

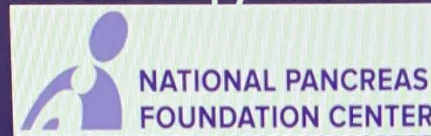
CAPER Senior Mentor Award

“A Consultation for your Career, Clan and Conduct”



Darwin L. Conwell, MD, MSc, FACG
Professor and Chair
Department of Internal Medicine

The Ohio State University Division of Gastroenterology, Hepatology, and Nutrition: Section of Advanced Endoscopy and Section of Pancreatic Disorders



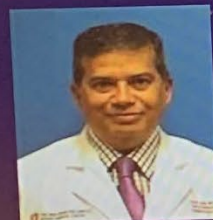
Chronic Pancreatitis
Dr. Hart
(Director Pancreatic Disorders)
(U01, U01 DK LRP)



Obesity and Pancreas Cancer
(Director Molecular and Cell Biology)
Dr. Cruz-Monserrate
(R01, R21, NPF, Orien, Pelotonia)

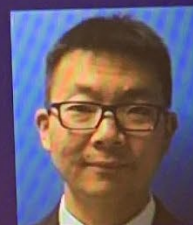


Pancreas Cancer and Pancreatitis Immunology
Dr. Mace (KL2)



Dr. Jalil

(R21, DK LRP)



Diagnosis and ablation of Pancreas Cysts
Confocal Laser Endomicroscopy
Dr. Krishna (ACG, NPF, Orien)



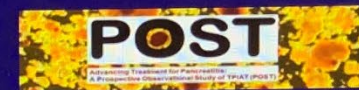
Acute Pancreatitis and Advanced Endoscopy
(Director Advanced Endoscopy)
Dr. Papachristou (U01, U01, DoD)



Chronic Pancreatitis: Diagnosis and Treatment
Dr. Conwell (U01, U01 R21)



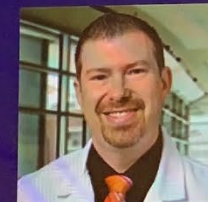
Autologous Islet Transplantation in Chronic Pancreatitis
Dr. Lara (R01)



Endoscopic Sphincterotomy in Acute Recurrent Pancreatitis
Dr. Groce (U01)



Dr. Lee



Do you know your
WHY?

seeblue.™

Clayton M. Christensen

"I apply the tools of econometrics a few times a year, but I apply my knowledge of the purpose of my life every day.

It's the single most useful thing I've ever learned. I promise my students that if they take the time to figure out their life purpose, they'll look back on it as the most important thing they discovered at Harvard Business School.

If they don't figure it out, they will just sail off without a rudder and get buffeted in the very rough seas of life."

Clayton M. Christensen

- First, how can I be sure that I'll be happy in my career?
CAREER
- Second, how can I be sure that my relationships with my spouse and my family become an enduring source of happiness? **CLAN**
- Third, how can I be sure I'll stay out of jail? **CONDUCT**

A Consultation.....

- **Career**
 - *Servant leadership*
- **Clan**
 - *The Love Bank*
 - *The Love Languages*
- **Conduct**
 - *The Data point*
- ***Final advice***
 - *Dr. Suess*
 - *A picture says a great many things.....*
- ***Thank you***



Career

- Question: How can I be sure that I'll be happy in my career?
- Empathy – seeing, hearing, feeling.....”others”
- *Servant leadership*
 - *We.....not me*
 - *There is no “I” in TEAM*





Empathy












Clan

- **Question: How can I be sure that my relationships with my spouse and my family become an enduring source of happiness?**
- Love languages
- Love bank



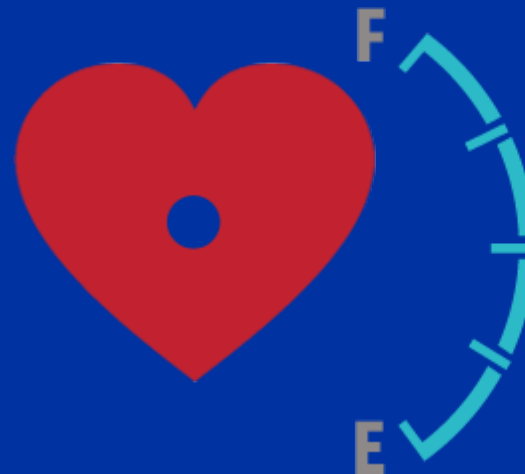
HOW TO SPEAK YOUR PARTNER'S LOVE LANGUAGE

WHICH LOVE LANGUAGE?	HOW TO COMMUNICATE	ACTIONS TO TAKE	THINGS TO AVOID
 WORDS OF AFFIRMATION	Encourage, affirm, appreciate and listen actively.	Send an unexpected note, text, or card.	Not recognizing or appreciating effort.
 PHYSICAL TOUCH	Non-verbal use of body language and touch to show love.	Hugs, kisses, cuddling.	Physical neglect or abuse.
 RECEIVING GIFTS	Thoughtfulness, make your Spouse a priority.	Give thoughtful gifts and gestures. Express gratitude when receiving gifts.	Unenthusiastic gift receiving, forgetting special occasions.
 QUALITY TIME	Uninterrupted and focused conversations. One on one time is important.	Create special moments, take walks and do small things with your partner.	Distractions when spending time together. Long time without one-on-one time.
 ACTS OF SERVICE	Let them know you are wanting to help, to lighten their load.	Make them breakfast or dinner. Go out of your way to help with chores.	Lacking follow-through on small and large tasks.

The 5 Love Languages
- partner
- children

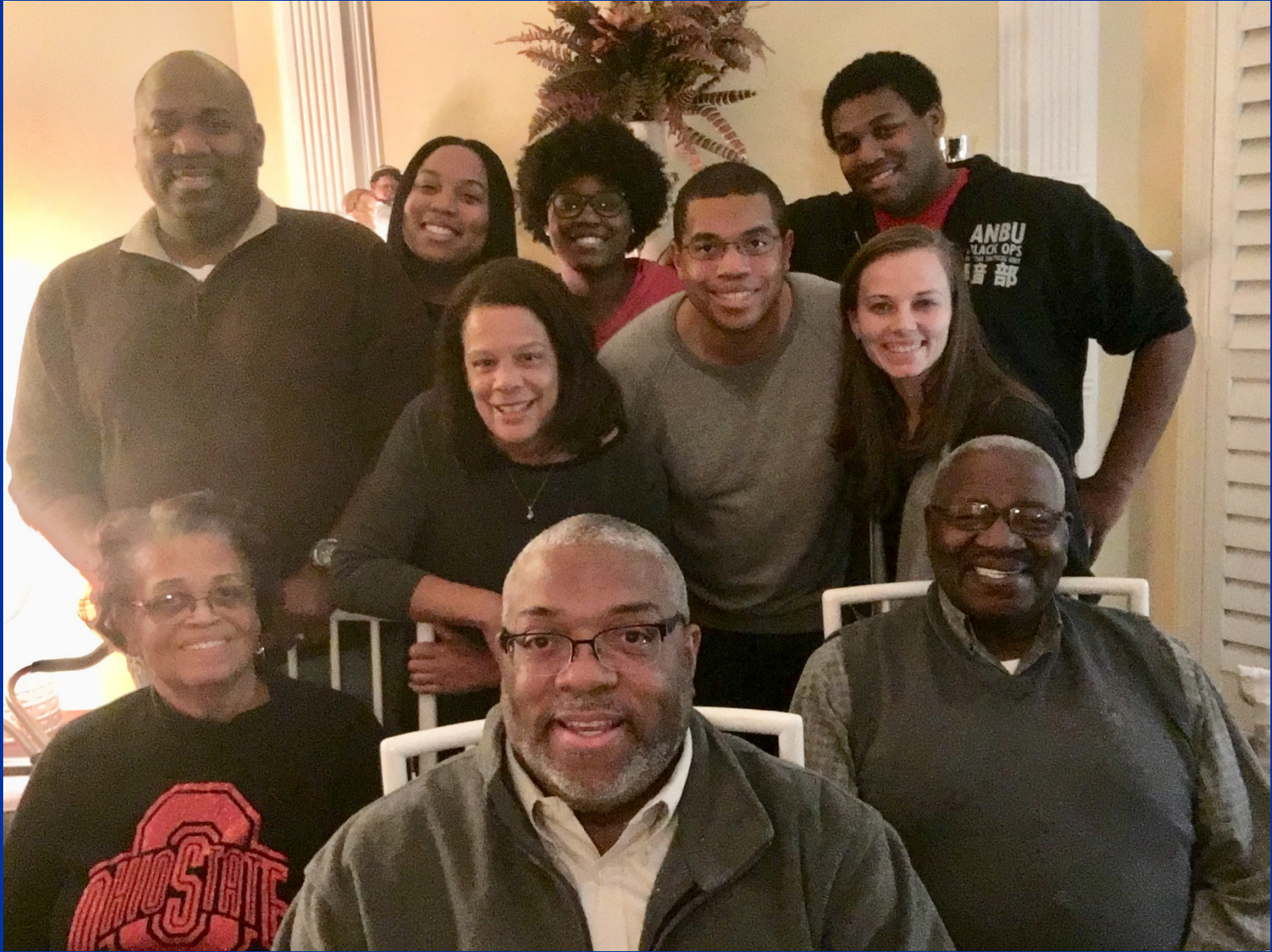
The Love Bank

- Deposits and withdrawals into the Love Bank
- Watch your Love Bank “balance” !!!!!



**MY LOVE
BANK IS
running
ON EMPTY**







Conduct

Question: How can I be sure I'll stay out of jail?

- The practice of medicine is a sacred trust
- A **physician-scientist** must have the highest level of integrity, honor, trust and respect

An Endoscopic Pancreatic Function Test With Cholecystokin-Octapeptide for the Diagnosis of Chronic Pancreatitis

DARWIN L. CONWELL,* GREGORY ZUCCARO, JR.,* JOHN J. VARGO,* J. BRAD MORROW,*
NANCY OBUCHOWSKI,† JOHN A. DUMOT,* PATRICIA A. TROLLI,* ALLISON BURTON,*
CATHY O'LAUGHLIN,§ and FREDERICK VAN LENTE§

*The Pancreas Clinic, Section of Endoscopy and Pancreaticobiliary Disease, Department of Gastroenterology and Hepatology; §Departments of Pathology and Laboratory Medicine and †Biostatistics and Epidemiology, Cleveland Clinic Foundation, Cleveland, Ohio

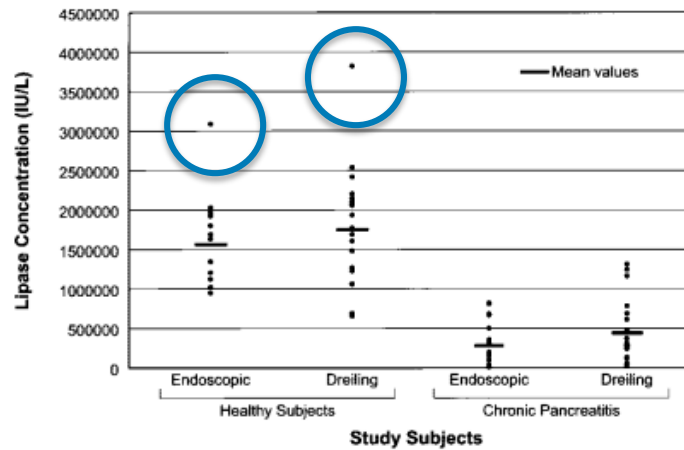


Figure 3. Peak lipase concentrations of study subjects.

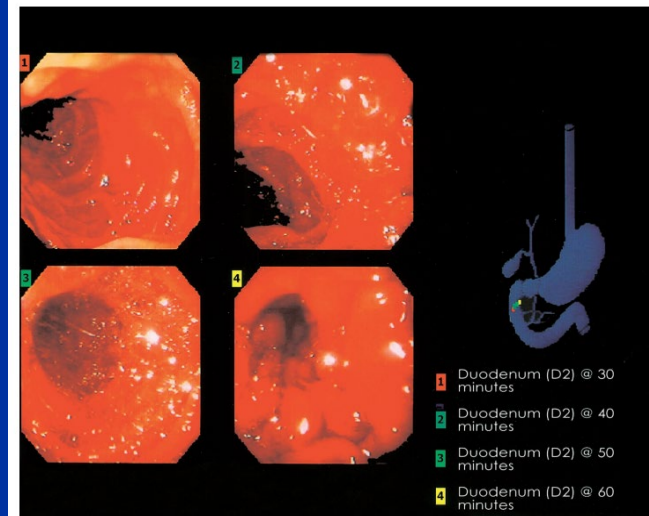


Figure 2. Endoscopic appearance of duodenum at specific collection times.

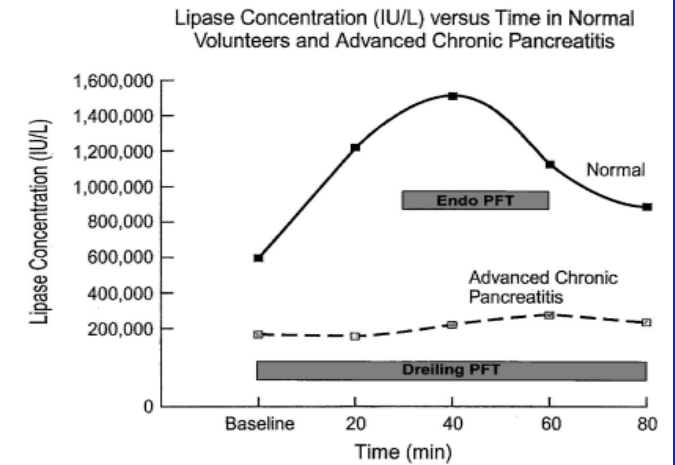
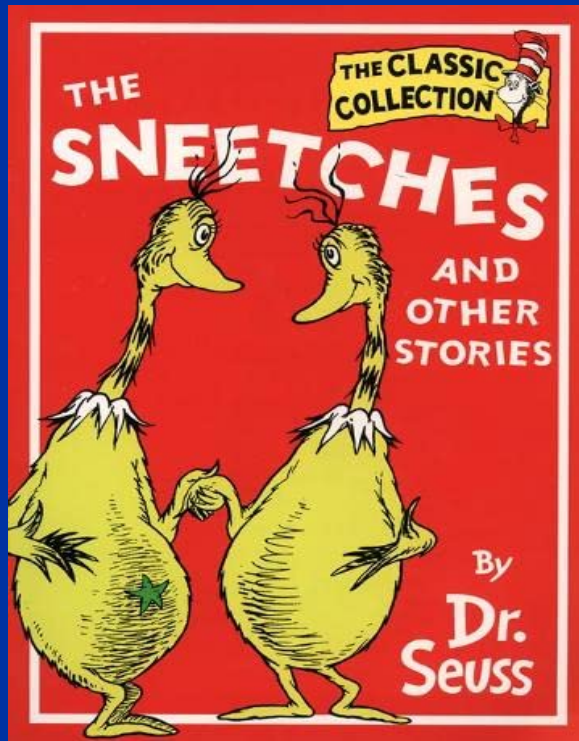


Figure 1. Comparison of endoscopic and Dreiling tube collection times during CCK stimulation.

The 2003 data point: *stay out of jail !!!!*



Watch on Youtube!!

Some of the people that I LOVE....



DI-VER-SI-TY

All the ways in which people differ.



EQ-UI-TY

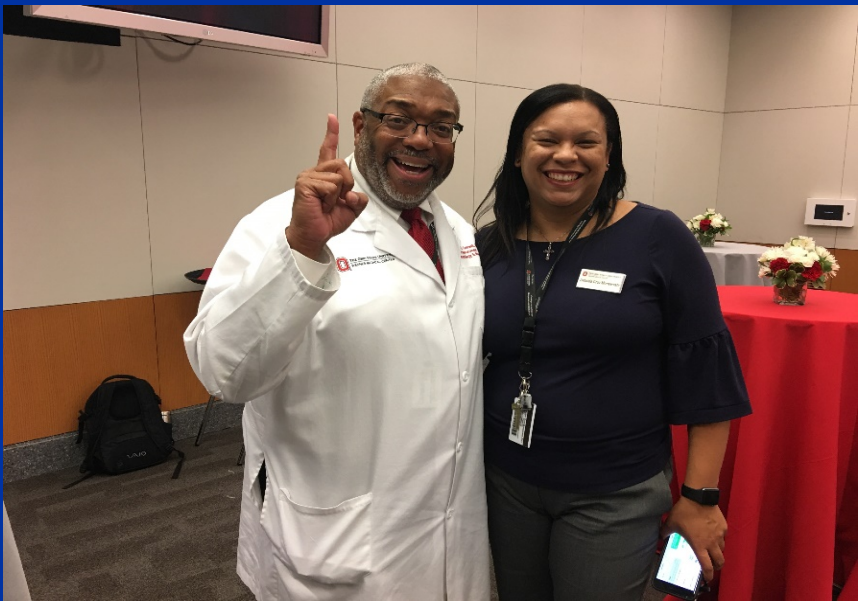
Fair treatment, access, opportunity, and advancement for all people. One's identity cannot predict the outcome.



IN-CLU-SION

A variety of people have power, a voice, and decision-making authority.





Collaborators – Publications - Institution

- Banks* 74 Harvard – BWH
- Krishna+ 72 OSU

The Eagle Scout – Phil Hart

- **Hart+** **57** **OSU** **On my honor.....**
- Wu* 50 Harvard / Kaiser
- Yadav 44 UPMC
- Lara 35 OSU
- Whitcomb 33 UPMC
- Singh* 31 Harvard / Hopkins
- Papachristou 30 UPMC / OSU
- Cruz-Monserrate 27 OSU
- Steen* 25 Harvard – BCH
- Lee* 22 Harvard - BWH
- **Abu-El-Haija** **11** **Cincinnati – Childrens (Pediatrics)**

Rising Stars.....

- Han 2 OSU – CPDPC
- Lee 4 OSU - T1DAPC
- Ramsey 9 OSU – CPDPC / others
- Saloman 1 OSU / UPMC

- *The Harvard years
- **Phil Hart – Mayo Clinic**
- + Harrison's textbook
- **Pediatrics collaboration**
- **Rising stars**

My Brother in... “The Way” – Dave Whitcomb



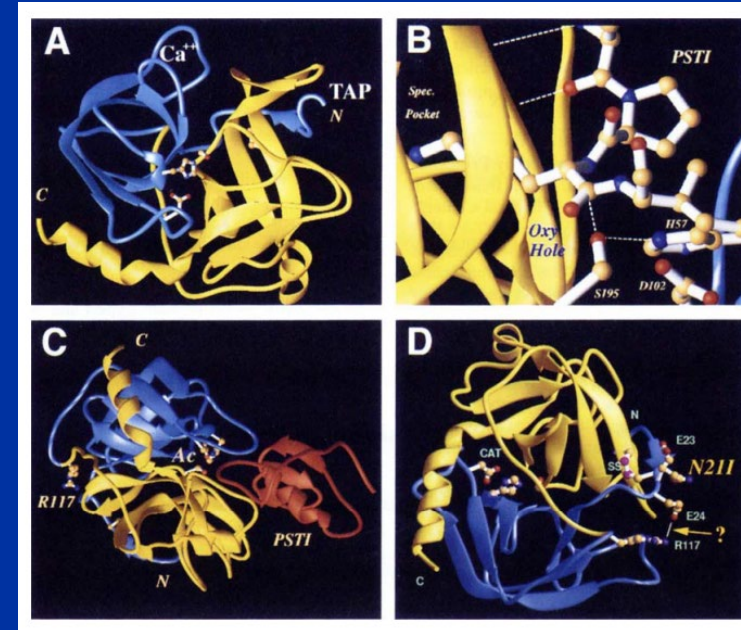
Pancreas
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Conference Report

The First International Symposium on Hereditary Pancreatitis

David C. Whitcomb

Departments of Medicine and Cell Biology and Physiology, University of Pittsburgh and the VA Pittsburgh Health Care System, Pittsburgh, Pennsylvania, U.S.A.



Kathy



Finale

- First, how can I be sure that I'll be happy in my career? **CAREER – empathy, servant leadership, “others”**
- Second, how can I be sure that my relationships with my spouse and my family become an enduring source of happiness? **CLAN – LOVE THEM**
- Third, how can I be sure I'll stay out of jail? **CONDUCT - integrity, honor, trust, character.....be a Boy Scout!**
- **DEI - The Golden Rule** - “treat others, how you want to be treated”



Thank You



Albert B. Chandler Hospital – UK Healthcare