



Delivering Excellence

Central Pennsylvania Midwives Education Day

April 8, 2026

8:15 - 8:30 Welcome & Announcements

Ciara Shank, CNM *UPMC Harrisburg*

8:30 - 10:00 Legal Update for Midwives

Shawn Woll, JD *Saxton & Stump Associates*

- Identify trends in legal issues for maternity care providers .
- Document appropriately to prevent legal exposure.
- Prepare or depositions after high-risk incidents.

10:00 - 10:15 Hypertensive Disorders Update

CPA Midwives Quality Improvement Committee

10:15 - 10:45 Rhogam & Allo-immunization

Jarrod Meehlieb & Katie Shanahan, *Allo Hope Foundation*

- Review physiology of Rh Sensitivity.
- Explore current trends in declining Rhogam treatment.

10:45 - 11:00 Morning Break

11:00 - 12:00 Sex - Trafficking

Justice Maddox, *Justice House of Hope*

- Summarize the incidence of sex-trafficking in central Pennsylvania.
- Recognize red flags in your patient population.
- Develop confidence in talking with patients who are victims about their experience and health care needs.
- List resources for victims and health care workers.

12:00 - 1:00 Working Lunch: Postpartum Support

Shawna Wilkerson, *Gentle Fourth*

- Describe the vulnerabilities of the postpartum period and importance of support.
- Investigate the role of postpartum doulas.
- Examine the access of mothers in Central Pennsylvania to postpartum doula services.

1:00 - 1:15 Afternoon Break

1:15 - 2:15 Chronic Pelvic Pain

Pamela J Keller, DNP, *UPMC Minimally Invasive Gyn Surgery*

- Explain chronic pelvic pain and why it matters in women's health care.
- Identify and distinguish among nociceptive, neuropathic, and nociplastic pain mechanisms.
- Develop an organ system-based approach to assess common gynecologic and nongynecological contributors to chronic pelvic pain.
- Describe at least three patient-centered, nonpharmacologic management strategies and appropriate referral indications for chronic pelvic pain.

2:15 - 2:30 Central PA Midwives Update

Candace Jones, DNP, MHA, CNM, *UPMC Harrisburg*

2:30 - 3:30 Chiropractic Care in Pregnancy

Kristen Kerr, *Doctor of Chiropractic*

- Identify common musculoskeletal conditions of pregnancy treated by chiropractors.
- Demonstrate safe chiropractic techniques used in pregnancy.
- Discuss when referral is needed.

3:30 - 3:45 Closing/Evaluations