



MEETING AGENDA

ACHP 2022 February Virtual Clinical Summit Re-Thinking Chronic Illness: What's on the Horizon?

▶ WEDNESDAY, FEBRUARY 16

11:00 – 11:45 a.m.

Welcome and Keynote – The Big Question: What Is the Future of Chronic Disease?

In this keynote presentation, Dr. Karen Hacker, Director of CDC's National Center for Chronic Disease Prevention and Health Promotion, will tackle the questions on everyone's mind regarding chronic disease: Where are we now and where do we go next? During her presentation, Dr. Hacker will discuss the impact of COVID-19 on chronic disease, the challenge of addressing social factors and the opportunities this moment presents to improve the health of our communities. The presentation will examine the roles of health care and public health and where collaboration can be a useful tool to advance community health plan priorities. Following her presentation, attendees will have an opportunity to ask Dr. Hacker their big questions during a live question and answer session.

Speaker: **Karen Hacker, M.D.**, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention

11:45 – 12:00 p.m.

Break

12:00 – 12:45 p.m.

The Digital Health Revolution in Reducing Chronic Illness

Chronic disease is a worsening health and economic challenge, with 6 in 10 Americans living with at least one chronic condition and health-related hardships imposed by the COVID-19 pandemic. However, new digital technologies are making advances in provider access and availability, data-driven personalization and patient convenience. How should health plans invest and partner in these digital health opportunities to prevent, improve and reverse chronic conditions? Hear insights from ACHP and industry experts on what's critical to creating positive impact with these digital health programs and tools.

Moderator: **Ginny Whitman**, ACHP

Panelists: **Diana Gelston**, Best Buy Health
Meg Horgan, MSN, R.N., Geisinger
Annie Ideker, M.D., HealthPartners

12:45 – 12:55 p.m. **Break**

12:55 – 1:40 p.m. **Concurrent Sessions: Choice of 2**

Session A: Novel Approaches in Behavioral Health

Hear from ACHP plans and a guest expert from National Institute on Drug Abuse (NIDA) about exciting opportunities to advance behavioral health, including a substance use disorder bundle, value-based payment models for medication-assisted treatment (MAT) and assertive community treatment (ACT) and more. Mental health conditions are some of the most common health conditions in the United States, often co-occurring with and impacting other chronic conditions such as heart disease and diabetes. The COVID-19 pandemic has had profound effects on mental health and substance use and highlighted the importance of seizing opportunities to provide accessible, effective behavioral health care in the United States.

Moderator: **Pamela Greenberg**, MPP, Association for Behavioral Health and Wellness

Panelists: **Carlos Blanco**, M.D., Ph.D., National Institute on Drug Abuse
Lori Fertall, MBA, Community Care Behavioral Health Organization
Scott Whittle, M.D., SelectHealth

Session B: Sticky Solutions for Medication Adherence in Patients with Chronic Disease

Medication adherence can improve clinical outcomes for chronic disease management and reduce mortality from chronic conditions, which makes it a great area of opportunity for health plans to focus on improving for the health of their members and communities.

Moderator: **Susan Cantrell**, MHL, R.Ph., AMCP

Panelists: **Mihir Patel**, Pharm.D., PacificSource
Ben Urick, Pharm.D., Ph.D., University of North Carolina

1:40 – 1:50 p.m. **Break**

1:50 – 2:35 p.m. **A New Age of Equity and Accountability: Achieving Market Differentiation Through ACHP's 2030 Roadmap to Reform**

Chronic conditions are the bedrock of every health plan's population health management efforts. Their economic and productivity impacts spread well-beyond the health care industry, however, and the events of the last two years have highlighted the need for new approaches to chronic disease management, health and wellbeing. Demonstrating measurable improvement in the outcomes most important to health plan customers is critical for market competitiveness. This session will explore emerging approaches to measuring and improving quality and

experience, equity's role in driving health plan customer decision-making and opportunities for ACHP members to collectively demonstrate their value through ACHP's 2030 Chronic Disease Pledge.

Moderator: **George Isham**, M.D., ACHP Senior Advisor

Speakers: **Scott Atole**, Presbyterian Health Plan

Rishi Manchanda, M.D., Health Begins

Joy Marsh, UCare

2:35 – 2:45 p.m.

Break

2:45 – 3:30 p.m.

Deep Dive Discussion: Meeting ACHP's Chronic Disease Pledge

Join senior Clinical Advisor George Isham for an interactive discussion about ACHP's chronic disease pledge and next steps in fulfilling the pledge made in ACHP's Roadmap to Reform.

Chronic Disease Pledge from ACHP's 2030 Roadmap to Reform

Few of the targeted health outcomes are more important than preventing and managing chronic disease. As chronic conditions are responsible for 75 percent of total health care costs and the majority of deaths in the United States, achieving this goal will reduce costs and improve quality of life. ACHP members will be the first health plans to track and improve population-based outcome measures for chronic disease. Focusing on diabetes and heart disease, ACHP member plans and their provider partners pledge to measure and address the specific drivers of these chronic conditions in their communities

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3:30 p.m. **Adjournment**