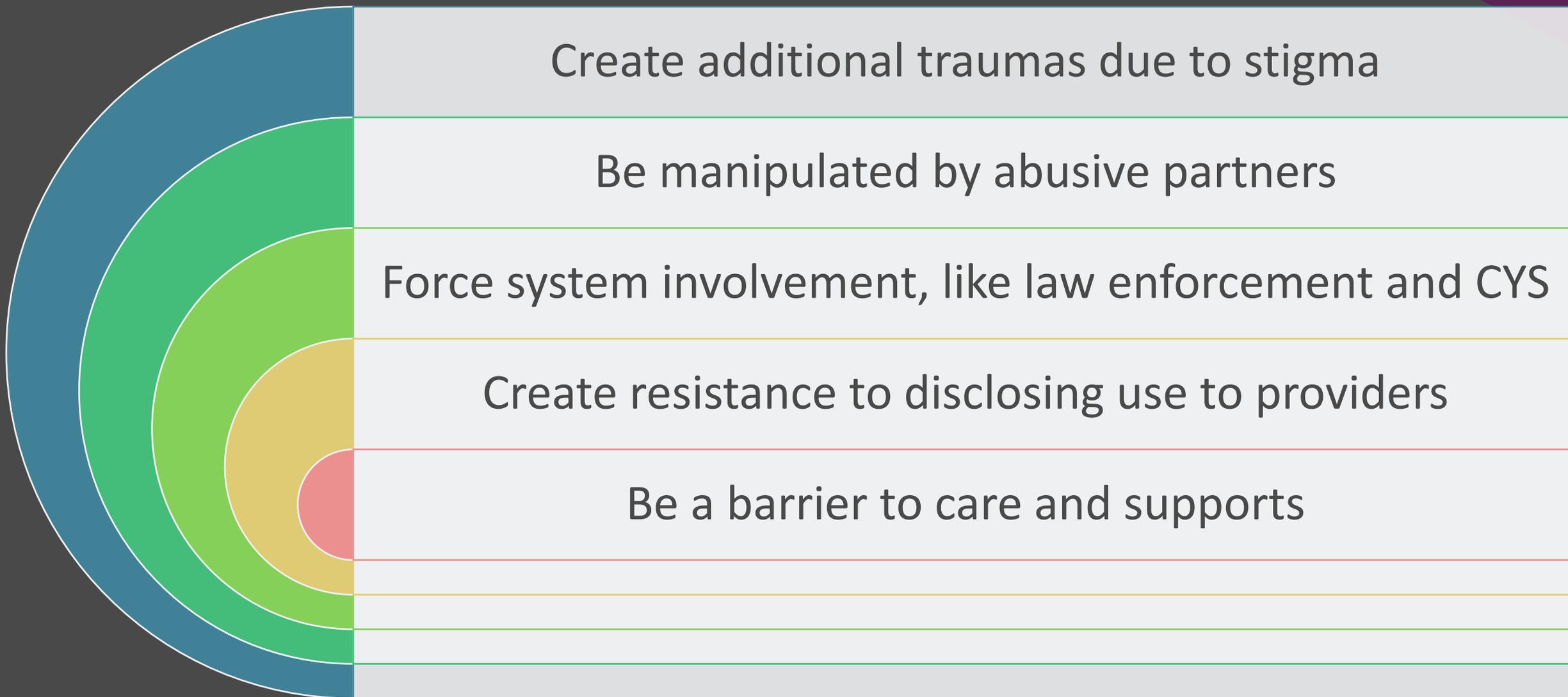
Manipulate current substance use

Introduce a substance as means to get/regain control

Sabotage recovery efforts

Threaten to involve 'systems'

For survivors of DV, substance use can . . .





What are some barriers people you work with may face in sharing that they are experiencing DV?

Special Considerations

Pregnancy and IPV

Brain Injury



People who use intimate violence partner gain additional coercive tactics when someone is or has recently been pregnant, especially if they have a history of substance use.

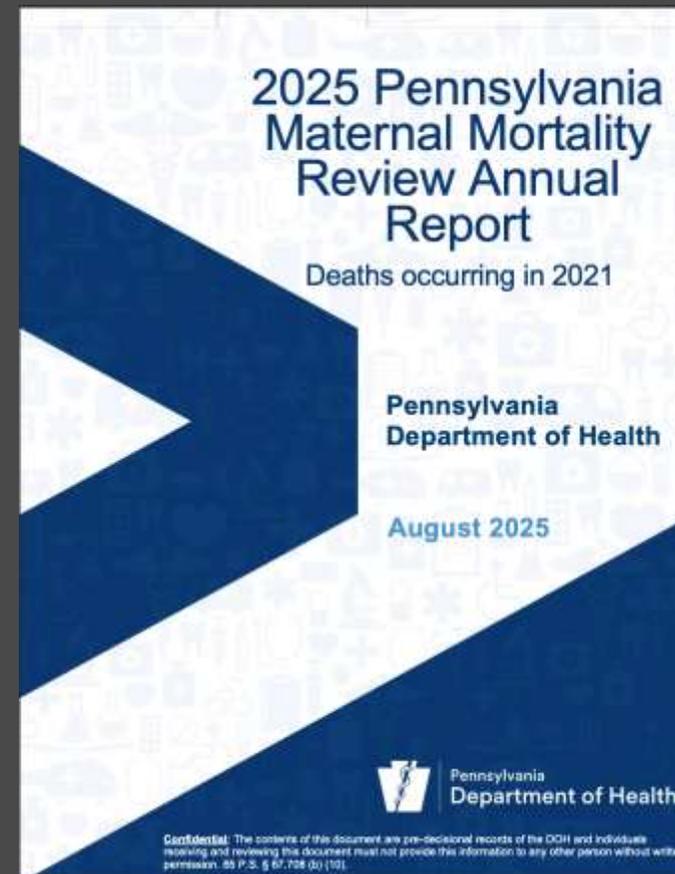
From the 2024 Pennsylvania Maternal Mortality Review Annual Report

Approximately 41% of cases identified substance use disorder as a contributing factor in the death.

Mental health conditions, which include substance use, was the **LEADING** cause of death for both pregnancy related and pregnancy associated cases.

From PA's MMRC 2025 Report

“The PA and Philadelphia MMRCs devised 45 recommendations for 20 cases, or 15% of all cases, where IPV was identified, which highlights that improvements must be made to serve individuals experiencing IPV. Those recommendations are found throughout the priority areas [named in this report].”

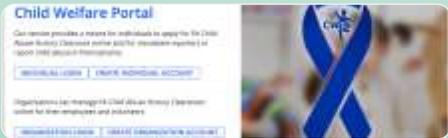


From: <https://www.pa.gov/content/dam/copapwp-pagov/en/health/documents/topics/documents/programs/2025%20MMR%20Report.pdf>

PLANS OF SAFE CARE IN PA



Intended to convene a multi-disciplinary team together to “ensure both the safety and well-being of the child and address health and substance use treatment needs of the family or caregiver.”



Healthcare providers have an obligation to notify Childline if they “identify an infant both affected by prenatal substance exposure.”



Applies to substances that are both “legal” and “illegal”.

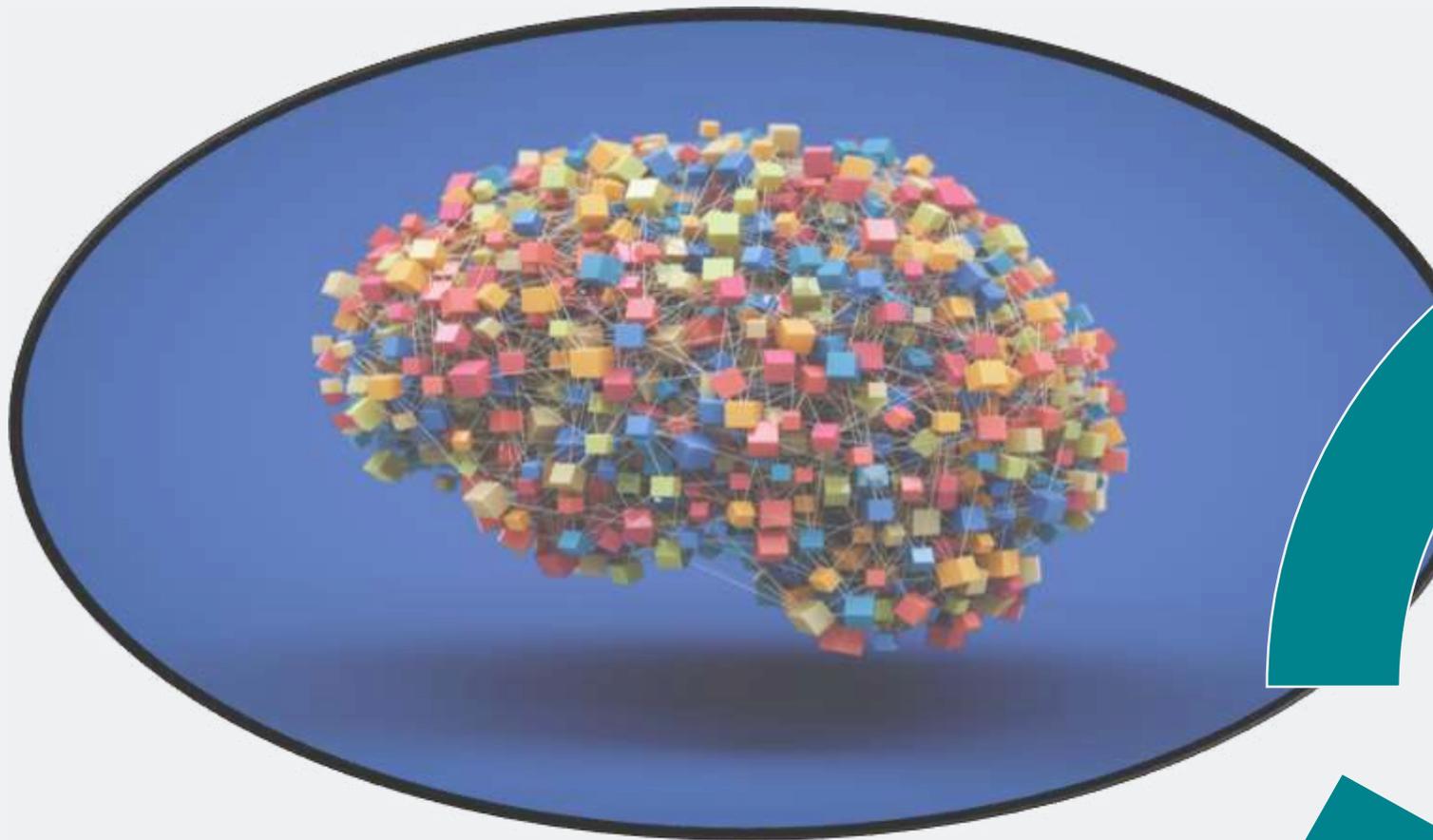


Each county has a different method for responding to these notifications.



The information reported by the Childline Provider can be determined to be an “information only notification” or a “general protective services” referral.

- Resource Referenced: DHS Plans of Safe Care Presentation (22 March 2021) for PA PQC Meeting. Link: <https://www.papqc.org/content/events/materials-from-sessions/2021-03-24-session/465-plans-of-safe-care/file>



“It has now been estimated that the number of women who have experienced TBI secondary to domestic violence is 11–12 times greater than the number of TBIs experienced by military personnel and athletes combined.”

Effects of Lack of Oxygen

- Strangulation
- Non-fatal overdose

KEY POINT:

All types of brain injury are compounded with subsequent brain injuries, especially when healing and treatment have not been possible or occurred.

BRAIN OXYGEN DEPRIVATION

NOT ALL BRAIN INJURIES INVOLVE A BLOW TO THE HEAD OR LESION. INDEED, YOUR BRAIN CAN BE INJURED EVEN WHEN NOTHING COMES INTO CONTACT WITH YOUR HEAD.

ANOXIC BRAIN INJURIES

ANOXIC BRAIN INJURIES OCCUR WHEN THE BRAIN IS TOTALLY DEPRIVED OF OXYGEN DUE TO SUDDEN CARDIAC ARREST, CHOKING, STRANGULATION, AND OTHER SUDDEN INJURIES.

HYPOXIC BRAIN INJURIES

HYPOXIC BRAIN INJURIES OCCUR WHEN THE BRAIN RECEIVES LESS OXYGEN THAN IT NEEDS, BUT IS NOT COMPLETELY DEPRIVED OF OXYGEN (ONLY GETS A FRACTION)

HOW LONG CAN A PERSON SURVIVE OXYGEN DEPRIVATION?

0 MINUTES	1-2 MINUTES	5 MINUTES	10 MINUTES >>
LOSS OF OXYGEN	BRAIN DAMAGE MAY BEGIN	DEATH OF BRAIN CELLS & SEVERE BRAIN DAMAGE	DEATH IS LIKELY

OVERALL HEALTH AND SPECIALIZED TRAINING MAY IMPACT THE TIMELINE.

SpinalCord.com (877) 336-7192 support@spinalcord.com



Connecting to Resources and Supports

The Brain Injury Resource Line (BIRL) is staffed by volunteers who are able to provide information about resources that may be of help to people with a brain injury. This can be accessed by anyone who wants to support the individual.

BIRL can be reached by calling: 1-800-444-6443. Callers will be asked to leave a message, the call will usually be returned within three work days.

BIRL is maintained by the Brain Injury Association of Pennsylvania (BIAPA).

Asking Clients About and Responding to Domestic Violence

Moving Beyond
Simply Screening

&

Once You Know,
You Know



We Can Identify and Connect More People to Support By . . .

Normalizing the conversation about IPV.

Asking in private.

Talking to EVERY client.

Always ask in private!

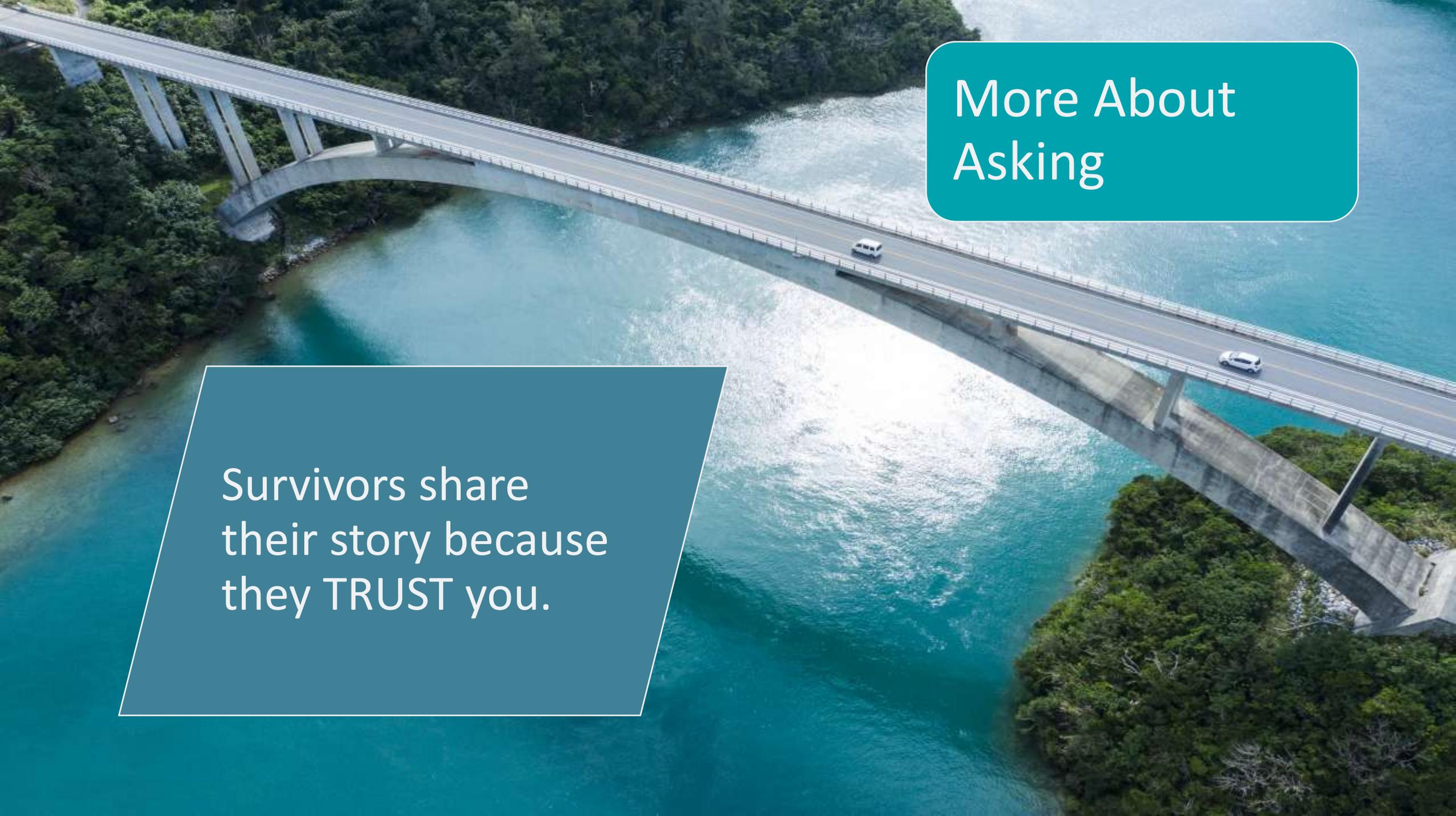
PRIVATE

What are some strategies you use to get privacy with a client?



Limits to Confidentiality

Make clear, in many ways,
any of the limits to your
confidentiality in **PLAIN
LANGUAGE!**

An aerial photograph of a long, multi-span concrete bridge crossing a wide river. The water is a vibrant turquoise color, and the surrounding landscape is lush with green trees. Two white cars are visible on the bridge, one in the middle and one further to the right. The bridge has several large concrete piers supporting it. The overall scene is bright and clear.

More About
Asking

Survivors share
their story because
they TRUST you.

Some Helpful Questions If Someone Discloses DV

What do you need from me?

What do you need from [my organization]?

What are you most concerned about?

What do you need today?

Here to Help Those Who Help



Your local domestic violence program will help you process the experience of working with a survivor and offer strategies you can use to help support folks!



Warm Handoff

Warm Handoff

Warm Handoff

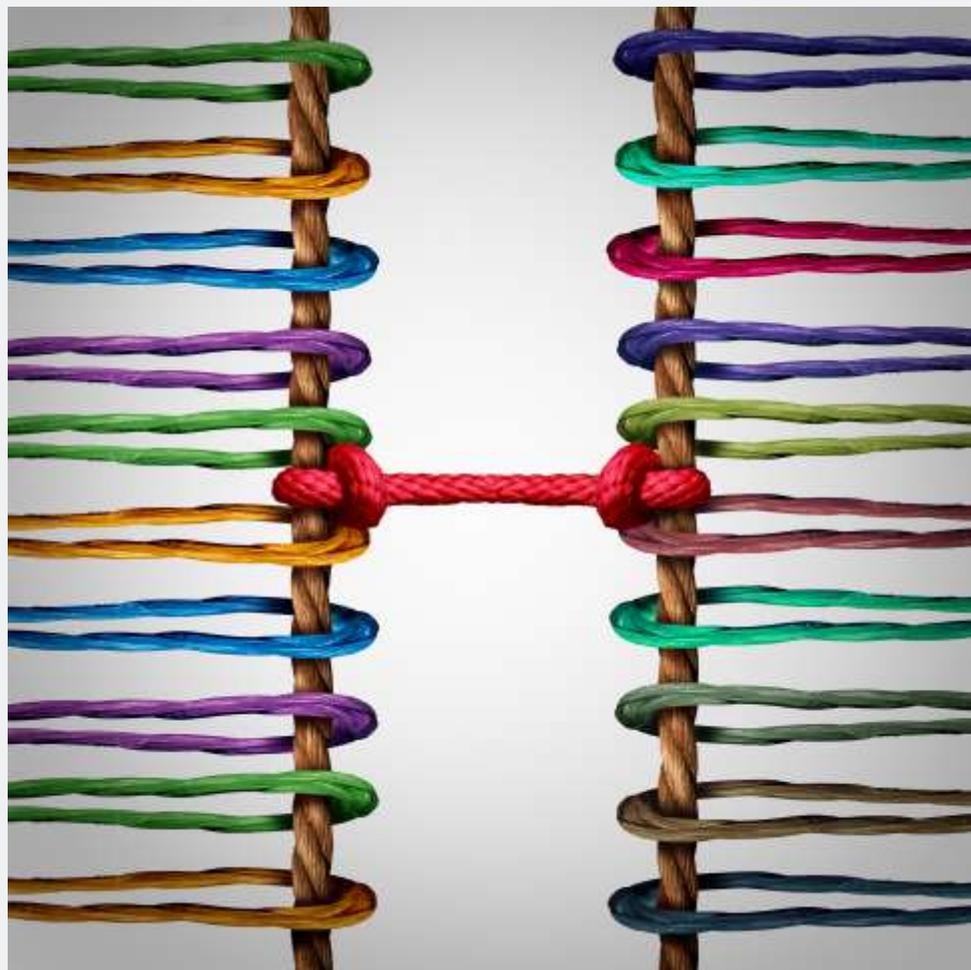
Warm Handoff

Warm Handoff



Partnership with DV Programs

Suggestions for Collaborating with Referral Sources



Cross-training about your roles and work

Collaborate often-don't wait for a crisis

Celebrate the successes of collaboration

Warm Referrals

Share information with ALL clients

Resource sharing should not be reliant on disclosure.

What materials do you routinely provide your clients?

Can you add information about domestic violence?

Great start for an ongoing collaborative meeting with the organizations that are listed!

- 
- Domestic Violence
 - Substance Use
 - Mental Health
 - Sexual Assault

The image features a central wooden plank with four white, rounded rectangular text boxes stacked vertically. The plank is surrounded by a dense collection of colorful sticky notes in shades of yellow, pink, blue, and green, each with a large black question mark. The background is a light-colored wooden surface.

Questions?

Concerns?

Ideas?

Feedback?

Mae Reale, MA

Senior Health Education Specialist

mreale@pcadv.org



Wrap up and Next Session

COE Learning Network



Navigation

HOME - COE



- Please complete the **session evaluation**
- Slides and recording available on Tomorrow's Healthcare
- **Next Session:** Effective Communication About Medications for Opioid Use Disorder- **January 28th**



University of
Pittsburgh

School of
Pharmacy

PERXU