

# EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

UPMC | WESTERN PSYCHIATRIC  
HOSPITAL

## ***43<sup>rd</sup> Annual Pittsburgh Schizophrenia Conference (EC41)***

***Friday, November 13, 2026***

***7:30 AM to 4:30 PM***

*Sheraton Station Square  
300 W Station Square Drive  
Pittsburgh, PA 15219*

***Course Director:***  
***K.N. Roy Chengappa, MD***

***Recovery and Wellness: The Journey Starts Here***  
**A Joint Effort Sponsored by University of Pittsburgh, Department of Psychiatry, UPMC  
Western Psychiatric Hospital and Community Care Behavioral Health Organization**

## Introduction

The Pittsburgh Schizophrenia Conference is an annual meeting at which the advances in schizophrenia research and treatment are reviewed by experts in the field. This year's meeting will be held in person at the Sheraton Station Square.

## Educational Objectives

At the completion of this program, participants should be able to:

1. Describe the impact of negative symptoms in schizophrenia and evaluate the use of Behavioral Activation interventions, including implementation strategies, and evidence supporting their efficacy for promoting active lifestyles and functional recovery.
2. Evaluate the role of muscarinic signaling in schizophrenia and apply evidence-based strategies for selecting and integrating newly approved non-dopaminergic therapies into individualized treatment plans.
3. Assess and implement long-acting injectable antipsychotic therapies by selecting appropriate candidates, medications, and administration strategies, while applying evidence-based resources and best practices to improve patient outcomes and treatment adherence.
4. Describe the impact of genetic risk factors on the development, pathophysiology, and symptoms of schizophrenia and how these might be useful in improving prevention and treatment approaches.
5. Evaluate candidates for anticholinergic deprescribing and apply evidence-based strategies and decision-support tools informed by results from a multisite implementation trial.

## Who Should Attend:

The conference is designed to disseminate the latest clinical and research findings to a wide audience: psychiatrists and other mental health clinicians, including nurses, pharmacists, social workers, psychologists, service coordinators, researchers, patients and their relatives, mental health policy administrators and others who intend to keep current regarding treatment and research in schizophrenia.

**Course Director**

**K.N. Roy Chengappa, MD**

Professor of Psychiatry

University of Pittsburgh School of Medicine

Chief, Comprehensive Recovery Services

UPMC Western Psychiatric Hospital, Pittsburgh, PA

**Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Award**

Professor Gerard Hogarty was a faculty member of the Department of Psychiatry and a member of the UPMC Western Psychiatric Hospital for more than 30 years. Until his passing in 2006, Professor Hogarty pursued important questions related to the nature and treatment of schizophrenia – namely relapse prevention and inter-episodic social function. His career in clinical research led to major advancements in the treatment of individuals with schizophrenia and his work continues to be recognized both nationally and internationally. In addition to his research endeavors, Professor Hogarty was an incredibly talented teacher and mentor who played a significant role in the career development of many respected researchers and clinicians in the field.

**2026 Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Award Winner**

**Michael F. Pogue-Geile PhD**

**Professor Emeritus, Department of Psychology**

**University of Pittsburgh**

**Faculty**

**Stephen F. Smagula, PhD**

Associate Professor

Department of Psychiatry

School of Medicine

University of Pittsburgh

**Roger S. McIntyre, MD, FRCPC**

Professor of Psychiatry, University of Toronto, Canada

Professor of Pharmacology and Toxicology, University of Toronto, Canada

Chairman and Executive Director, Brain and Cognition Discovery Foundation (BCDF), Toronto, Canada

**Megan Ehret, PharmD, MS, BCPP, FAAPP**

Professor

Co-Director of Mental Health Program

Vice-Chair of Academic Affairs

Department of Practice, Sciences, and Health Outcomes Research

University of Maryland School of Pharmacy

**Jessica M. Gannon, MD**

Medical Director of WPH Ambulatory eRecord  
Medical Director of the CRS Ambulatory Clinics  
CRS Director of Education and Training  
Associate Professor, University of Pittsburgh School of Medicine  
Attending Psychiatrist, Western Psychiatric Hospital UPMC  
Pittsburgh, PA

**Shaun M. Eack, Ph.D.**

James and Noel Browne Endowed Chair  
Professor, School of Social Work  
Professor, Department of Psychiatry  
University of Pittsburgh

**Susan S. Hogarty, RN, MSN**

Senior Advisor  
Consultant  
ASCEND Program  
Pittsburgh, PA

**Ana Lupu, PharmD**

Clinical Ambulatory Pharmacist, UPMC Western Psychiatric Hospital  
Adjunct Instructor in Pharmacy and Therapeutics,  
University of Pittsburgh School of Pharmacy  
Pittsburgh, Pennsylvania

For additional information regarding the speakers and/or presentations, contact Nancy Mundy at [mundnl@upmc.edu](mailto:mundnl@upmc.edu)

*During the breaks and lunch, the Comprehensive Recovery Services art sale will be available for you to view and purchase via **credit card payments only**. All items are created by clients of the Psych Rehab Art Therapy Program at the Oxford Building or related UPMC programs. The artists set their own prices and 100 % of the proceeds go directly to the artists.*

## AGENDA

|                   |                                                                                                                                                                                                                                                                                                                                     |
|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7:30 am           | Registration and Continental Breakfast                                                                                                                                                                                                                                                                                              |
| 8:30 to 8:45 am   | Introduction and Background<br><i>K.N. Roy Chengappa, MD</i>                                                                                                                                                                                                                                                                        |
| 8:45 to 9:30 am   | Active Lifestyle Program (ALP) for Negative Symptoms of Schizophrenia<br><i>Stephen F. Smagula, PhD</i>                                                                                                                                                                                                                             |
| 9:30 to 10:30 am  | Muscarinic signaling for psychosis and beyond: mechanisms theory to therapy<br><i>Roger S. McIntyre, MD, FRCPC</i>                                                                                                                                                                                                                  |
| 10:30 to 11:00 am | Break – visit the Art Show – Purchases must be made via credit card payment only                                                                                                                                                                                                                                                    |
| 11:00 to 12:00 pm | Injecting Success: Transforming Patient Outcomes with Long-Acting Injectable Antipsychotic Medications<br><i>Megan Ehret, PharmD, MS, BCPP, FAAPP</i>                                                                                                                                                                               |
| 12:00 to 1:15     | Lunch – On your own                                                                                                                                                                                                                                                                                                                 |
| 1:15 to 1:30      | Lorraine Williams scholarships announced<br><i>Jessica Gannon, MD</i>                                                                                                                                                                                                                                                               |
| 1:30 to 3:00 pm   | Presentation of Hogarty Award<br><i>Review of Work – Shaun Eack, PhD</i><br><i>Presentation of Plaque– Susan Hogarty, RN, MSN</i><br><br>Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Lecture: Research on the Effects of Genetic Risk for Schizophrenia: A 50-Year Journey<br><i>Michael F. Pogue-Geile PhD</i> |
| 3:00 to 3:15 pm   | Break – visit the Art Show – <i>Purchases must be made via credit card payment only</i>                                                                                                                                                                                                                                             |
| 3:15 to 4:15 pm   | Deprescribing Anticholinergic Medications in Persons with Mental Illness: Results from an implementation trial<br><i>K.N. Roy Chengappa MD, Jessica M. Gannon MD, Ana Lupu, PharmD</i>                                                                                                                                              |
| 4:15 to 4:45 pm   | Musicians                                                                                                                                                                                                                                                                                                                           |
| 4:45 pm           | Closing Remarks & Adjournment<br><i>K.N. Roy Chengappa, MD</i>                                                                                                                                                                                                                                                                      |

All presentations are introductory to intermediate instructional levels.

## Continuing Education Credit



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Pharmacy (CPE)

This knowledge-based activity provides 5.25 contact hours of continuing pharmacy education credit.

### Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



### Psychologists

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer psychology continuing education by the American Psychological Association. University of Pittsburgh maintains responsibility for this course. Psychologists completing this course receive 5.25 continuing education credits.

### Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 5.0 continuing education credits.

### Counselors



Education and Consultative Services of UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Education and Consultative Services of UPMC Western Psychiatric Hospital is solely responsible for all aspects of the programs. This conference is approved for 5.25 hours.

### Other Healthcare Professionals

Peer Specialists and other health care professionals are awarded maximum of .525 Continuing Education Units (CEU's) for this day of the conference. One CEU is equal to 10 contact hours.

- *Please retain your certificates in a safe place. Replacements cost \$30 for those that come from our office (Gen. CEU; NCC).*
- *Except for physicians requesting CME continuing education credit, variable credits are not provided. Participants requesting must attend the entire day.*
- *Although the evaluation is not mandatory, we appreciate your participation. Please expect the certificates from our office in four to six weeks post-conference. Those obtained from the registration site can be accessed immediately.*

## Registration Information

Please register by November 9, 2026, at the following link: [43rd Annual Pittsburgh Schizophrenia Conference | UPMC - Center for Continuing Education in the Health Sciences](#)

### Fee Schedule\*

|                                                                                                                                                                       |           |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| Non UPMC Physicians and Professionals                                                                                                                                 | \$130     |
| UPMC & WPH/WBH Physicians                                                                                                                                             | \$100     |
| UPMC staff and non-physician mental health professionals (Universities/colleges, VA, PA State Hospitals, Allegheny County and other community mental health agencies) | \$80      |
| Western Psychiatric Hospital/Western Behavioral Health Staff                                                                                                          | \$60      |
| Full time Students/Residents/Interns/Family Members - no CE credit                                                                                                    | \$40      |
| Patients - no CE credit                                                                                                                                               | no charge |

\*If you are unsure of what tuition level to register at, please email Nancy Mundy at [mundnl@upmc.edu](mailto:mundnl@upmc.edu)

### Tuition includes:

- \* Registration, Continental breakfast, and online conference materials
- \* Continuing education credits for staff, professionals, and physicians

A \$20 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun.

A Departmental Journal Transfer form for UPMC and Western Psychiatric Hospital participants can be found [here](#) Please have your supervisor complete it BEFORE YOU REGISTER.



*We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least **two** weeks in advance of the program by contacting Nancy Mundy at [mundnl@upmc.edu](mailto:mundnl@upmc.edu).*