

# Resolve Through Sharing®

BEREAVEMENT EDUCATION SINCE 1981

## Agenda

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### Day 1

8:00 a.m. (morning session includes breaks as needed e.g., 5, 10, 15 minutes)

- Foundational relationship-based concepts and theories
- Grief and bereavement
- Diversity, equity, and inclusion

12:00 p.m.

- Lunch

1:00 p.m. (afternoon session includes breaks as needed e.g., 5, 10, 15 minutes)

- Relational communication strategies
- Relationship-based perinatal loss care
- Family story

4:30 p.m.

- Adjourn

### Day 2

8:00 a.m. (morning session includes breaks as needed e.g., 5, 10, 15 minutes)

- Unique aspects of supporting parents, loved ones, and friends grieving perinatal loss
- Meaning-making
- Perinatal mental health

12:00 p.m.

- Lunch

1:00 p.m. (afternoon session includes breaks as needed e.g., 5, 10, 15 minutes)

- Follow-up
- Self-care

4:00 p.m.

- Adjourn
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