

Housekeeping Reminders

Please submit questions via the Zoom chat during the presentation.

For attendance, please type in your name and organization in the chat.

Attendees are muted upon entry. Click “Unmute” when you would like to speak. Please mute yourself after speaking.

The presentations are posted on Tomorrow’s HealthCare www.tomorrowshhealthcare.org

2026 PCMH Perinatal Care in Family and Pediatric Offices Sprint Session #4

September 15, 2026

Pittsburgh Regional Health Initiative

Continuing Education Information

In support of improving patient care, this activity has been planned and implemented by the University of Pittsburgh and The Jewish Healthcare Foundation. The University of Pittsburgh is jointly accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** and the **American Nurses Credentialing Center (ANCC)**, to provide continuing education for the healthcare team. **1.5 hours are approved for this course.**

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the **Association of Social Work Boards (ASWB)** Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive **1.5 continuing education credits.**

Disclosures

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Learning Objectives

- ✓ Describe examples of quality improvement interventions implemented by participating PCMHs during the 2026 Perinatal Sprint.
- ✓ Discuss outcomes, lessons learned, and measures used to evaluate improvement efforts across participating practices.
- ✓ Identify strategies for sustaining and scaling successful quality improvement interventions beyond the initial PDSA cycles.
- ✓ Apply peer-to-peer learning to inform future quality improvement initiatives within participants' own practices.

2026 Perinatal Care in Family and Pediatric Offices Sprint Recap

Robert Ferguson, MPH, Chief Policy Officer, Pittsburgh Regional Health Initiative

Perinatal #1: Interconception Care

- Primary care is poised to fill gaps and address disparities in maternal health
- Maternal screening at well child visits allows us to identify and address risk factors prior to the next pregnancy
- Best Practice Recommendations:
 1. Initial assessment in the first 3 weeks postpartum
 2. Ask every person of childbearing potential if they have been pregnant in the last year.
 3. Obtain comprehensive obstetrical history and record of ongoing medical and mental health issues
 4. Educate staff members on trauma-informed care, cultural and racial humility

Perinatal #2: Vaccination Engagement

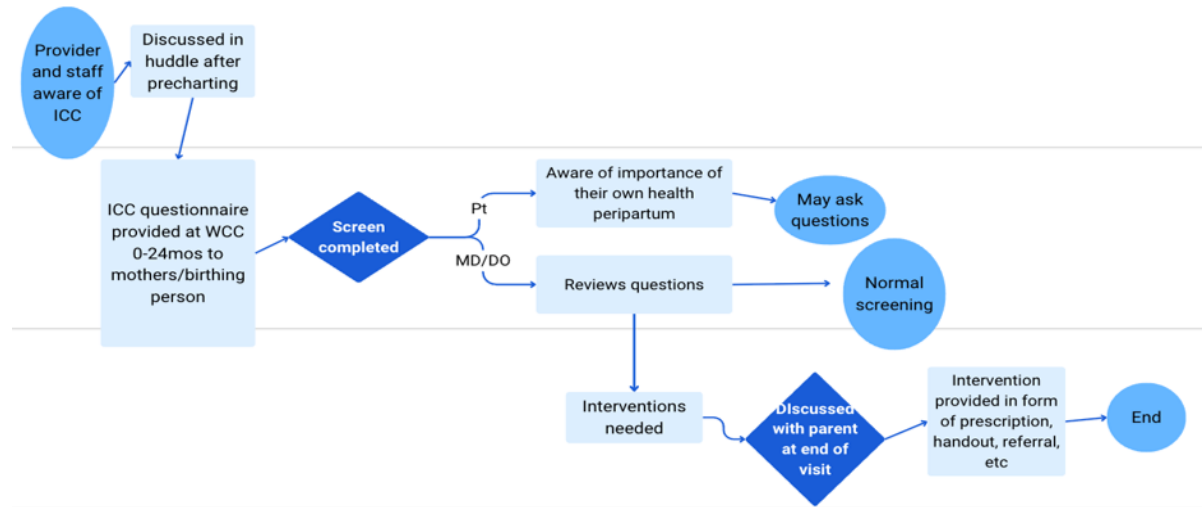
Kids Plus Pediatrics shared **innovative practices** to improve family vaccination engagement:

- **Family Guide:** Concierge-style website portal with accurate information for new families
- **Baby Basics:** Free, monthly virtual classes for new and expectant families
- **The Village:** Peer support group for patients and non-patients, facilitated by a doula
- **Resource and Counseling Coordinator:** Team role to help navigate resources, provide support

Communicate **often and early** with families to explain firm stance, provide accurate resources, and collectively come to decision

Perinatal #3: Maternal Mental Health

- Postpartum depression is **common**, but screening helps promote the health of the birthing parent and the child
- Guest speakers Moyer & Jones provided multiple tools & practical workflows to support PPD screening at well child visits (example)



2026 In-Person Wrap-Up Session Guidance

Robert Ferguson, MPH, Chief Policy Officer, Pittsburgh Regional
Health Initiative

2026 PCMH LN In-Person Session – November 10th

Agenda:

- Physical HealthChoices PCMH and PCMH-PNC Programs: History, Evolution, and Future Directions
- Physical HealthChoices MCO Panel: PCMH Program Highlights
- **2026 PCMH Learning Network Sprint: Peer-to-Peer PDSA Poster Session**
- **PCMH 2026 Sprint Accomplishments Recognition - Bronze, Silver, and Gold Designations**
- **2027 PCMH Learning Network Goals, Sprint Topics, Structure and Next Steps**
- **Knowledge Cafés to Prepare for 2027 Sprints**

Poster Guidance

All PCMH Teams will present a poster that tells other PCMH Teams about their work. The purpose of these posters is to highlight your team's accomplishments throughout the year and disseminate best practices and lessons learned with other PCMH teams.

PCMHs are responsible for completing, printing, and transporting their own posters. [Two templates](#) are provided for your convenience: one large professional poster or a series of slides that can be printed with a typical office printer. You may also use your own design.

Poster Size and Submission Guidelines

- One poster per PCMH Team per sprint is required. If you completed more than one PDSA cycle, you may choose one to describe here. If you completed one PDSA cycle in two sprints, please create two posters.
- Please bring the final printed copy of your poster to the session on November 10th.
- Instructions for locating the display area and push pins for displaying posters will be provided at check-in on November 10th.

PCMH Recognition

To celebrate the PCMHs' quality improvement work in the 2026 sprints, teams will be awarded PCMH designation levels that are defined below. All recognized PCMHs will receive a certificate.

- Bronze: PCMHs that attended over half of sprint sessions throughout the year and submitted a PDSA each quarter
- Silver: PCMHs that met the Bronze criteria and completed at least one round of a PDSA cycle with initial results
- Gold: PCMHs that met the Bronze and Silver criteria and completed a second round of a PDSA cycle with a second round of results

2027 LN – Sprints and Knowledge Cafes

Trauma-Informed Behavioral Health Screening and Follow-up

with options to focus on:

- pregnancy/postpartum depression (OB family medicine),
- pediatric settings,
- specific integrated care models with CBCM care managers or behavioral health consultants (e.g., Collaborative Care Management Model),
- tobacco screening and cessation counseling,
- inter-partner violence screening and follow-up,
- how to use patient advisors for trauma-informed approaches, and/or
- trauma-informed care training

2027 LN – Sprints and Knowledge Cafes

Community-Based Care Management (CBCM) Teams

with options to focus on

- Pharmacists
- CHWs
- Care Managers
- Peer Recovery Specialists
- CBCM caseloads, or CBCM team retention, and
- Patient communication and engagement skills

2027 LN – Sprints and Knowledge Cafes

Preventing Readmissions, Admissions, and Unnecessary ER Visits for Ambulatory-Sensitive Conditions

with options to focus on

- 10-day follow-ups
- Collaborating with specialists, and
- Leveraging P3N-certified HIO data and functions

2027 LN – Sprints and Knowledge Cafes

PCMH-PNC Sprint

Standardizing LOMNs and Family Care Plans

2026 PCMH LN In-Person Session – November 10th

Register for the In-Person Statewide Session

Tuesday, November 10th at 8:30 a.m. to 3:00 p.m.
at the Harrisburg Hilton

PCMHs' Sharing of PDSA Plans and Peer-to-Peer Learning

Discussion Questions

- Briefly describe your PCMH's quality improvement goal and the intervention(s) your team implemented during the PDSA cycle.
- What measures did your team track to assess the effectiveness of the intervention, and what did the data show?
- What key lessons emerged from your team's experience implementing and evaluating the change?
- What strategies is your PCMH considering to sustain and/or scale these improvements moving forward?

Next Steps, Wrap Up & Session Evaluation

Lisa Boyd

Pittsburgh Regional Health Initiative

Next Steps from Today's Session

1. Finish your PDSA plan by **October 27th**
2. Reach out with any questions or to request 1:1 support or TA
3. Register for the final in-person wrap-up session and supplemental sessions

2026 PCMH Learning Network

Final In-Person Session November 10th at 8:30 a.m. to 3:00 p.m.

Final In-Person Session

PCMH Milestone:

Complete at
least 2 PDSA
cycles and share
at the in-person
event*

- **PCMHs** share their completed PDSA cycles
- **LN** recognizes PCMHs with greatest improvements
- **LN** announces 2027 Sprints

Upcoming Sessions

Oral Cancer Prevention and Early Detection

September 24, 2026

9:00 am – 10:00 am

Contraceptive Care: IUD Pain Management

October 29, 2026

9:00 am – 10:00 am

Statewide In-Person Wrap-Up Session (RSVP)

November 10, 2026

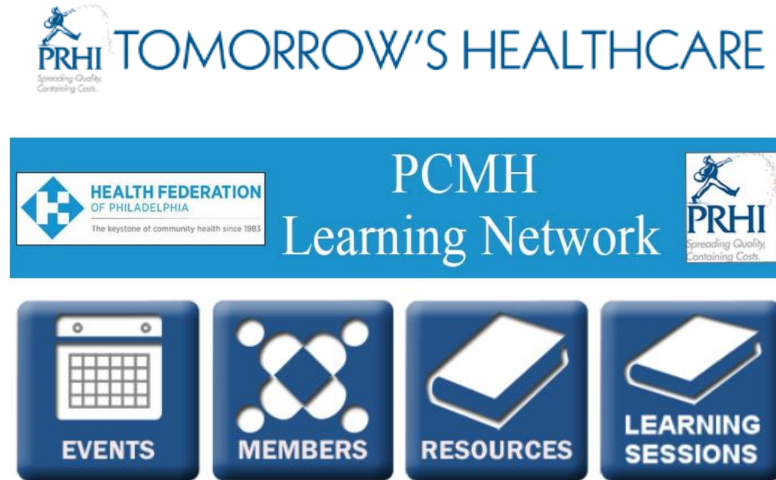
8:30 am – 3:00 pm



PCMH Online Community

<https://www.tomorrowshhealthcare.org/>

Members of your PCMH's multi-disciplinary learning team will receive log-ins



- Access the session materials in “Learning Sessions”
- Look for guides and tools in “Resources”
- Find session dates and registration links under “Events”

CEU Process

You will receive a follow up email with links to:

Complete the survey at: <https://www.surveymonkey.com/r/CF7XLPM> by Tuesday, September 22nd



1. Please be sure to designate which CEU credits you are requesting **CME, CNE, Social Worker or Certificate of Attendance**. If you already have an account with the UPMC Center for Continuing Education, **please be sure the email you enter on the survey matches the UPMC CCE account email that you create.**
2. The UPMC Center for Continuing Education will follow up with you via email after September 22nd with instructions on how to claim your credits.
 - ☐ To claim your CEUS or certificate, you must create an account with UPMC CCE via this website <https://cce.upmc.com>.

Thank You!
