



IN SUPPORT OF IMPROVING PATIENT CARE, THE UNIVERSITY OF PITTSBURGH IS JOINTLY ACCREDITED BY THE ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION (ACCME), THE ACCREDITATION COUNCIL FOR PHARMACY EDUCATION (ACPE), AND THE AMERICAN NURSES CREDENTIALING CENTER (ANCC), TO PROVIDE CONTINUING EDUCATION FOR THE HEALTH CARE TEAM.

PHYSICIAN (CME)

The University of Pittsburgh designates this live activity for a maximum of **7.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation.

NURSING (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is **7.0 contact hours**.

PHYSICIAN ASSISTANT (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for **7.0 AAPA Category 1 CME credits**. PAs should only claim credit commensurate with the extent of their participation.

OTHER HEALTH CARE PROFESSIONALS

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

REGISTRATION

Registration fee: \$120

Fee includes seminar, handouts, continental breakfast, and lunch. Please note that refunds are not available.

Registration deadline: September 11, 2026

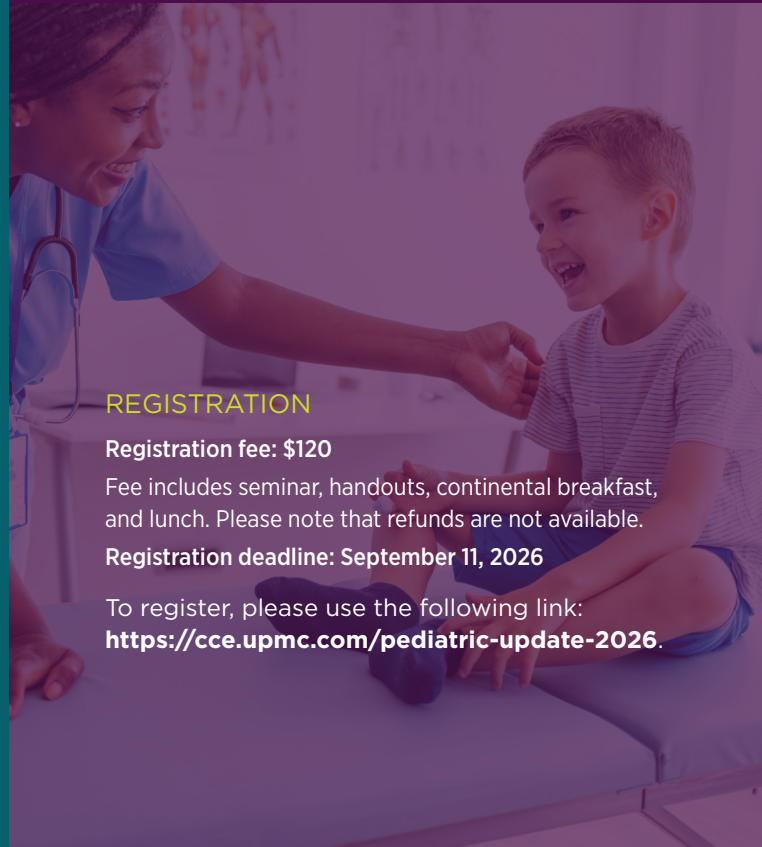
To register, please use the following link:

<https://cce.upmc.com/pediatric-update-2026>

UPMC is an equal opportunity employer. UPMC policy prohibits discrimination or harassment on the basis of race, color, religion, ancestry, national origin, age, sex, genetics, sexual orientation, gender identity, gender expression, marital status, familial status, disability, veteran status, or any other legally protected group status. Further, UPMC will continue to support and promote equal employment opportunity, human dignity, and racial, ethnic, and cultural diversity. This policy applies to admissions, employment, and access to and treatment in UPMC programs and activities. This commitment is made by UPMC in accordance with federal, state, and/or local laws and regulations.

PEDIATRIC UPDATE FOR PRIMARY CARE PRACTITIONERS

Friday, September 18, 2026



UPMC Cole | Wellness Center
1001 East Second St., Coudersport, PA



COURSE DESCRIPTION

This conference is designed to update the primary care practitioner on developments in pediatric health care. It is intended for pediatricians, family practitioners, emergency room physicians, nurse practitioners, and physician assistants who work with children.

SCHEDULE

7:30 – 8 a.m.

Breakfast & Registration

8 – 9 a.m.

Child Passenger Safety & Injury Prevention

Jillian Staaf, MS, CPST I

9 – 10 a.m.

Childhood Lead Exposure: Surveillance, Risk & Evidence Based Follow Up Pennsylvania Department of Health

Kristen Wymer, ASN, RN

Julia Kaya, MPH

10 – 10:15 a.m.

Break

10:15 – 11:15 a.m.

Growth Problems & Pubertal Disorders in Children and Adolescents

Jennifer Badik, MD

11:15 a.m. – 12:15 p.m.

Pediatric Scoliosis: Identification, Management & Referral

Joshua Pahys, MD

12:15 – 1 p.m.

Lunch

1 – 2 p.m.

SMART Therapy & Modern Asthma Management in Pediatrics

Tiffany Lynn Turner, MD

2 – 3 p.m.

Bleeding Disorders in Children & Adolescents

Deirdre Nolfi Donegan, MD

3 – 3:15 p.m.

Break

3:15 – 4:15

Common ENT Issues in Children & Adolescents

Jeremy Reed, MD, MPH

4:15

Adjourn

MEET THE SPEAKERS

Jillian Staaf, MS, CPST I

Northwest Regional Coordinator, PA Traffic Injury Prevention Project (PA AAP) Jillian Staaf is the Northwest Regional Coordinator for the Traffic Injury Prevention Project and has been a certified Child Passenger Safety Technician since 2006. She became a CPST Instructor in 2025 and has managed a regional child safety seat loan program for more than 15 years. Jillian holds an undergraduate degree from Allegheny College and a master's degree in counseling from Lakeland College. Her work focuses on training new technicians, educating caregivers, and supporting hospitals and community programs to ensure accurate, evidence based child passenger safety practices.

Kristen Wymer, ASN, RN

Community Health Nurse, Potter County – Pennsylvania Department of Health Kristen Wymer serves as the Community Health Nurse for Potter County with the PA Department of Health. She earned her ASN/RN from the University of Pittsburgh at Bradford and brings experience as a surgical nurse, private duty nurse, and emergency department nurse. Kristen supports community outreach, lead screening initiatives, and public health education for families across the region.

Julia Kaya, MPH

Epidemiology Research Associate, Pennsylvania Department of Health Julia Kaya works with statewide childhood blood lead surveillance data in the Bureau of Epidemiology. She holds a Master of Public Health from the University of Vermont and a bachelor's degree from Washington & Jefferson College. Julia's work centers on data analysis, surveillance, and supporting evidence based strategies to reduce childhood lead exposure in Pennsylvania.

Jennifer Badik, MD

Pediatric Endocrinology – UPMC Children's Hospital of Pittsburgh Jennifer Badik, MD, is a pediatric endocrinologist with clinical interests in pediatric diabetes and gender affirming care. She completed medical school at Temple University, residency at the University of Arizona, and fellowship training in pediatric endocrinology and diabetes at Emory University. Dr. Badik is board certified in pediatrics and pediatric endocrinology and is an active member of the American Academy of Pediatrics, Endocrine Society, Pediatric Endocrine Society, and the World Professional Association for Transgender Health.

Joshua Pahys, MD

Pediatric Orthopedic Spine Surgeon – Shriners Children's Philadelphia & Erie Joshua Pahys, MD, is a pediatric orthopedic spine surgeon providing specialized scoliosis and spine care at Shriners Children's Philadelphia and Erie. Inspired by his grandmother—a pioneering pediatrician—and his own experiences as a scoliosis patient, Dr. Pahys brings a deeply personal perspective to his work. He completed medical school and orthopedic residency in Philadelphia and advanced fellowship training in complex spinal surgery. Since joining Shriners Children's in 2010, he has cared for patients locally and internationally, with a strong commitment to comprehensive, family centered spine care. Outside of medicine, he enjoys hiking national parks with his family and their Great Dane, Stella.

Tiffany Lynn Turner, MD

Pediatric Pulmonology – UPMC Children's Hospital of Pittsburgh Tiffany Turner, MD, specializes in pediatrics and pediatric pulmonology and is board certified in both fields by the American Board of Pediatrics. She is affiliated with UPMC Magee Womens Hospital and UPMC Children's Hospital of Pittsburgh. Dr. Turner completed her residency at Akron Children's Hospital Medical Center, her fellowship at Washington University School of Medicine, and her medical degree at Northeast Ohio Universities College of Medicine. Her clinical work focuses on asthma management, including SMART therapy and evidence based care for children with respiratory conditions.

Deirdre Nolfi Donegan, MD

Pediatric Hematology/Oncology – UPMC Children's Hospital of Pittsburgh Deirdre Nolfi Donegan, MD, is an Assistant Professor of Pediatrics in the Division of Pediatric Hematology/Oncology at UPMC Children's Hospital of Pittsburgh and the Hemophilia Center of Western Pennsylvania. She specializes in benign hematology, hemostasis, and thrombosis, with a focused research interest in platelet disorders. Dr. Nolfi Donegan provides comprehensive care for children with bleeding disorders, clotting disorders, and complex hematologic conditions.

Jeremy Reed, MD, MPH

Otolaryngology – UPMC Cole & UPMC Wellsboro Jeremy Reed, MD, MPH, specializes in otolaryngology and is certified in plastic surgery of the head and neck by the American Board of Otolaryngology. He practices at UPMC Cole and UPMC Wellsboro, providing comprehensive ENT care for children and adults across the region. Dr. Reed completed his residency at Walter Reed Military Medical Center – National Capital Consortium and earned his medical degree from Tulane University School of Medicine. His clinical interests include pediatric ENT conditions, ear disease, sleep related breathing issues, and surgical management of head and neck disorders.