

UPMC | MAGEE-WOMENS

New Horizons in Birth

Pregnancy, Birth, and Beyond Conference

May 1, 2026

7:45 a.m. to 2:30 p.m.

UPMC Health Sciences Tower at Harrisburg
University
222 Chestnut Street
Harrisburg, PA 17101

In-person and virtual options available



Agenda

7:30 a.m.

Registration and Continental Breakfast

7:55 a.m.

Opening Remarks

8 a.m.

Current and Emerging Trends in Infertility
Treatment Practices

Dr. Kara Nguyen, MD, MPH

Shady Grove Fertility

9 a.m.

Break

9:10 a.m.

The Intersection of Breastfeeding and Mental
Health

*Johanna Macaulay, BSN, RNC-NIC, C-ELBW,
IBCLC*

UPMC Harrisburg

10:10 a.m.

Navigating Newborn Vital Records: What
Parents and Healthcare Workers Need to Know

*Allison Yaneck, Christiana Rodichok, Hannah
Baublitz, and Kristen Holloway*

PA Department of Health

11:10 a.m. Lunch and Learn

Exploring Caregiver Refusal: Impacts,
Challenges, and Key Recommendations

Alexandria Handyside MSN, RN, RNC-NIC, CPNP

UPMC Central Pennsylvania

12:10 p.m.

One Monitor, Many Perspectives:
Understanding Fetal Monitoring Across the Birth
Team

*Amanda C. Lawrence, DNP, MS, RN, AGCNS-BC,
RNC-OB, C-EFM, C-FMC, C-OBE, EBP-CH*

UPMC Hanover

1:10 p.m.

Break

1:20 p.m.

Coping with Labor from the Eyes of a Birth
Doula

Toni Alexander-Gilliard, CPD, CBE

UPMC Harrisburg

2:20 p.m.

Evaluations and Adjournment

Registration

Please visit:

<https://cce.upmc.com/new-horizons-birth-and-beyond>

An email confirmation will be sent when your registration and payment are received.

UPMC Employee: Free

Non-Employee: \$25

Registration closes April 24th, 2026

Accreditation and Credit Designation Statement

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide the continuing education for the health care team.

Nursing (CNE)

The maximum number of hours awarded for this continuing Nursing Education activity is **6.5** contact hours.

Other Health Care Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours that commensurate with the extent of participation in this activity

Lactation Consultants (CERPS)

Application for Continuing Education Recognition Points (CERPS) has been submitted to the International Board of Lactation Consultant Examiners.

For more information

Call **717-231-8916** or email [**newmane2@upmc.edu**](mailto:newmane2@upmc.edu)