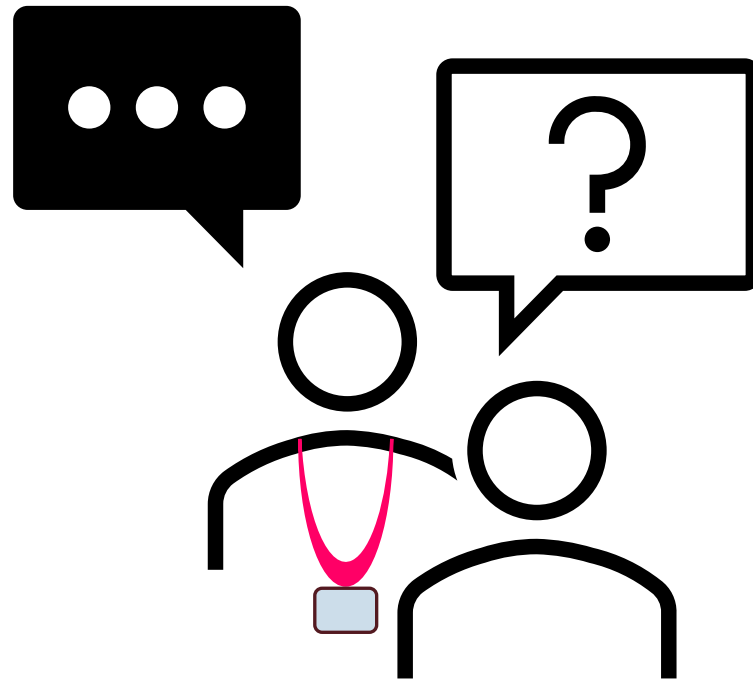


PA Maternal Health Symposium

MAY 20, 2026

Need Help?

Maternal Health
Project team have
HOT PINK lanyards on



WIFI

Network Name:

Blair County Convention Center

*no password needed



GUIDE MAP
BLAIR COUNTY CONVENTION CENTER



Thank you to our 2026 Funding Partners!!

GOLD Level



UPMC HEALTH PLAN

SILVER Level



The Health Resources and Services Administration (HRSA), Department of Health and Human Services (HHS) provided financial support for this conference. The contents are those of the author. They may not reflect the policies of HRSA, HHS, or the U.S. Government.

Funding for this conference was made possible (in part) by SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does the mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

Continuing Education Information

In support of improving patient care, this activity has been planned and implemented by the University of Pittsburgh and The Jewish Healthcare Foundation. The University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. **9.0 hours is approved for this course (3.0 hours for Day 1 and 6.0 hours for day 2).**

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive up to **9.0 continuing education credits (3.0 hours for Day 1 and 6.0 hours for day 2).**

Disclosures

All individuals in a position to control the content of this education activity have disclosed all financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All of the relevant financial relationships for the individuals listed below **have been mitigated**

- Mackenzie Kemp, MSW, MPH – Gilead grant support to organization to operationalize universal opt-in HIV and Hepatitis screening
- Michele Tedder, MSN, RN, BCC – Consultant for Malama Health

No other members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Disclaimer

The information presented at this Center for Continuing Education in Health Sciences program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, the UPMC Center for Continuing Education in the Health Sciences, UPMC / University of Pittsburgh Medical Center or Affiliates and University of Pittsburgh School of Medicine. Reasonable efforts have been taken intending for educational subject matter to be presented in a balanced, unbiased fashion and in compliance with regulatory requirements. However, each program attendee must always use his/her own personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

Learning Objectives

- Describe projects and key takeaways from the maternal health innovation grants program
- Describe postpartum discharge considerations to build support networks in the fourth trimester
- Discuss how care and services in the postpartum period could be improved based on the personal experiences shared by birthing people
- Identify successful strategies in own work related to implementing Pennsylvania's Maternal Health Strategic Plan
- Describe perinatal health needs, resources, current initiatives and opportunities for maternal and family health partnerships across PA regions

Kristen Rodack

EXECUTIVE DEPUTY SECRETARY

PENNSYLVANIA DEPARTMENT OF HEALTH



Pennsylvania Partnerships for Maternal Health

CAROLYN BYRNES, POLICY DIRECTOR

JEN CONDEL, SENIOR PROGRAM MANAGER

ALAINA CONNER, GRANTS SPECIALIST



The Jewish Healthcare Foundation is proud to present today's PA Maternal Health Symposium

Perinatal Action Collaborative

Carolyn Byrnes, Policy Director –
Jewish Healthcare Foundation



P E N N S Y L V A N I A

Perinatal

Action

Collaborative

MATERNAL HEALTH INNOVATION PROGRAM (MHIP)

The purpose of the State MHIP is funded by HRSA and aims to reduce maternal mortality and severe maternal morbidity (SMM) by:

- Improving **access to care** that is comprehensive, high-quality, appropriate, and on-going throughout the preconception, prenatal, labor and delivery, and postpartum periods;
- Enhancing state maternal health **surveillance and data capacity**; and
- Identifying and implementing **innovative interventions to improve outcomes** for populations disproportionately impacted by maternal mortality and SMM.

MATERNAL HEALTH INNOVATION PROGRAM (MHIP)

JHF and IMPLICIT Network / Penn Medicine serve as program partners to PA DOH.

- **JHF**
 - Establish and facilitate the Perinatal Action Collaborative (PAC), including priority teams
 - Determine strategize and provide updates to the Maternal Health Strategic Plan
 - Develop and maintain the PAC website
 - Manage innovation / implementation grants
- **IMPLICIT Network / University of Pennsylvania**
 - Collaborate with the PAC to implement interventions and strategies
 - Develop and implement the program evaluation
 - Integrate community-based resources into clinical workflows
 - Facilitate improved transition to primary care in the postpartum period

PERINATAL ACTION COLLABORATIVE (PAC)



A multi-disciplinary group dedicated to unifying and advancing maternal health initiatives throughout the state.

The PAC launched in April 2025 and is tasked with executing **the Maternal Health Strategic Action Plan**, which seeks to improve the health outcomes of pregnant and postpartum individuals in Pennsylvania.



VISION

A Pennsylvania where every pregnant and birthing individual has easy access to high-quality perinatal, birth and postpartum care that is person-centered, comprehensive, equitable, and affordable and that results in healthy outcomes and the potential for long-term good health and wellbeing.

5 PRIORITY AREAS OF THE MHSP



Increase Access to High-Quality Care



Support Behavioral Health and Substance Use Disorder Needs



Address Health Related Social Needs (HRSN)



Improve Rural Health and Maternity Care Deserts



Expand and Diversify the Health Care Workforce

ELEMENTS OF THE PAC

- ❖ MHSP Priorities and Recommendations
- ❖ 5 Priority Teams
- ❖ Actionable Strategies
- ❖ Implementation Grants
- ❖ PAC Dashboard
- ❖ Lived Experience Team
- ❖ Quarterly Meetings (1 In-Person Meeting)

PAC MEMBERSHIP AND CHAIRS

Membership

- Direct invitations, as well as requests to join.
- 160+ members from varied backgrounds including government agencies (state and local), universities, hospitals and health care systems, birth centers, doula organizations, health plans, non-profits, associations, and people with lived experience.

Co-Chairs

- Sara Goulet, Special Advisor to the Secretary, PA Dept of Human Services (Government)
- Sharee Livingston, DO Ob/Gyn Department Chair, UPMC Lititz, Board Member and Founder, PatientsRWaiting (Clinical)
- Maria Montoro Edwards, PhD, President and CEO, Maternal and Family Health Services, Inc. (Non-clinical)



LIVED EXPERIENCE TEAM

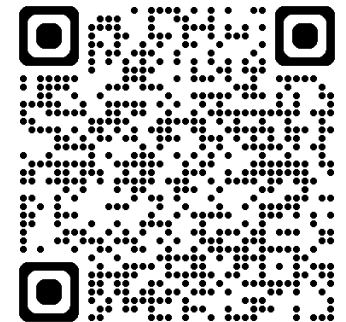
Role and Responsibilities:

- Members of the PAC
- Uphold the voices of those with lived experience.
- Provide feedback on Priority Teams' Implementation Plans.
- Serve as members of the Implementation Grant proposal review committees.
- Attend Priority Team meetings, PAC quarterly meetings, and other meetings as needed.



Learn more about the members of the team on the PAC website.

If you or someone you know is interested in joining the LE Team, complete or share the LE Application form:



ASSET MAP

- **Assets in Pennsylvania for Perinatal Professionals**
 - **Categories:** Training, Funder, Research, Coalition, or Other
 - **Examples:** [Scholarships for Midwives](#) via PA ACNM, the [Regional Maternal Health Coalitions](#), the [Maternal Health Innovation Science Hub at Penn Medicine](#)
- **Community Resources should be submitted to PA NAVIGATE, not the Asset Map**
 - Direct services / patient facing
 - Separate section of the PAC website from the asset map
 - Check if your community resources are listed in PA Navigate
 - www.pa-navigate.com



ASSET MAP



10

MFHS Regional
Maternal Health

Coalition

15 Public Square
Wilkes-Barre, PA 18701

Website: [Visit Website](#)

14

Penn State Health,
Perinatal Telephonic

Psychiatric Services

267 University Drive
Hummelstown, PA 17036

Website: [Visit Website](#)

<https://perinatalactioncollaborative.org/>

PRIORITY TEAM STRUCTURE

- Prioritize a recommendation from the Maternal Health Strategic Plan
- Prior to the first meeting a small group of SMEs meet to develop initial ideas
- Meet 3 times within a 3-month period
- Establish a chair for the priority team
- Create actionable strategies to implement the recommendation
- Present draft actionable strategies at the next quarterly PAC meeting

IMPLEMENTATION GRANTS

- Some of the actionable strategies require funding to implement the strategy.
- JHF publishes a Request for Funding (RFP) opportunity that addresses a need and funds activities to help achieve the strategy.
- June 2026: PAC RFP to fund recently developed actionable strategies.

SUPPORTING BH & SUD NEEDS

MHSP

Develop a mechanism for **universal postpartum depression screenings and faster mental health and SUD referrals to support new mothers**, which can also improve access to care and resources for women experiencing postpartum depression and improve integrated care programs and expanded mental health and SUD services.

Actionable Strategy

To improve mental health and SUD screening, **a website or app should provide patients with access to the appropriate validated screening tools** for each to screen themselves, as well as provide referral to resources.

Implementation Grantee

The RFP Review Committee chose to support a statewide initiative to deploy a **behavioral health platform (website/app), Phia Health**, that supports pregnant and postpartum individuals across Pennsylvania. The platform provides evidence-based perinatal mental health screenings, continuous risk detection, and rapid escalation to licensed clinicians and care coordinators.

DASHBOARD

26

Tracking progress toward implementing the actionable strategies

Perinatal Action Collaborative Dashboard



The PAC is organized into [five priority teams](#) to address the priorities of the [Maternal Health Strategic Plan \(MHSP\)](#). Members of the PAC Priority Teams select recommendations from the MHSP to develop [actionable strategies](#) that will move the recommendations from idea to implementation. The dashboard tracks the implementation of the recommendations from the Maternal Health Strategic Plan, including those initiatives funded by the PAC.

The dashboard is color coded to represent the status of the work, red: not started, yellow: in progress, and green: completed. The below icons represent the priority areas of the MHSP.

Status of Work

-  Planning: Identifying leads and/ or resources to implement the strategy.
-  In Progress: Carrying out the work and tracking progress.
-  Completed: Finishing the work and reviewing results.

Priority Areas of the MHSP

-  [Increasing Access to High-Quality Care](#)
-  [Supporting Behavioral Health and Substance Use Disorder Needs](#)
-  [Addressing Health Related Social Needs](#)
-  [Improving Rural Health and Maternity Care Deserts](#)
-  [Expanding and Diversifying the Maternal Health Workforce](#)

Expanding the Role of Pharmacists in Maternity Care

Lead: University of Pittsburgh School of Pharmacy, with Pennsylvania Pharmacists Care Network



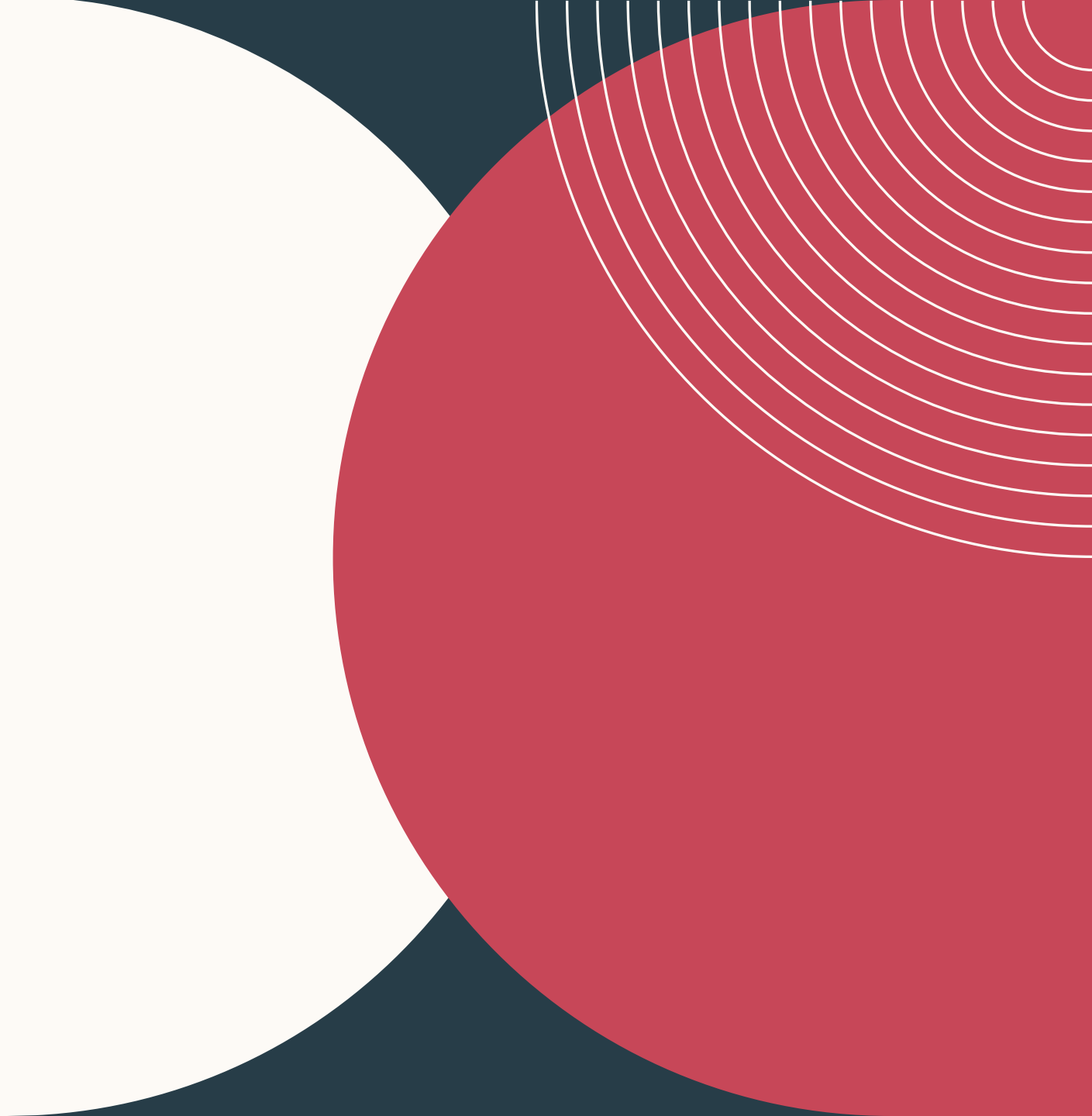
MHSP Priority Area ▾

- ☐ Increasing Access to High-Quality Care (2)
- ☐ Supporting Behavioral Health and Substance Use Disorder Needs (1)

PAC YEAR IN REVIEW

April 30, 2025 – April 22, 2026

- 5 priority teams
- 21 actionable strategies
- 2 requests for proposals (RFPs)
- 16 implementation grantees
- 160+ PAC members



THANK YOU

Carolyn Byrnes, MPH, CPH

Policy Director

Byrnes@jhf.org

PAC@JHF.ORG



JENNIFER CONDEL, SCT(ASCP)MT
SENIOR PROGRAM MANAGER, PERINATAL HEALTH
PA PQC

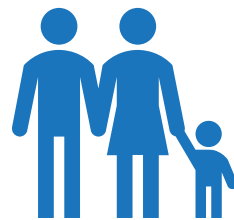
Mission: The PA PQC provides quality improvement support to healthcare teams to improve the standard of care for pregnant and postpartum people and babies.

Vision: Every birthing person and baby in Pennsylvania receives equitable, safe, and optimal care.

Core Values:



Equity



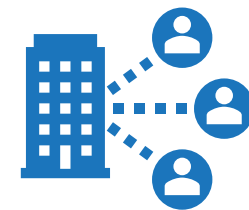
Lived
Experience



Evidence-Based
Practice

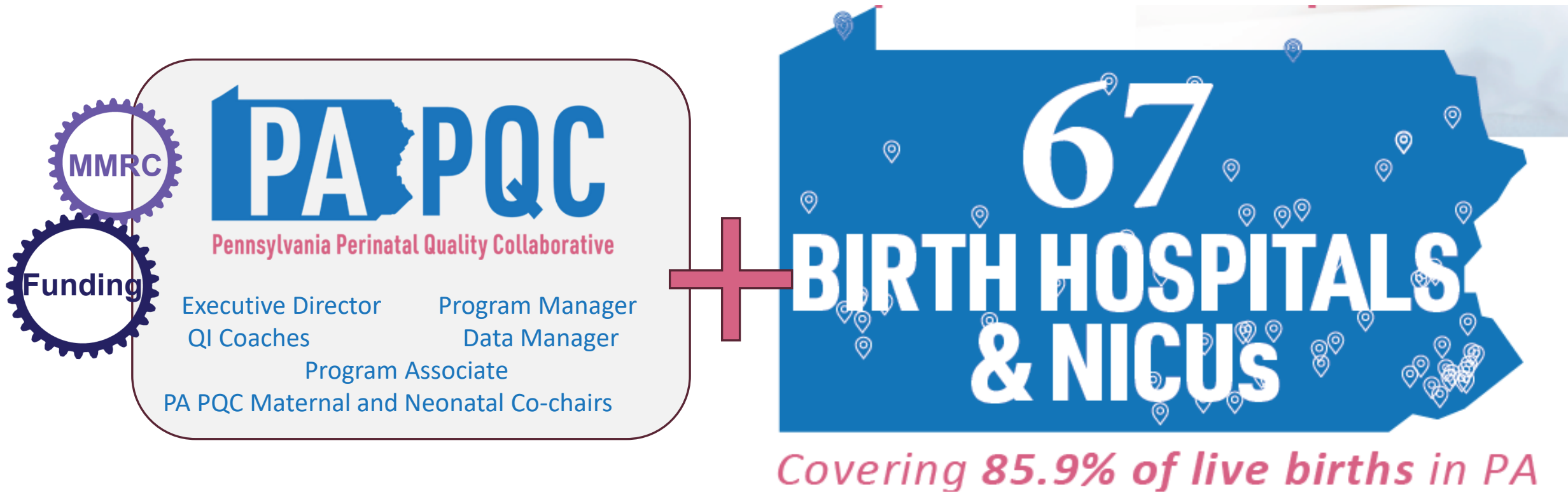


Data-Driven
Approaches



Collaboration

PA PQC Structure



New PA PQC Advisory Group Co-chairs

2026-2029



Jessica Miller, MSN, CNM
Lead Midwife, Guthrie Robert Packer
PA PQC Maternal Co-chair

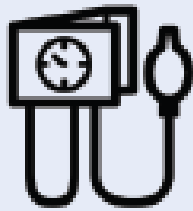


Kimberly Costello, DO, MMM, CPE, FAAP
Neonatologist, UPMC Neonatology
PA PQC Neonatal Co-chair

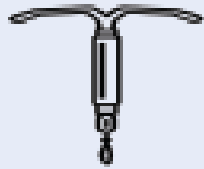
QI Initiatives Since 2019



**Moving on
Maternal
Depression**



**Severe
Hypertension**



**Immediate
Postpartum
Long-Acting
Reversible
Contraception**



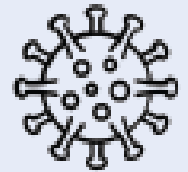
**Substance Use
Disorder/Opioid
Use Disorder**



**Substance
Exposed
Newborn/
Neonatal
Abstinence
Disorder**



**Safe
Sleep**



**Maternal
Sepsis**



pennsylvania
DEPARTMENT OF DRUG AND
ALCOHOL PROGRAMS

HRSA

Health Resources & Services Administration



AIM

ALLIANCE FOR INNOVATION
ON MATERNAL HEALTH

Role of PA PQC Hospitals

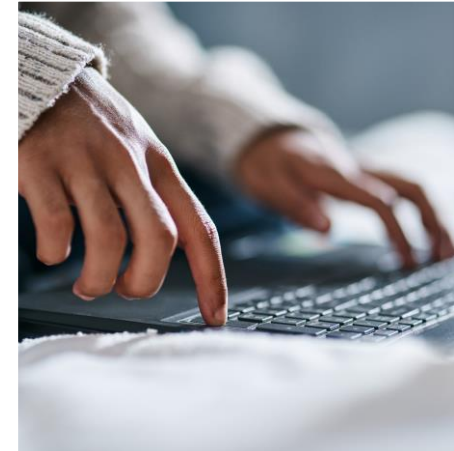
1. Form a multi-disciplinary QI teams
2. Create and implement QI plans to adopt key interventions in the PQC initiative
3. Attend learning sessions and events to gain tactics to inform their QI
4. Submit quarterly data for structure and process measures and QI report outs (achieving the Quarterly Milestones)

How the PA PQC Support Teams

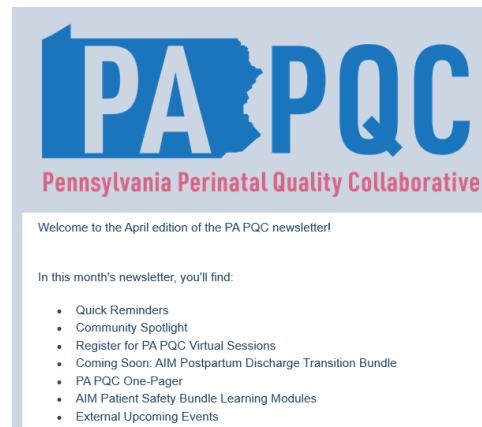
Quality
Improvement
Coaching



Education &
Training
Opportunities



Monthly Newsletter



Designations
Program



July 2026 through June 2027 Initiatives

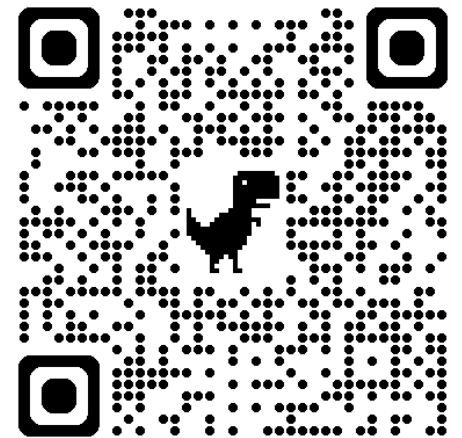
Family Approach: Transitions & Connections

A Family Approach to Postpartum Discharge Transition

Prenatal and Postpartum Depression Screening and Follow-up

A Family Approach to Services and Transitions for Opioid Use & Exposure

Replicating Prenatal Plans of Safe Care Replication in Rural Counties



A Family Approach to Postpartum Discharge Transition (AIM Safety Bundle)

KEY INTERVENTIONS:

- Verbal screening as part of **ED triage process**
- Process to conduct **debriefs with patients** after a severe event
- System for **scheduling postpartum and specialty visits** prior to discharge or within 24 hours
- Comprehensive **postpartum visit template** to share with affiliated outpatient sites
- A system for **scheduling the initial pediatric visit** prior to discharge
- **Screen for family risks factors**
- **Referrals** for follow-up services including medical, behavioral, and support services

A Family Approach to Services and Transitions for Opioid Use & Exposure

KEY INTERVENTIONS

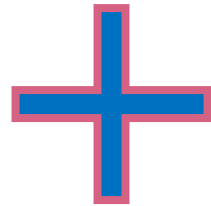
- **Standardize discharge and transition process for people with OUD and NAS** to:
 - provide opioid reversal medication kits and education
 - educate families on harm reduction strategies
 - make warm handoff referrals to postpartum and newborn services
 - provide evidence-based guidelines
 - offer consultations for breastmilk feeding options
 - follow-up with individuals with the families after discharge to ensure connections to maternal and newborn services
- **Train** hospital leadership and staff on non-stigmatizing, **trauma-informed** OUD and NAS care

Prenatal and Postpartum Depression Initiative

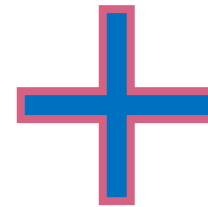
KEY INTERVENTIONS

- **Universal depression screening process**
- **Provider training** for screening, diagnosis, and follow-up
- **organizational suicide risk response**
- **Co-occurring screening process** for positive depression screens
- **Follow-up protocol** based on the severity of symptoms and co-occurring health needs
- Protocol to **close the loop on referrals**
- Inclusion of **lived experience or community resources feedback** for QI
- **Consistent perinatal depression messaging** with partnering outpatient and community settings

2026 Maternal Health Symposium



Maternal
Health
Grantees



PENNSYLVANIA
**Perinatal
Action
Collaborative**

Transitions and Connections to Services
for improved maternal and neonatal care



MCH Grants

Alaina Conner, Grants Specialist, Jewish Healthcare Foundation

State Legislative Initiative Grant

- Funding championed by PA Black Maternal Health Caucus
- Federal Coronavirus State Fiscal Recovery Funds provided through the Pennsylvania Department of Human Services
- May 2022 through September 2026

Total Funds: \$9,900,000

Component
Doula Training & Certification
Doula Services For PA Incarcerated People
Local Maternal Mortality Review Committees
Maternal Care Innovation Grants
Healthy Food Access
At-home Pregnancy Tests
Contingency – Safe Sleep RFP & Perinatal TiPS



Recognition, Promotion and Protection of the Doula Profession

Pennsylvania Doula Commission

Support state-wide doula training and certification, provide scholarships to low-income individuals to seek doula certifications, and facilitate doula support to low-income, high-risk individuals.

Doula Services For PA Incarcerated People

- SCI Cambridge Springs: BirthRoot Community Doula Alliance
- SCI Muncy: Genesis Birth Services
 - Lactation room
 - Milk storage and shipment





Local Maternal Mortality Review Committees

Funding supported the OVA, the implementation arm of the Philadelphia Maternal Mortality Review Committee

Maternal Care Innovation Grants

- Applications accepted beginning April 30, 2023
- Awards issued on rolling basis until fully expended
- Grants between \$15,000 - \$100,000 per year, up to 2 years
- Funding decisions made by review committee





Maternal Care Innovation Awardees

Press event with State Representative Gina Curry at the Foundation for Delaware County

Healthy Food Access

- 4 million in requests
- \$2.3 awarded to 14 organizations

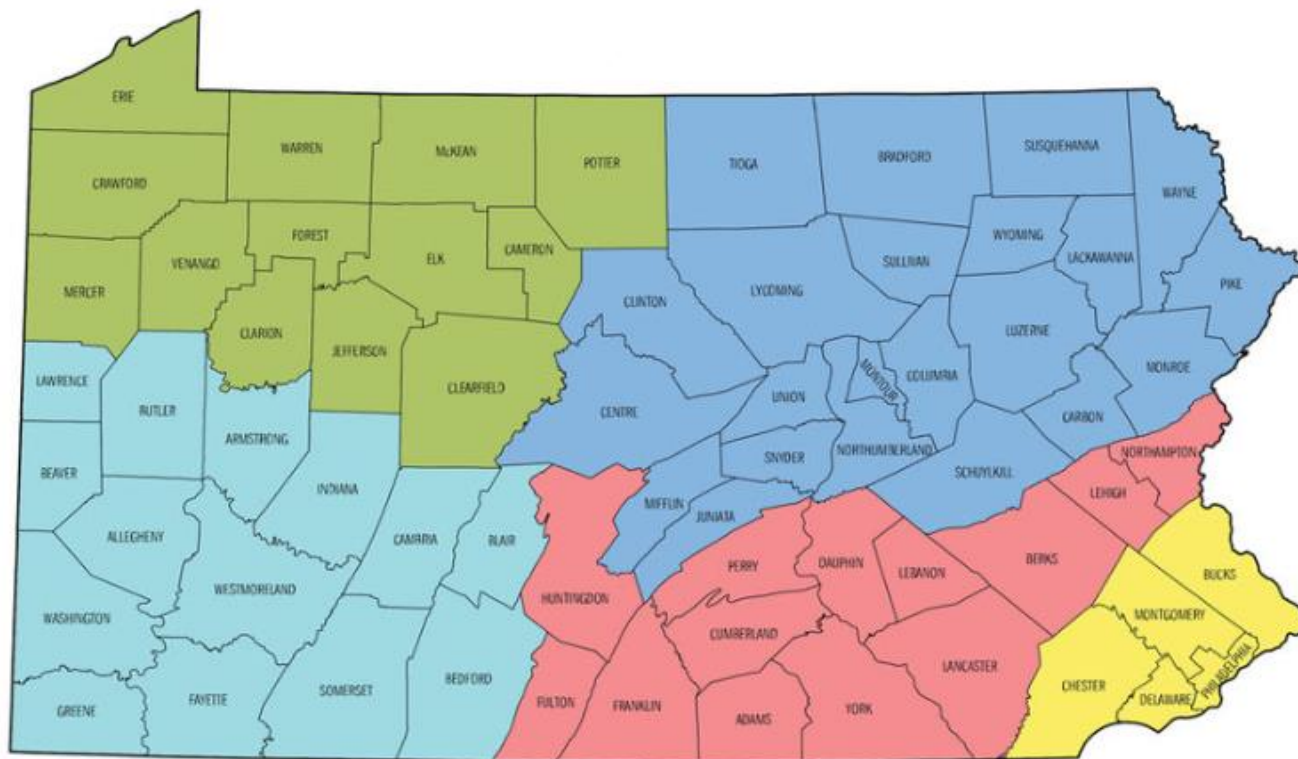


ACLAMO's Safe Haven Food Pantry continues to support the Norristown community in the fight against food insecurity, ensuring community members are treated with dignity and respect while receiving healthy, fresh food.



College & University Reproductive Health Vending Services

Pictured: Dr. Lisa Schlar and Noah Riley, Carnegie Mellon University, representing the Wellness To Go vending program.



Northwest

Southwest

Lehigh/Cap

Northeast

Southeast

Perinatal TiPS

*Perinatal Telephonic Psychiatric
Consultation Service Program*

Regional Perinatal TiPS Team	Region	Phone
UPMC (a collaboration between Western Psychiatric Hospital, Magee-Women's Hospital, and Children's Community Pediatrics) ↗	Northwest, Southwest	844-WPA-TIPS
Penn State Health Hershey Medical Center ↗	Lehigh/Capital, Northeast	800-233-4082, Option 3
Philadelphia Department of Public Health in partnership with Penn Medicine and Children's Hospital of Philadelphia ↗	Southeast	484-278-1679



Thank you to the Pennsylvania Black Maternal Health Caucus, the Pennsylvania Department of Human Services, and the 71 MCH Grant awardees!

Implementing Maternal Health Innovations

From Initiative to Impact: Community- Centered Approaches to 4th Trimester Care Systems

KIMBERLY HARPER, MSN, RN, MHA, C-EFM

LIZ MORRIS, BSN, RN

UNC COLLABORATIVE FOR MATERNAL & INFANT HEALTH

BREAK

Regional Breakouts:

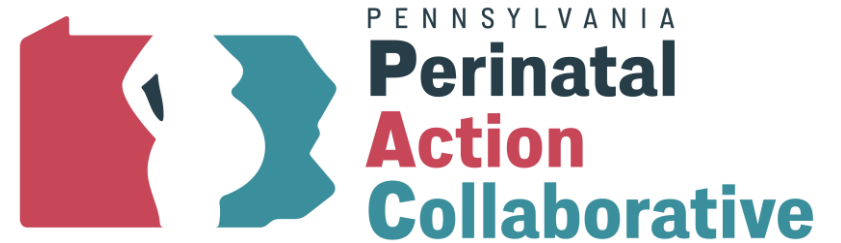
Supporting Mom and Baby in Your Region

Southwest & Northwest PA: Ballroom 3-4

Lehigh/Capitol Area: Room 203-204

Southeast PA: Rooms 208

Northeast PA: Room 206



Understanding the Fourth Trimester Through Lived Experience

LUNCH

DIETARY RESTRICTIONS?

Dietary cards for those guests who need them.

- Please find Program staff for assistance.

Poster Session

- **EVEN** numbers – please staff with one or more members of your team for the first half hour.
- **ODD** numbers – please staff with one or more members of your team for the second half hour.

Knowledge Cafés

PAGES 9 & 10 OF YOUR PROGRAM

Review the recommendations to choose your room and recommendation.

Knowledge Cafés

- Improving Rural and Maternity Care Deserts: Ballroom 3-4
- Addressing Health Related Social Needs: Ballroom 3-4
- Increasing Access to High Quality Care: Rooms 203-204
- Addressing Behavioral Health and SUD Needs: Rooms 205 & 206
- Expanding and Diversifying the Workforce: Rooms 207 & 208



Please have a second option in mind in case your first choice is taken.*

Regional Breakouts:

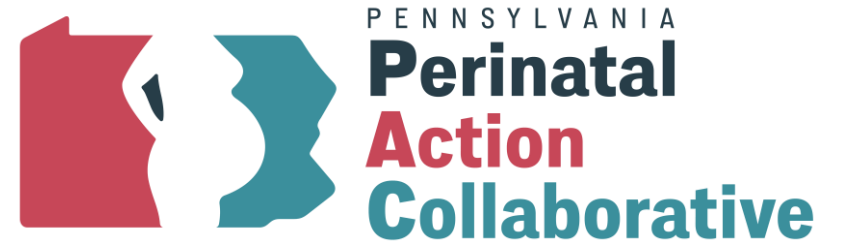
Supporting Mom and Baby in Your Region

Southwest & Northwest PA: Ballroom 3-4

Lehigh/Capitol Area: Room 203-204

Southeast PA: Rooms 208

Northeast PA: Room 206



Thank you to our 2026 Funding Partners!!

GOLD Level



UPMC HEALTH PLAN

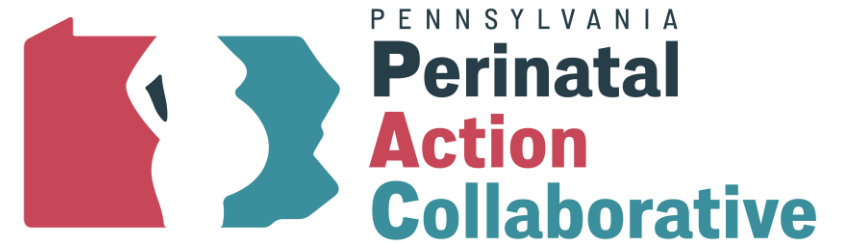
SILVER Level



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Funding for this conference was made possible (in part) by SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does the mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

Thank you for attending and the
work you do to support maternal
and neonatal health in PA!



The Jewish Healthcare Foundation is proud to present today's PA Maternal Health Symposium

Credentialing Guidelines:

PLEASE complete the electronic evaluations by Wednesday, May 27th:

<https://www.surveymonkey.com/r/YM873BY>

Please indicate on the evaluation which CEUs you are requesting: CME, CNE or Social Worker credits or a Certificate of Completion.

1. The UPMC Center for Continuing Education will follow up with you, via email, after Thursday, May 28th to notify you about how you can claim your credits.
 - ☐ To prepare, we recommend you create an account with UPMC CCE via this website <https://cce.upmc.com>.
 - ☐ Please log in to the UPMC CCE site two weeks after the session to check for your credits. Credits cannot be issued after 30-days post-session

