

Conference Program

One size does not fit all: Strategies to promote mental wellness for expectant and parenting families April 1, 2022 7:00am - 4:30pm Wyndham Pittsburgh University Center · 100 Lytton Ave, Pittsburgh, PA 15213			
Time	Content	Title	Presenter(s)
7:00–7:45 AM	Registration and Continental Breakfast		
7:45–8:00 AM	Welcome	Conference Introduction and Postpartum Pittsburgh Overview	Eydie Moses-Kolko, MD
8:00–8:45 AM	Keynote A	Bias and Equity: Impacts on Community Health	Tracey Conti, MD
8:45-9:30 AM	Keynote B	Addressing Health Disparities: Maternal and Pediatric Health Impact	Johanna Vidal-Phelan, MD, MBA, FAAP
9:30-9:45 AM	Break		
9:45-10:30 AM	Keynote C	Service delivery and adaptation for families in Allegheny County	Dannai Wilson, MS
10:30 AM–12:00 PM	Listening Session	Listening to Understand: Supporting Childbearing Individuals of Color	Facilitator: Courtney Utz LPC, M.Ed, Ed.S Panelists: <ul style="list-style-type: none"> • Diana P. Byas • Chaunda Cunningham • Alecia Dawn Young • Muffy Mendoza • Tica Nickson • Gloria Rodriguez Ransom • Ngozi Tibbs
12:00-1:00 PM	Lunch and Connecting		
CASES TRACK			
1:00-2:30 PM	Cases Session A	Holding the baby in mind: Dyadic interventions in perinatal mental health	Dena M. Dunn, PsyD, IMH-E (IV) Discussant: Courtney Utz LPC, M.Ed, Ed.S
2:30 - 2:45 PM	Break		

2:45– 4:15 PM	Cases Session B	Risk in context: Topics in Perinatal Psychopharmacology	Eydie Moses-Kolko, MD Discussant: Sukanya Srinivasan, MD
SPECIAL TOPICS TRACK Breakout Sessions: Promoting Wellness for the Birthing Person			
1:00-2:00 PM	Session 1	Reproductive Trauma: When Healthy Mom, Healthy Baby is Not Enough	Jodie Hnatkovitch, LPC, PMH-C, CPLC
2:00-3:00 PM	Session 2	Psychological approaches to perinatal mental and physical wellness	Michele D. Levine, PhD and Rachel Kolko Conlon, PhD
3:00-4:00 PM	Session 3	Strengthening Families: Supporting Pregnant and Parenting Persons with Substance Use Disorders	Stacy Freeman-Pistella MA, LPC, CAADC and Elizabeth Krans MD
4:15-4:30 PM	Adjournment and Connecting		

Dinner Fundraiser:

Order Pizza & Cider from Threadbare Cider House and Raise Money for Postpartum Pittsburgh

<https://takeout.threadbarecider.com/>

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