

Agenda

Friday, February 9, 2024

7:30-8:00: Breakfast

8:00-8:10: Welcome Remarks –

Jennifer Berliner, MD, Director of Physician Well-being, Co-Chair - Physician THRIVE, UPMC

Donald M. Yealy, MD, Senior Vice President, and Chief Medical Officer, UPMC

Anantha Shekhar, MD, PhD, John and Gertrude Petersen Dean, School of Medicine and Senior Vice Chancellor for Health Sciences, University of Pittsburgh School of Medicine, UPMC

8:15-9:15: Balancing Cognitive Load and Wellbeing: Enhancing Human Factors for Healthcare Workers

Elizabeth Harry, MD – Chief Wellness Officer for Michigan Medicine, University of Michigan Medical School – Michigan Medicine

9:20-10:20: Executive Panel – Physician Q&A

Featuring:

- **Osar Marroquin, M.D.** Senior Vice President, President, Physician Services Division, UPMC
- **Donald M. Yealy, MD**, Senior Vice President, Chief Medical Officer, UPMC
- **Fred Hargett, MS**, Executive Vice President, Chief Financial Officer, UPMC

Moderated by:

- **Sansea Jacobson, MD**, Co-Chair, UPMC GMEC WELL Subcommittee, UPMC
- **Jennifer Berliner, MD**, Director of Physician Well-being, Co-Chair - Physician THRIVE, UPMC

10:25-11:25: Workshops

Virtual Workshops

- **Time is On Your Side: Finding Balance, Establishing Priorities**
Dr. Kristin Ligda Ondecko and Denise Hall-Burton
- **Narrative Medicine: Inspiring Creativity and Reflection in Health Care**
Dr. Alyssa Vigliotti
- **Make EpicCare Work for You: Hands-on Workshop for Customization and Personalization**
Dr. Gary Fischer, Dr. Jose Abad & Dr. Jon Arnold
- **Using Conversational Artificial Intelligence to Generate Clinical Notes--UPMC's Experience**
Dr. Michael Curren and Dr. Salim Saiyed

In-Person Workshops

- **Promoting Personal Resilience for Physicians Using Balint Group**
Dr. Sylvia Choi, Shari Holland, MA, LPC, Dr. Evelyn Reis
- **Feel Well Arts-Art based Self-Care Strategies**
Dr. Felicia Snead and Veronica Corpuz

Physician Well-being Symposium 2024

- **Financial Literacy Essentials for Physicians**
Dr. Ian Barbash
- **In One Word: A Debrief Tool To Build Team Trust And Mitigate Vicarious Trauma**
Dr. Anna White

11:30-11:40: Ergonomics

11:40-12:25: Substance Use In Physicians - Safety and Stigma

Jane Liebschutz, MD – Chief, Division of General Internal Medicine, Professor of Medicine, Falk Chair in Ambulatory Medicine, , University of Pittsburgh School of Medicine, UPMC

Raymond Truex, MD – Medical Director, Health Programs at The Foundation of the Pennsylvania Medical Society (PAMED)

12:15-1:15: Lunch

1:00: Closing Remarks –

Joe Losee, MD, Vice Dean for Faculty Affairs, University of Pittsburgh School of Medicine, Co-Chair - Physician THRIVE, UPMC