

EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

UPMC | WESTERN PSYCHIATRIC
HOSPITAL

Children's Community Pediatrics presents...

2026 TiPS Behavioral Health and Pediatric Primary Care Fall Virtual Conference- A Focus on Disordered Eating ^(EC42)



1-844-WPA-TIPS / 1-844-972-8477

*Friday, October 2, 2026
8:00 AM to 12:00 PM*

*Course Director
Abigail Boden Schlesinger, MD*

2026 TiPS Behavioral Health and Pediatric Primary Care Fall Virtual Conference

Introduction

Children's TiPS is a Pennsylvania HealthChoices program designed to increase the availability of child psychiatry consultation to pediatric primary care providers. Children's TiPS is funded by HealthChoices (Pennsylvania's Medical Assistance Program, or Medicaid), Children's Health Insurance Program (CHIP) and UPMC HealthPlan to provide telephonic and real-time virtual assessments for youth with Medicaid, CHIP, and UPMC insurance, living in the Northwest and Southwest HealthChoice Zones. Children's TiPS is hopeful to expand child and adolescent services to include all insurances soon.

In addition to real time peer to peer consultation, TiPS provides free training and education to practitioners on a variety of behavioral health topics.

This conference is being sponsored by the UPMC Children's Community Pediatrics Children's TiPS Team and funded by Pennsylvania HealthChoices.

Who Should Attend

- Pediatric Primary Care Physicians, Family Practice Physicians, and Advanced Practice Providers (PA, DNP, CRNP), and Behavioral Health Providers working in a primary care office who practice in the northwestern, and southwestern PA counties.

If you have any questions, please contact Colleen Gianneski at 724.933.3912, ext. 272.

There is no charge to attend this conference.

Learning Objectives

At the completion of the program, participants will be able to:

1. Discuss how to utilize Children's TiPS for psychiatric consultation
 2. Describe different types of eating disorders that are present in the pediatric population
 3. Discuss methods of managing youth presenting to primary care with concerns for disordered eating
 4. Discuss how and when to collaborate with outside professionals when caring for youth with eating disorders
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Course Director

Abigail Boden Schlesinger MD

Associate Professor of Psychiatry and Pediatrics, Western Psychiatric Hospital
Medical Director, UPMC Children's TiPS
University of Pittsburgh School of Medicine

Faculty

Piper Carroll, MD

Attending Psychiatrist- UPMC Center for Eating Disorders
Medical Director, UPMC Western Psychiatric Services for Kids and Youth with Eating Disorders
(SKYE) Assistant Professor of University of Pittsburgh School of Medicine

Elissa B Gittes, MD

UPMC Children's Hospital of Pittsburgh Department of Pediatrics Division of Adolescent
Medicine Assistant Professor in Pediatrics University of Pittsburgh School of Medicine

Rebecca Miller, MD

Attending Psychiatrist, Children's TiPS and UPMC Western Psychiatric Center for Psychiatric and
Chemical Dependency Services Assistant Professor of Psychiatry University of Pittsburgh School
of Medicine

Conference Committee Chair

Colleen D. Gianneski, LCSW

Program Director, Children's TiPS, Perinatal TiPS and SMART Choices Programs
UPMC Children's Community Pediatrics

Committee Members

Jennifer S. Iagnemma, DNP, RN, NEA-BC

Senior Director, Clinical Operations
UPMC Children's Community Pediatrics

Shannon Meyers MSN, RN, PMH-BC, CFRS

Outpatient Nurse Coordinator II, SMART Choices
UPMC Children's Community Pediatrics

Devin Petit, MPAS, PA-C

Certified Physician Assistant (psychiatric)
UPMC Western Behavioral Health

Meghan Stoehr, LCSW

Supervisor, Behavioral Health
UPMC Children's and Perinatal TiPS

Agenda

7:45 am - 8:00 am - Sign in via Zoom

8:00 am -9:00 am - Disordered Eating in Pediatric Primary Care

Abigail Schlesinger MD, Piper Carroll MD

9:00 am – 10:00 am - Best Practices When Considering a Higher Level of Care

Rebecca Miller MD, Elissa Gittes MD

10:00 am – 10:30 am – Ask the Experts

Piper Carroll MD, Elissa Gittes MD, Rebecca Miller MD

10:30 am – 11:00 am – Building Healthy Food and Body Conversations with Families

Piper Carroll MD

11:00am – 12:00pm - Understanding ARFID: What Every Pediatrician Needs to Know

Abigail Schlesinger MD

Continuing Education Credits

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Healthcare Professionals

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.



Counselors

Education and Consultative Services of UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Education and Consultative Services of UPMC Western Psychiatric Hospital is solely responsible for all aspects of this program. This program is being offered for 4.0 continuing education hours.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage, and Family Therapists: LSW/LCSW/LPC/LMFT

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 4.0 continuing education credits.

Other Professionals

Other professionals are awarded .40 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.

- NBCC and General CEU – Participants will be awarded continuing education contact hour(s) certificate four to six weeks post-conference via e-mail. Please keep these certificates in a safe place. Replacements will cost \$30.
- CME, AAPA, ANCC, CRNP, PA, and LSW/LCSW/LPC/LMFT certificates will be issued from the CCEHS registration site.
- Completing the evaluation is not required, however it is encouraged.
- We request that evaluations are completed and/or certificates are requested via <https://cce.upmc.com> within a month of the conference. Please be aware that the program evaluation will be closed, and we will no longer process certificates if they are requested a year or more after the conference

Registration

There is no fee to attend this conference

Please register by September 25th by clicking on the following link: [2026 TiPS Behavioral Health and Pediatric Primary Care Fall Virtual Conference- A Focus on Disordered Eating | UPMC - Center for Continuing Education in the Health Sciences](#)

You will be prompted to either sign-in or create an account before you can register.

We encourage participation by all individuals. If you have a disability or require special accommodations, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by emailing Nancy Mundy at mundnl@upmc.edu.
