

EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

UPMC | WESTERN PSYCHIATRIC
HOSPITAL

Children's Community Pediatrics presents...

2026 TiPS Behavioral Health and Pediatric Primary Care Conference - A Focus on Disordered Eating^(EC38)

Friday, April 10, 2026

8:00 AM to 4:00 PM

Hilton Garden Inn

1000 Corporate Drive, Canonsburg, PA 15317

Registration – 7:30 AM to 8:00am

Course Director

Abigail Boden Schlesinger, MD

www.oerp.pitt.edu

2026 TiPS Behavioral Health and Pediatric Primary Care Conference – Focusing on Pediatric Primary Care Physicians and Advanced Practice Providers.

Children's TiPS is a Pennsylvania HealthChoices program designed to increase the availability of child psychiatry consultation to pediatric primary care providers. Children's TiPS is funded by HealthChoices (Pennsylvania's Medical Assistance Program, or Medicaid), Children's Health Insurance Program (CHIP) and UPMC HealthPlan to provide telephonic and real-time virtual assessments for youth with Medicaid, CHIP, and UPMC insurance, living in the Northwest and Southwest HealthChoice Zones. Children's TiPS is hopeful to expand child and adolescent services to include all insurances in the coming year.

This year, UPMC has piloted a Perinatal TiPS program to provide real-time consultation to any medical provider (primary care, OB-GYN, psychiatrist) working with individuals in the perinatal period. Providers can consult with perinatal psychiatry as well as perinatal substance use experts. This pilot is currently being funded by the Jewish Healthcare Foundation.

In addition to real time peer to peer consultation, TiPS provides free training and education to practitioners on a variety of behavioral health topics.

Due to positive feedback from last year's conference, we will continue with a smaller and more interactive conference format. This year we partnered with UPMC Western Behavioral Health Center for Eating Disorders and will be focusing on disordered eating in the pediatric population. All sessions will be interactive with small and large group discussions facilitated by experts in the field.

This conference is being sponsored by the UPMC Children's Community Pediatrics Children's TiPS Team and co-funded by Pennsylvania HealthChoices

Who Should Attend

- Pediatric Primary Care Physicians, Family Practice Physicians, and Advanced Practice Providers (PA, DNP, CRNP) who practice in the northwestern and southwestern PA counties.
- Due to the structure of the conference and its intended audience, therapists, psychologists, and other non-prescribing primary care professionals are not eligible to attend.

If you have any questions, please contact Meghan Stoehr at 724.933.3912, ext. 273 or donahoeml@upmc.edu

There is no charge to attend this conference, however registration is required. There will be no virtual option for this conference, but TiPS will be offering additional virtual training for primary care providers later this year.

Learning Objectives

At the completion of the program, participants will be able to:

1. Discuss how to utilize Children's TiPS for psychiatric consultation
2. Describe different types of eating disorders that are present in the pediatric population
3. Discuss methods of managing youth presenting to primary care with concerns for disordered eating
4. Discuss how and when to collaborate and consult with outside professionals when caring for youth with eating disorders

Course Director

Abigail Boden Schlesinger, MD

Medical Director, Children's TiPS

Clinical Chief, Child & Adolescent Psychiatry, and Integrated Care

UPMC Western Psychiatric Hospital and Children's Hospital of Pittsburgh

Professor, Psychiatry & Pediatrics University of Pittsburgh School of Medicine

Faculty

Piper Carroll, MD

Attending Psychiatrist- UPMC Center for Eating Disorders

Medical Director, UPMC Western Psychiatric Services for Kids and Youth with Eating Disorders (SKYE)

Assistant Professor of University of Pittsburgh School of Medicine

Craig Coleman, MD

Attending Psychiatrist Children's TiPS, UPMC Outpatient Services Children's Hospital Behavioral Science Division, and UPMC Western Behavioral Health of the Alleghenies

Assistant Professor of Psychiatry University of Pittsburgh School of Medicine

Elisa B Gittes, MD

UPMC Children's Hospital of Pittsburgh Department of Pediatrics Division of Adolescent Medicine

Assistant Professor in Pediatrics University of Pittsburgh School of Medicine

Patricia McGuire, MD

Attending Psychiatrist, Children's TiPS

Director, Psychiatric Education UPMC St Margaret Family Medicine Residency

Rebecca Miller, MD

Attending Psychiatrist, Children's TiPS and UPMC Western Psychiatric Center for Psychiatric and Chemical Dependency Services

Assistant Professor of Psychiatry University of Pittsburgh School of Medicine

Melissa Richey, CRNP

UPMC Children's Community Pediatrics

Kristen Rudolph, RD/LDN

Nutrition Manager, UPMC Children's Community Pediatrics

Meredith Spada, MD, MEd

Medical Director, Perinatal TiPS

Attending Psychiatrist, Children's TiPS

Associate Program Director, Psychiatry Residency Training, UPMC

Assistant Professor of Psychiatry, University of Pittsburgh School of Medicine

Victoria Winkeller, MD

Attending Psychiatrist, Children's TiPS, Triple Board Clinic, and UPMC Western Psychiatric Center for Autism and Developmental Disorders

Assistant Professor of Psychiatry and Pediatrics, University of Pittsburgh School of Medicine

Conference Committee

Conference Chair

Meghan Stoehr, LCSW

Supervisor, Behavioral Health UPMC Children's and Perinatal TiPS

Committee Members

Colleen Gianneski, LCSW

Program Director UPMC Children's and Perinatal TiPS

Jennifer S. Iagnemma, DNP, RN, NEA-BC

Senior Director, Clinical Operations

UPMC Children's Community Pediatrics

Devin Petit, MPAS, PA-C

Certified Physician Assistant (psychiatric)

UPMC Western Behavioral Health

Shannon Meyers MSN, RN, PMH-BC, CFRS

Outpatient Nurse Coordinator II, Smart Choices

UPMC Children's Community Pediatrics

Agenda

- 7:30- am - 8:00am **Arrival / Sign in** (Breakfast will be provided)
- 8:00 am – 9:30am **Disordered Eating in Pediatric Primary Care**
Abigail Schlesinger MD, Piper Carroll MD
- 9:30 am 9:45am **Break**
- 9:45 am – 11:15 am **Best Practices When Considering a Higher Level of Care**
Rebecca Miller MD, Elissa Gittes MD
- 11:15 am 11:30am **Break**
- 11:30 am – 12:30pm **Supporting Youth with Eating Disorders through Collaboration- a Panel Discussion**
Piper Carroll MD, Rebecca Miller MD, Elissa Gittes MD, Kristen Rudolf RD
- 12:30 pm -1:30pm **Lunch (provided for participants)**
- 1:30 pm—2:30pm **Learning from Patient and Family Experiences – a Panel Discussion**
- 2:30 pm -2:45pm **Break**
- 2:45 pm – 3:45pm **Food as Fuel: Athletes and Beyond**
Melissa Richey CRNP, Abigail Schlesinger MD
- 3:45 pm - 4:00 pm **Closing Remarks**
Abigail Schlesinger, MD

Continuing Education Credits

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for the healthcare team.

Physicians and Nurse Practitioners (CME)

The University of Pittsburgh designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAPA (Physician Assistant) 6.0

- CME and AAPA certificates will be issued from the CCEHS registration site.
- Completing the evaluation is not required, however it is encouraged.
- We request that evaluations are completed via <https://cce.upmc.com> within a month of the conference. Please be aware that the program evaluation will be closed, and we will no longer process certificates if they are requested a year or more after the conference.

Hotel accommodations

We would like to encourage participation from providers who practice in Erie, Crawford, Mercer, Venango, Warren, Forest, Clarion, Jefferson, Elk, McKean, Clearfield, Cameron, and Potter counties. A block of rooms has been reserved at the hotel and lodging will be covered on a first-come, first-served basis. Please contact Meghan Stoehr at donahoeml@chp.edu if you are interested in this opportunity.

Registration

Please register by March 27, 2026 at this link: [2026 TiPS Behavioral Health and Pediatric Primary Care Conference - A Focus on Disordered Eating | UPMC - Center for Continuing Education in the Health Sciences](#)

You will be prompted to either sign-in or create an account before you can register.

No payment is required for this conference.



We encourage participation by all individuals. If you have a disability or require special accommodations, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by email to Nancy Mundy mundnl@upmc.edu

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