



Trauma Informed Care 1.0 Workshop – 2026 Series

Presented by



AGENDA

7:45-8:00 am	Registration/Sign-in/pre-workshop evaluations
8:00-8:30 am	Welcome/Self-reflection Exercise/intro to grounding skills
8:30-9:30 am	Introduction to Trauma Informed Care – Tracey Vogel, MD
9:30-10:15 am	Intimate Partner Violence/demonstration simulation – Mae Reale
10:15-10:30 am	Break
10:30-11:45 am	Group case exploration/skills introduction/acute stress response management
12:00-12:30 PM	Lunch
12:30-1:15 PM	Introduction to communication strategies for all Obstetric providers
1:15-1:30 PM	Break
1:30-3:00 PM	Simulation Demonstrations (3-4)
3:00-3:30 PM	Large Group Debrief: questions, viewpoints, take-away, self-care
3:30 PM	Conclusion/ Evaluation of course